



2026 Cross Country Camp @ Snow

Hosting Coaches

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July 20th- July 22nd, 2026

\$150- 2.5 DAYS

*7 Meals

****Schedule Subject to Change****

July 20th- Monday

6:45am	Check-in @ The front doors of JHS
7:00am	Travel to Richfield/Fish Lake Rules and Expectations
9:45am	Run at Fish Lake Click HERE
10:45am	Stretching and Treats
11:00am	Travel to Johnson Reservoir
11:30am	Lunch and Clean up
1:00pm	Check-in to Dorms/Team Meeting
3:30pm	Richfield Town Park- Team Games and Volleyball
6:00pm	Dinner and clean up
7:45pm	Optional Double Run
8:15pm	Breakout Session-Mindfulness
9:30pm	Room Checks
10:00pm	Lights out

July 21st- Tuesday

7:40am	Grab a snack
8:15am	Travel to Big Rock Candy Mountain
8:45am	Warm up & Run
9:45am	Breakfast
11:00am	Guest Speaker- Chase Englestead, Snow Head Coach
12:00pm	Lunch/Free Time
12:30pm	Team Building
2:00pm	The Den- Activity Center Pool tables, card/board games, breakout sessions, Team Goal Setting and Viewing 2001-2025 Jordan Cross Country Records
6:00pm	Dinner and clean up
6:45pm	Skits
7:00pm	Night Games
9:30pm	Room Checks
10:00pm	Lights out

July 22nd- Wednesday

8:00am	Breakfast/Cleaning list
9:00am	Travel
9:30am	Salina Canyon Run CLICK HERE
10:00am	Travel to Redmond City Park
10:15am	Breakout Sessions
11:00am	Lunch
11:30am	Travel back to Jordan High School
2:30pm	Arrive @ Jordan High School

****Schedule subject to change****

Cleaning List

You can choose to clean your own apartment. Checklist below. If you don't clean your apartments, we will hire a cleaning person to do it at the cost of \$150 per apartment.

- Set thermostat to 72
- Check the apartment for all personal items
- Vacuum each room
- Wipe down kitchen table and counters
- Make sure there is no food left in the cupboards or fridge
- Wipe down bathroom
- Make sure all lights are off
- Remove all trash from the apartment. There is a trash can on the east side of the parking lot
- Return keys to coach Englestead
- Fines - There will be a \$150 cleaning fee per apartment not cleaned and a \$50 fee per key not returned.
- Damages – You are liable for any damage to the apartment during your stay. Please make sure you remind your athletes to treat the apartments with respect.
- No furniture should be moved during their stay, or we will charge a \$200 misappropriation of furniture for each piece of furniture moved. Furniture must stay the same as when they arrive. No moving beds, mattresses, couches, or anything at all.

Packing List

We will have plenty of food, and water/gatorade for you (BYO water bottle)

Bedding-The dorms just have a mattress so don't forget:

- Sheets/Linens
- Blanket/Sleeping Bag
- Pillow
- Toiletries
- Towel

Any personal snacks

Clothing for free time

Running shoes, warm jacket, hat, sunglasses

Pajamas

Bring sunscreen, hand sanitizer, insect repellent and deodorant ;)

Card/Board games (less than an hour)

Swimsuit

A good attitude

Be prepared to work hard

Be prepared to have a blast!

**Anything else you may want while being outside
for the majority of the day.**

**Also, please communicate with a coach any
food allergies/restrictions before camp!**

ITEMS TO LEAVE AT HOME: Include in-line skates, skateboards, hoverboards, water guns, water balloons, fireworks, other explosive/flammable materials, incense, candles, any open flame, firearms, pellet guns, BB and paint guns, wrist rockets, slingshots, bows and arrows, knives, swords (including decorative weapons), candles, incense, kitchen appliances, and pets or animals of any kind. These items are inappropriate to bring to campus and will be confiscated. We also discourage you from bringing media devices, laptops, expensive items, and excessive cash.

Check in/Pick up

Monday July 20th

Drop off @ 6:45am

Front of Jordan High School

95 E. Beetdigger Blvd

Wednesday July 22nd

Pick up @ 2:30pm*

Front of Jordan High School

95 E. Beetdigger Blvd

*Estimated time