



2021 Fall XC Practice Schedule



August

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2 DEAD WEEK Practice OYO	3 DEAD WEEK Practice OYO	4 DEAD WEEK Practice OYO	5 DEAD WEEK Practice OYO	6 DEAD WEEK Practice OYO	7 DEAD WEEK Practice OYO	8 DEAD WEEK Practice OYO
9 Physicals Due; Season starts Practice Begins 8-10 am WHS	10 Vote on T-Shirt Design; Practice 8-10 am WHS	11 Practice 8-10 am WHS	12 Practice 8-10 am WHS	13 Practice 8-10 am WHS	14 Practice 7-9 am WHS	15 Citizenship Form and Athletic Fee due before 1st meetK
16 Practice 2:45-5	17 Practice 2:45-5	18 Practice 2:45-5	19 Practice 2:45-5	20 Practice 2:45-5; T-Shirt Order Form Due	21 Senior Uniform Distribution Practice 7-9 am WHS	22 Practice OYO
23 Senior Banner Photo 2:15 PM in main gym; Practice 2:45-5	24 Uniform Distribution before school; Practice 2:45-5	25 Uniform Distribution before school; Practice 2:45-5	26 Practice 2:45-5 2 mi Time Trial	27 Practice 2:45-5 <u>Last Day to join</u> <u>team.</u>	28 Practice 7-9 am WHS	29 Practice OYO
30 Practice 2:45-5	31 Practice 2:45-5					



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September



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 Practice 2:45-5	2 Practice 2:45-5	3 Practice 2:45-5	4 SWCCCA (Bolivar)	5 Practice OYO
6 NO SCHOOL; Practice 2:45-5	7 Practice 2:45-5	8 Practice 2:45-5	9 Practice 2:45-5	10 Cottey College Invitational (Nevada)	11 Practice 7-9 am WHS	12 Practice OYO
13 Practice 2:45-5	14 Practice 2:45-5	15 Practice 2:45-5	16 Willard Highline Invitational	17 Practice 2:45-5	18 Practice 7-9 am WHS	19 Practice OYO
20 Practice 2:45-5	21 Practice 2:45-5	22 Practice 2:45-5	23 Practice 2:45-5	24 Practice 3-5 at Gans Creek	25 Gans Creek Classic (Columbia)	26 Practice OYO
27 Practice 2:45-5	28 Practice 2:45-5	29 Practice 2:45-5	30 Practice 2:45-5			



2021 Fall XC Practice Schedule



October

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1 NO SCHOOL; Practice 2:45-5	2 Chile Pepper XC Festival (Fayetteville)	3 Practice OYO
4 NO SCHOOL; Practice 2:45-5	5 NO SCHOOL; Practice 2:45-5	6 Practice 2:45-5	7 Buffalo Invitational	8 Practice 2:45-5	9 Practice 7-9 am WHS	10 Practice OYO
11 Practice 2:45-5	12 Practice 2:45-5	13 Practice 2:45-5	14 Warrensburg Invitational	15 Practice 2:45-5	16 Practice 7-9 am WHS	17 Practice OYO
18 Practice 2:45-5	19 Conference (Nixa)	20 Practice 2:45-5	21 Practice 2:45-5	22 HALF DAY; Practice 2:45-5	23 Practice 7-9 am WHS	24 Practice OYO
25 Practice 2:45-5	26 Practice 2:45-5	27 Practice 2:45-5	28 Practice 2:45-5	29 Practice 2:45-5	30 Districts (Location TBD)	



2021 Fall XC Practice Schedule

November



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2 Practice 2:45-5	3 Practice 2:45-5	4 Practice 2:45-5	5 Practice 3-5 at Gans Creek	6 State (Columbia)	7 Practice OYO	8 END OF SEASON
9 START OF WINTER OFF-SEASON 2:45-5	10 Practice 2:45-5 XC Awards Banquet @ 6 PM at WHS commons	11 Practice 2:45-5	12 Practice 2:45-5	13 Practice 2:45-5	14 Practice 7-9 am WHS	15 Practice OYO
16 Practice 2:45-5	17 Practice 2:45-5	18 Practice 2:45-5	19 Practice 2:45-5	20 Practice 2:45-5	21 Practice 7-9 am WHS Collegiate Nationals Watch Party???	22 Practice OYO
23 Practice 2:45-5	24 Practice 2:45-5	25 NO SCHOOL; Practice OYO	26 NO SCHOOL; Turkey Trots	27 NO SCHOOL; Practice OYO	28 Practice 7-9 am WHS	29 Practice OYO
30 Practice 2:45-5						