

Quilt-As-You-Go Instructions

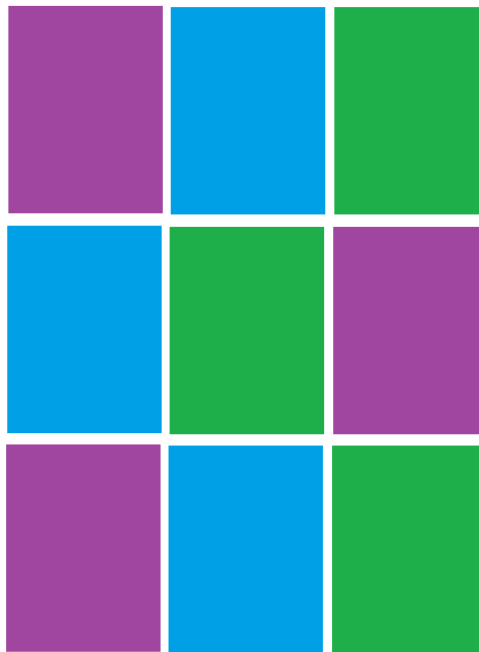
Modern Free Motion Quilting Quilt-A-Long

Directions compiled from public internet sources [listed here](#)
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Central Jersey Modern Quilt Guild

Quilt-as-you-go (QAYG) is an easy technique that allows you to join already-quilted blocks/quilt sandwiches to make a fully quilted quilt. It is especially useful while making a large quilt with many blocks that you want to quilt up heavily - less bulk while quilting!

These directions give instructions for the fat quarter sized blocks (18"x22") that you made during the quilt-a-long this year, with ½" wide finished sashing. Elaine has also compiled a **list of QAYG resources** [here](#) in case you'd like to try other methods (there are even some without sashing). We especially like [this video tutorial](#) by Susan Claire (Gourmet Quilter).

Figure 1



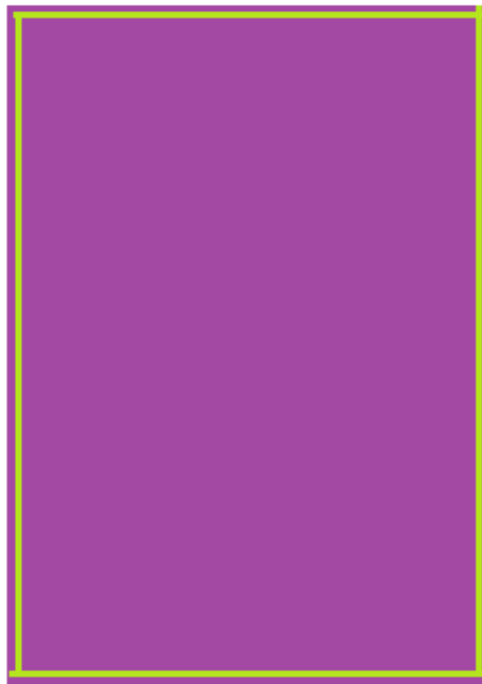
Modern FMQ QAL sampler quilt with white sashing, put together with quilt-as-you-go

Materials:

- 9 completely quilted blocks/quilt sandwiches (18"x22")
- Sashing (see below for cutting instructions - can be same color as some of your fabrics or contrasting)
- Walking foot (recommended - helpful for sewing thick layers)

1. Trim down blocks to same size (I recommend 17" x 21" or 16" x 20" - when you quilt your fat quarters, they naturally shrink a little).
 - a. Alternately, you can cut your FMQ sandwiches up in any way you like, and piece them together in an improvised fashion. This will require a lot more measuring in the next step, but it will result in an entirely different look.
2. *(Optional but recommended)* Stitch around the entirety of your trimmed block (stitch with a small stitch length very close to the edge - use a walking foot if possible). This will help keep your quilting intact.

Figure 2



The lime green line shows where you can stitch for stability (step 2).

3. Cut 2 strips for each join:
 - 1 @ 1" by length of seam - keep flat
 - 1 @ 1 and 5/8ths" by length of seam - fold & press in half lengthwise

(For example, if creating a sampler of [9] 16" x 20" blocks in a grid as in Figure 1, you'll need [6] strips @ 1" x 20" and [6] strips @ 1 and 5/8" x 20" to join the blocks in rows. You can measure out the longer strips [2 for front, 2 for back] after sewing rows together)

4. Pin folded sashing strip on front of quilted block - raw edges together. Pin flat sashing strip on back of same edge - right sides together (RST).

Figure 3



Step 4, view from front; flat sashing is pinned behind the block, RST

5. Sew SCANT 1/4" seam through folded sashing/quilted block/flat sashing. Press flat sashing away from block.

Figure 4



Step 5, front view - back flat sashing strip is pressed away from block. Blue dotted line is where you just sewed.

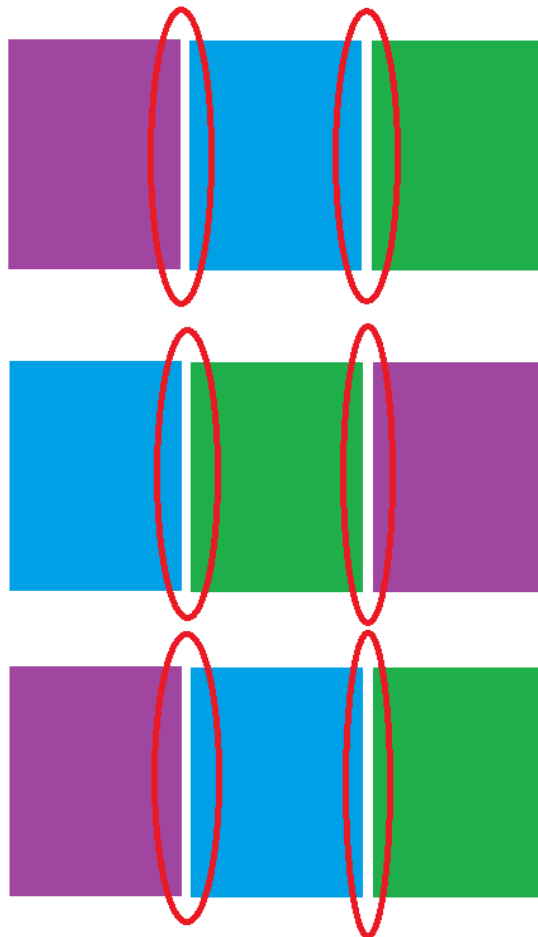
6. Place and pin block 1 (w/ rear sashing ironed out) on top of wrong side of next block. Line up edges, sew SCANT 1/4" seam through flat sashing/quilted block.

Figure 5



7. Open second block. This should lie flat with both 1/4" seams nestled together (see Figure 5, step 3 above).
8. Press folded (top) sashing over seam tightly. Pin. (see Figure 5, step 4 above).
9. Top stitch top sashing down on folded edge. Top stitch other side of top sashing (see Figure 5, step 5 above).
10. Join blocks in rows - 6 sashings (Figure 6), then cut [4] long sashing strips total following Step 3 measurements). Follow Steps 4-9.

Figure 6



Join blocks in rows first.

11. Quilt sashing further if desired. Bind quilt and enjoy!