Easy Cinnamon Sugar Pecans or Almonds



OVEN - 250 degrees F.

Line baking sheet with parchment paper

Bake 1 hour, stirring every 15 minutes

My Patchwork Quilt

Ingredients

- 1 lb. pecans or almonds
- 1 cup sugar
- 1 tablespoon ground cinnamon
- ½ teaspoon salt (or your preference)
- 1 egg white
- 2 teaspoons vanilla extract
- 2 teaspoons water

Preparation

- 1. Preheat oven to 250 degrees F. Line a baking sheet with parchment paper.
- 2. Mix the sugar, cinnamon, and salt in a large Ziploc bag.
- 3. Whisk the egg white, vanilla, and water with a fork in a large bowl until frothy.
- 4. Add the nuts to the egg mixture and stir until well coated.
- 5. Pour nuts into bag; seal; and shake until well coated.
- 6. Spread nuts on prepared baking sheet in a single layer.
- 7. Bake for 1 hour, stirring every 15 minutes.
- 8. Cool before serving.