

Hello,

The Aptos Athletic Program would like to welcome you to the 2024-25 school year! With the new academic year not too far off, we want to provide you with all the info you will need in regards to participating in the extracurricular sports teams we offer at Aptos. At the middle school level, we have 10 different sports teams to choose from, and we encourage anyone who is interested to try out! All comers are welcome, though trying out for a team does **NOT** guarantee a spot on that team. The coed Track team is the only sport where there are no tryouts, and anyone that wants to join can. It is highly recommended that you get the medical forms and registration out of the way during the summer (especially if trying out for Boys Soccer, Baseball, or Girls Softball), as the process takes some time, and booking a doctor's appointment in the fall semester can be very difficult!

Sports Seasons:

- Boys Soccer: Middle of Aug - Beginning of Oct
- Baseball: Middle of Aug - Beginning of Oct
- Girls Softball: Middle of Aug - Beginning of Oct
- Boys Basketball: Middle of Sept - Middle of Dec
- Girls Basketball: Middle of Sept - Middle of Dec
- Coed Flag Football: Middle of Sept – Beginning of Nov (via Rec & Park)
- Girls Soccer: Beginning of Oct - Beginning of Dec
- Girls Volleyball: Beginning of Dec - End of Feb
- Coed Track: Middle of Feb - Beginning of May
- Boys Volleyball: Beginning of Apr – End of May (via Marina Invitational)

* Students are allowed to participate in multiple sports throughout the school year. There may be some small overlaps between the seasons, but our coaches are aware of it and will ensure our multi-sport athletes are supported. The only two instances where an athlete must choose between 2 different sports, because the seasons run concurrently, is Boys Soccer vs Baseball, and Girls Soccer vs Girls Basketball.

Expectations:

Students are **NOT** allowed to try out without first being cleared online by the Athletic Director through the Home Campus website. Once they try out, if your child makes a team, they are expected to commit to participate in the team's activities (practices and games) daily, until the season is over. Players are also expected to uphold the Aptos athletic code of conduct, both on and off the field, and must keep at least a 2.0 GPA during the entire season to be eligible. The school will provide uniforms and most of the team's equipment, though some individual gear may

need to be purchased by families. Any equipment or uniform lent to a student must be returned at the end of the season, and lost or unreturned uniforms must be covered financially by the athlete's family. Practices are generally held either at Aptos Park, Minnie Lovie Ward Park, or the Aptos gyms. Games, however, are held at various fields and school gyms throughout the City. For road games, we will either take the Muni bus or a carpool to take the athletes to the site, but families are required to coordinate a ride home after, as there is no organized return ride back to Aptos.

How To Register To Play:

In order for your child to even be allowed to try out for a sport, they must be medically cleared online on the Home Campus website. This is a multi-step process, and **ALL** steps must be completed in order to be cleared. Any partial, incomplete, or missing Home Campus application will result in your child being unable to compete in tryouts, and thus cannot be on a team. Registration must be redone on Home Campus yearly, and medical paperwork must be updated and resubmitted.

These are the steps for getting your child medically cleared:

- 1.) Take your child to a pediatrician, and have the doctor fill out the [**Pre Participation Physical Form**](#) (click on link or download the attached form). You will fill out the first 2 pages, and the doctor fills out the last 2 pages. The last page of the form should have an official doctor's stamp, as well as a signature by the medical professional that saw your child. Be aware that the physical form is valid for 1 calendar year only, and students can participate in as many sports as they want using that one form. Once the form expires, it will need to be filled out by a doctor again and resubmitted.

- 2.) Go to [**Homecampus.com**](http://Homecampus.com) and register your child. Start by clicking on the For Students & Parents tab, then click on the state of California. From there, new users must create a new account, while existing users (returning athletes) can just log in. You will need to enter a valid email address in order to receive the verification email to activate your account. Once you are activated, log into Home Campus and click on the Start Clearance Here tab. From there, you will need to fill out all the information on there, including e-signing the various forms. Note, that if you do not finish the registration in one sitting, you can always save it and come back to work on it later.

* It is recommended you check off any sport your child may try out for this year ahead of time. You can always go back and add a sport later, but there are a few extra steps if you do so. Please make sure to also put your child's Student ID # on the application if you know it, otherwise leave it blank if you do not. Do not enter a fake ID or random numbers please!

3.) At the end of the Home Campus registration, you will be asked to upload the signed Pre Participation Physical Form on there. You are only required to upload the final page of the form, though you are welcome to upload the entire thing if you choose. You can either scan it or take photos of it, but make sure they are clear and legible pictures, and the entire page is visible.

4.) Once you have uploaded the Physical Form, you will click on the Submit Completed Application tab, however **YOU ARE NOT DONE YET!** This will then direct you to the Confirmation Message Form, which must be printed out and signed manually. You will then need to go back to the Files tab on your Home Campus account and upload the signed Confirmation Message Form there (the same webpage where you uploaded the Physical Form), and then hit the Submit Completed Application tab again. This time, you are all done!

5.) Once everything has been submitted, all you have to do is wait for the Athletic Director to review your application online and clear it. You will receive an email letting you know if the application has been cleared, or if you are missing anything, and the message will indicate what you are still need to complete, if anything. Remember, your child will only be allowed to try out for a sport if the application says they are cleared on Home Campus. Any student whose account says **in progress, pending, or denied** will not be allowed to participate.

* If you need help, there is a [Youtube tutorial here](#), and an [SFUSD Athletics folder here](#) with info as well. Once you are logged in to Home Campus, they also have a Help page in multiple languages that is very detailed and has every step listed.

Free Youth Clinic Information:

Again, it is highly recommended that you get the Pre Participation Physical Form filled out over the summer, to give yourself plenty of time to complete the registration. Some of our sports have **tryouts on the first week of school**, and scrambling to do all of this at the last minute could cost your child a chance to participate! If you are in need of an appointment, there are several free youth clinics operating over the summer at SFUSD sites that have open appointments regularly. The clinics are listed on the attached flier, and you will need to print and bring them the Medical Form For Free Youth Clinics to be filled out by their doctors.

Contact Info:

We look forward to seeing all our new and returning athletes back at Aptos in August, and are excited about the level of competition that they will bring this school year! If you have any questions or need support, please don't hesitate to reach out to our Athletic Director, Mr Gabriel Haas, at

haasq1@sfusd.edu

Thank you,

- Aptos Athletic Program

GO TIGERS!