



ACTIVE PICKLEBALL & TENNIS CENTER at Queens College

Welcome TO APTC SUMMER CAMP!

Thank you for choosing Active Pickleball & Tennis Center at Queens College for your child's summer adventure!

We are excited to help your child develop tennis skills, build confidence, make new friends, and create lasting memories.

This guide contains everything you need to prepare for a safe, fun, and unforgettable summer!



QUICK FACTS

LOCATION	CAMP HOURS	AGES	RAIN OR SHINE
Active Pickleball & Tennis Center at Queens College	Half Day 9:00 AM – 12:30 PM Full Day 9:00 AM – 3:30 PM	6–16 YEARS	

DROP-OFF & PICK-UP

	DROP-OFF		PICK-UP
✓ Begins at 8:50 AM	✓ Camp starts promptly at 9:00 AM	✓ Half Day: 12:30 PM	✓ Full Day: 3:30 PM
✓ Early Drop-Off (8:00–9:00 AM): \$10/day		✓ Late Pick-Up (until 4:30 PM): \$10/day	
Please notify us in advance if someone other than a parent or guardian will be picking up your child.			

DAILY SCHEDULE

9:00 – 9:15 AM Warm-up exercises on court	12:30 – 1:30 PM Lunch Break (Full Day Campers)
9:15 – 11:00 AM Tennis instruction Drills & Play	1:30 – 3:30 PM Match Play / Point Play Tennis, Pickleball, Games, Arts & Crafts, Corn Hole, Water Balloon/Sprinkler Fun
11:00 – 11:15 AM Snack Break	3:15 – 3:30 PM Pick-up for Full Day Campers
11:15 – 12:15 PM Match Play / Games	
12:15 – 12:30 PM Half Day campers prepare for pick-up	
12:30 PM Pick-up for Half Day Campers	

★ Campers must be picked up by 3:30 PM.
Our coaches and counselors have other obligations so please be mindful of the time.

WHAT TO BRING EVERY DAY

	Must wear sneakers (no crocs, slippers, etc.)
	Tennis racquet (loaners available)
	Refillable water bottle
	Hat or visor
	Sunscreen (apply before camp)
	Snack
	Extra clothes (for water activities)
	Lunch (Full Day Campers bringing their own lunch)

Please label all personal items.

LUNCH MENU (FULL DAY CAMPERS)

	MONDAY Pizza
	TUESDAY Sandwiches
	WEDNESDAY Pasta
	THURSDAY Sandwiches
	FRIDAY Pizza

Please let us know if your child has any food allergies or dietary restrictions.

CAMP HIGHLIGHTS



MAKE FRIENDS. BUILD CONFIDENCE. HAVE FUN!

CAMPER EXPECTATIONS

- ✓ Show respect to coaches and fellow campers
- ✓ Demonstrate good sportsmanship
- ✓ Stay with assigned group
- ✓ Follow all safety instructions
- ✓ Have fun and try their best!

WEATHER POLICY

Camp operates rain or shine.

On extremely hot days, additional water breaks and shaded activities will be provided.

If severe weather requires schedule adjustments, families will be notified promptly.

FAQ

- Q:** Does my child need tennis experience?
A: No! Beginners are welcome.
- Q:** Can my child borrow a racquet?
A: Yes.
- Q:** Should I pack snacks?
A: Yes. Campers should bring at least one snack each day.
- Q:** What should my child wear?
A: Comfortable athletic clothing and tennis shoes.

CAMP LOCATION & DIRECTIONS

ENTER QUEENS COLLEGE AT 153rd Street & Reeves Ave at Security Gate 3. Tell security you are going to the outdoor tennis courts.

Go straight to the 2nd stop sign, make a right, go down the block and make a right, make a left into the parking lot. Go straight and you will see the outdoor courts.



Drop-Off & Pick-Up: Parking lot near the outdoor courts.

STAY CONNECTED

We'll share important updates and photos throughout the week!



QUESTIONS?

- 718-264-2600
- frontdesk@aptnyc.com
- aptnyc.com

**WE CAN'T WAIT TO SEE
YOUR CAMPER ON THE COURTS!**
Let's have an amazing summer!

CAMP LOCATION



(GATE 3) 153RD STREET & REEVES AVENUE

PLEASE FOLLOW **RED ARROW**, AN APTC CAMP ADVISOR WILL BE STANDING AT DROFF-OFF AREA FROM 8:45AM-9:15AM.

BETWEEN 9 AM - 4PM PARENTS CANNOT DRIVE ON RED ARROW AREA, FOLLOW BLUE ARROW THEN WALK IN "WALKING ZONE" FOR DROPOFF & PICK- UP



Summer Camp Parent Handbook

Everything You Need to Know for a Fun, Safe & Successful Summer

Chapter 1

Welcome to Summer Camp

Welcome Letter

Welcome to the Active Pickleball & Tennis Center Summer Camp!

We're excited to have your child join us for an unforgettable summer filled with tennis, pickleball, games, learning, friendships, and fun.

Our goal is to provide a safe, energetic, and supportive environment where every camper develops:

- Confidence
- Sportsmanship
- Athletic skills
- Leadership
- Independence
- New friendships

Whether your child is picking up a racquet for the first time or already competing, our coaching staff is committed to helping every camper grow while having an amazing summer.

We can't wait to see you on the courts!

Our Mission

At APTC we believe sports teach much more than athletic skills.

