



HERBALISTA

HERB CART PROGRAM

Herb Cart Training - _____

FRI 7- 9pm [online via zoom],

SAT + SUN 10am - 5pm [outdoors; Atlanta, GA]

Thank you for your interest in the Herb Cart Program. This service project of the Herbalista Free Clinic was created in 2015 to help train herbalists to provide free, earth-based care and health education to communities in need around Atlanta and beyond. The Herb Cart gets set up in city parks, at soup kitchens, and community centers. If you have been looking for a way to put your herbal knowledge to work, if you are looking for a chance to serve your community, then here is a chance to do BOTH!! For more information on the program, please visit the website at: www.herbalista.org/projects/herb-cart

To volunteer with the Cart you must meet the following requirements:

- Have a solid foundation in herbal medicine acquired through either program study, apprenticeship, or rigorous self-study. We use a broad range of remedies on the cart, and it is important to have a general understanding of these herbs before undertaking an Herb Cart Training. Please see the Herb Cart Service Manual on the [Resources](#) page to see an example of the Materia Medica we utilize.
- **CPR and First Aid Certified** within the last 2 years. This can be through any number of organizations, such as the Red Cross, American Heart Association, etc. This must be completed prior to attending the Herb Cart Weekend Training Session. As herbalists, we also find wilderness first aid training in particular to be extremely helpful and would recommend you checking out those offered by Landmark Learning or Nols, etc.
- **Attend an Herb Cart Weekend Training Session** Each training session is limited to between 6 and 8 participants. Complete attached application and submit via email to Lorna@Herbalista.org to reserve your spot.
- **Recommended: Train at the Harriet Tubman Foot Care Clinic** Send an email to opendoorfootclinic@gmail.com to schedule your training sessions at the Foot Clinic.
- Demonstrate dedication to learning about and **practicing anti-oppressive healthcare**. Applicants will be provided with a list of videos and reading assignments to complete before our training weekend.
- **Demonstrate herbal competence, compassion and pragmatism** as a health worker. Please note, participation in the program is at the discretion of the Herbalista Crew.

Name _____ Date _____
Pronoun _____ DOB _____
Email _____ Phone _____
Address _____

Please download and complete this application (use as much room as you need)

Name _____ Date _____

Return via email to Lorna@Herbalista.org, and we will be in touch regarding your application and if accepted into the program, for you to make payment to reserve your spot.

1. How did you learn about us or hear about this project?
2. Please describe your previous herbal education in detail. Take all the room you need.
3. Do you have additional training in other healing modalities? I.e. bodywork, nursing, etc.
4. Do you have experience with apothecary maintenance, medicine making, or dispensing?
Please describe.
5. Do you have experience in a clinical setting? Please describe.
6. Please list any grassroots or community-based projects you have been, or are currently, involved with.
7. How do you plan to use the experience gained?
8. Do you have a recent CPR and First Aid Certification? ____Yes ____NO
If "NO," list the course you plan to take, prior to Herb Cart Weekend Training
9. Anything else you wish to share...