## Around the World Challenge Overview

**Who:** Clarke and Diamond Middle School students, teachers, and their families!

**What:** There's roughly 24,901 miles around the world! 10 minutes to exercises = 1 mile

When: 5/18 until the end of the year

**Where:** Exercise anywhere (be safe and practice social distancing!)
Then log in the <u>Google Form</u>

**Why:** We want you to stay healthy and active!