We strive to develop:

- Character
- Respect
- Teamwork
- Responsibility
- Confidence
- Healthy habits
- Positive attitudes

Every day is designed to balance instruction, competition, creativity, and fun.

What Makes Our Camp Different?

- ✓ Professional coaches
- ✓ Small instructional groups
- ✓ Age and ability appropriate activities
- ✓ Safe learning environment
- ✓ Daily games
- ✓ Match play
- ✓ Character development
- ✓ Indoor & outdoor activities
- ✓ Weekly themes
- ✓ End-of-week celebrations

Our Coaching Philosophy

Every camper learns differently.

Our coaches focus on:

- Encouragement before criticism
- Positive reinforcement
- Individual improvement
- Respect
- Effort over winning

We celebrate progress—not perfection.

Chapter 2

Preparing for Camp

Camp Hours

8:30 AM–9:00 AM Morning Drop-Off

9:00 AM–3:30 PM Camp

3:30 PM–4:00 PM Pick-Up

(Early Drop-Off and Late Pick-Up is available)

What to Bring Every Day

- ✓ Tennis racquet
- ✓ Pickleball paddle (if needed)
- ✓ Sneakers
- ✓ Extra athletic clothes
- ✓ Hat
- ✓ Sunscreen
- ✓ Water bottle
- ✓ Lunch
- ✓ Two healthy snacks
- ✓ Towel
- ✓ Extra socks
- ✓ Any required medications

Please Do NOT Bring

- Video games
- Toys
- Expensive jewelry
- Electronics
- Large amounts of cash
- Glass containers

Dress Code

Campers should wear:

- Athletic shirt
- Shorts or athletic pants
- Tennis shoes
- Hat (*recommended*)

No sandals or Crocs during activities.

Lunch Guidelines

Please pack preferred Lunch if student chooses not to eat the offered lunch

Examples: Turkey sandwich, Fruit, Vegetables, Yogurt, Crackers, Water

Avoid: Candy, Energy drinks, Glass bottles

Hydration

Campers should drink plenty of water throughout the day.

Hydration breaks occur every 20–30 minutes.

Chapter 3

Daily Camp Life

Typical Daily Schedule

8:30–9:00	Arrival
9:00–9:20	Warm-Up
9:20–10:30	Tennis Instruction
10:30–10:45	Snack Break
10:45–12:30	Games & Skill Challenges
12:30–1:30	Lunch
1:30–2:30	Team Activities
2:30–3:15	Match Play
3:15–3:30	Wrap-Up

Weekly Themes

Sportsmanship Monday
Teamwork Tuesday
Challenge Wednesday
Tournament Thursday
Fun Friday

Camp Activities

Tennis	Pickleball	Relay Races	Obstacle Courses	Fitness Games
Team Competitions	Leadership Activities	Board Games	Arts & Crafts (if applicable)	Water Games

Skill Development

Campers improve:

- ★ Footwork
- ★ Balance
- ★ Coordination
- ★ Serving
- ★ Groundstrokes
- ★ Volleying
- ★ Court awareness
- ★ Sportsmanship
- ★ Confidence

Camper Expectations

We expect campers to:

- ☐ Respect everyone
- ☐ Listen to coaches
- ☐ Try their best
- ☐ Encourage teammates
- ☐ Take care of equipment
- ☐ Have fun!

Chapter 4

Safety, Policies & Communication

Safety First

Our staff is trained to create a safe environment.

We emphasize:

- ★ Hydration
- ★ Sun safety
- ★ Warm-ups
- ★ Proper equipment
- ★ Supervision
- ★ Positive coaching

Illness Policy

Please keep your child home if they have:

- Fever
- Vomiting
- Contagious illness
- Severe cough
- Flu symptoms

Medication Policy

Medication must:

- Be labeled
- Be given directly to camp staff
- Include written instructions

Behavior Policy

We believe discipline should teach—not punish.

Our process:

Reminder

Warning

Coach discussion

Parent communication (if necessary)

Parent Communication

Parents can contact us regarding:

Attendance

Schedule changes

Medical concerns

Questions

Feedback

Weather Policy

Outdoor activities may be adjusted because of the following:

- Rain
- Lightning
- Extreme heat
- Poor air quality

Indoor activities will replace outdoor programming whenever possible.

Chapter 5

Frequently Asked Questions

Frequently Asked Questions

What if my child has never played?

Perfect!

Our camp is designed for beginners through advanced players.

Can campers be grouped with friends?

Whenever possible, yes.

Groups are primarily organized by age and skill level.

What if my child forgets lunch?

Parents will be contacted if necessary.

How often do campers get water breaks?

Every 20–30 minutes, with additional breaks during hot weather.

What should I label?

Please label the following items:

1. Water bottle
 2. Lunch box
 3. Racquet
 4. Hat
 5. Towel
 6. Backpack
-

What if my child gets injured?

Our staff will:

- Provide immediate first aid
 - Contact parents if needed
 - Complete an incident report
 - Monitor the camper
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Parent Checklist

Before Camp Starts

- ☐ Complete registration
- ☐ Emergency contacts updated
- ☐ Label belongings
- ☐ Pack lunch/snacks
- ☐ Pack water bottle
- ☐ Apply sunscreen
- ☐ Bring racquet
- ☐ Wear athletic shoes
- ☐ Bring a positive attitude

Thank You

Thank you for choosing **Active Pickleball & Tennis Center** for your child's summer experience.

We're honored to be part of your family's summer and look forward to helping your camper grow both on and off the court.

Together, let's make this their **best** summer yet!