

The Practice of Eucharist

The sacrament of Eucharist was instituted by Jesus at the Last Supper (Luke 22:7-20), practiced by Him after His resurrection (Luke 24:30-35) and given further explanation by the Apostle Paul to the church in Corinth (1 Cor. 11:17-34).

In taking Eucharist, we are not only remembering Jesus' sacrifice of body and blood for the redemption of the world, we are also mysteriously united with Christ. The Apostle Paul takes this union seriously, "Is not the cup of thanksgiving for which we give thanks a participation in the blood of Christ? And is not the bread that we break a participation in the body of Christ?" (1 Cor. 10:16). Furthermore, Eucharist, while personal and intimate, is more than individualistic as we believe that followers of Jesus are also united and mysteriously made one body by sharing in the bread and cup (1 Cor. 10:17).

While we believe nothing magical occurs during Eucharist, something mysterious, real and powerful does. As a result of our theology, we partake in Eucharist on a weekly basis, generally at the end of our worship gathering as a crescendo.

We invite ALL (regardless of denomination) who have begun the journey to trust Jesus as Savior, Teacher and Lord to partake in the Sacrament of Eucharist. If you have not made a decision to follow Christ, please feel free to abstain as we are seeking to create an atmosphere of authenticity in which no one is manipulated into acting against their conscience.

Practicalities: When you come forward for Eucharist, come when you feel ready at your leisure down the center aisle. Receive a piece of bread and then dip that piece of bread into either wine or grape juice before eating it. Then you may return to your seat.



Sunday, May 26

Ordinary Time

Order of Service

Welcome

Call to Worship

Songs of Praise

Prayers of the People/ Offering

Children's Prayer

Meet and Greet

Ministry of the Word

Response in Worship

Communion

(Please check out back of bulletin)

Benediction



SERMON OUTLINE:

New Humanity on earth - Unity: Ephesians 4:1-6

What does the 'Therefore' refer back to?

What is the best way to describe the 2 halves of Ephesians?

Why must we be careful to say that only chs.4-6 apply the gospel?

What then is Paul saying with the 'Therefore'?

What does 'walk worthy' mean?

What first comes to mind when you think of 'worthy'?

The first 'worthy of the call' is to 'walk, embody, live' in _____ (4:3-6, 13)

In what ways are chs.1-3 all about 'unity'?

Why is unity such a struggle for us human beings?

Paul exhorts us to be zealous for the unity already at work with all these 'ONES'

ONE Body:

ONE Spirit:

ONE Hope:

ONE Lord:

ONE Faith:

ONE Baptism:

ONE God:



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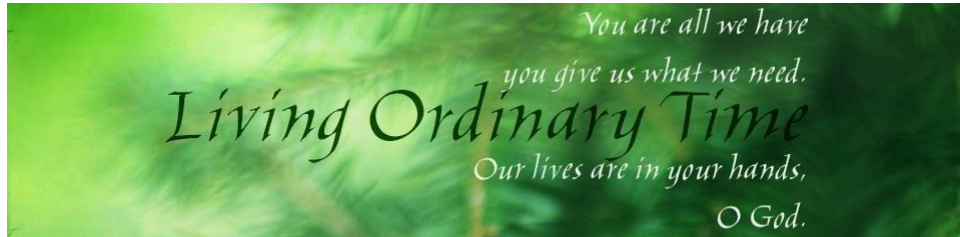
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Summer Ladies Bible Study

Ladies-join us for fellowship and Bible Study. We know it's summer time and lives are busy-we just want to build relationships and encourage each other to be in God's Word. Please come even if you know you'll have to miss a week!

When: Mondays from 6-7:30pm (June 10 & 24, July 8 & 22)

Where: Rhonda Wootton's home (820 Isy Loop, Helena)

The Study: We will be studying the book of Lamentations using the WordGo app (you do not need to download the app to participate!)

Sign Up: There is a sign-up sheet in the Headwaters foyer. Or contact Angie Robertson (406-531-7366) or Rhonda Wootton (719-244-4585) with questions.

Children's Church

Children's Church is every other week for kid's preschool – 2nd grade and also 3rd -6th grade. Final Children's Church for School year May 19th.

Church Cleaning Volunteers

Since we have decided to continue to stop the cleaning services at the church, we need your help to keep our space clean. We have a sign-up sheet in the foyer. There are still spots need to fill-in. Thank you for serving in this way!

Men's and Women's Prayer Times

The most important and powerful thing we can do together is to pray.

So come join us as we pray together:

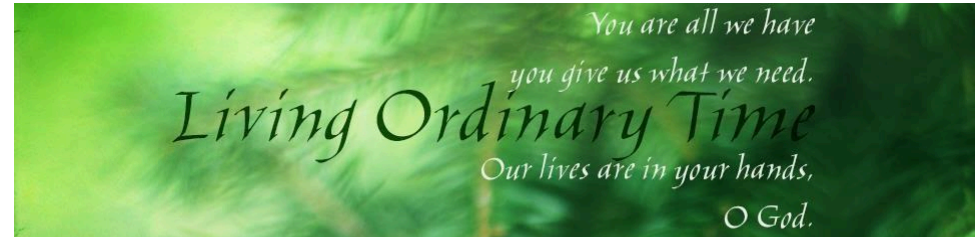
Men's Prayer Tuesday's 7:00am-8:00am

Women's prayer Tuesdays 12:30pm-1:30pm

(If you can't make it for prayer please text or email Pastor Seth with requests)

Financial Snapshot 2024

	<u>January</u>	<u>February</u>	<u>March</u>	<u>April</u>
Budget –	\$11,180	\$11,180	\$11,180	\$11,180
Tithes –	\$10,645	\$9,329	\$10,858	\$9,885
Over/(Under)	(\$535)	(\$1,851)	(322)	(\$1,285)



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The logo for Headwaters Covenant Church Summer Events. It features the church's name in a green sans-serif font at the top, with a stylized blue and green wave icon to the left. Below this, the words "Summer Events" are written in a large, flowing purple script font.

Special Offering

Between Mother's Day and Father's Day we will be collecting a special offering to bless our neighbors at Options Clinic. Please pick up your baby bottles with instructions by May 12 and plan to bring them back by June 16.

Headwaters Summer Life Together

Join us this summer as we connect and share life together! We will have a BBQ, yard games, and a campfire rolling. You can bring something to cook or share (we will have food - just let us know you are coming). Or just come to hang out and play or relax, whatever works best for you and your family – we will also have s'mores stuff for everyone! Come and go as you please.

Every other Wednesday @ the Dombach's from 5-9pm
1075 Forestvale rd (Starting June 5th)

Annual Lake Day

Save the date for an afternoon of sharing life together out at the parallel lakes at the Syvrud's! We will have the bounce houses, yard games, boat for water skiing and tubing! So, bring a sun shade and water toys, paddle boards, life jackets and prepare for fun! Headwaters will provide hotdogs and hamburgers and drinks.

Please bring a side dish or dessert to share.

Saturday, July 20th – 10:00am – 4:00pm
4010 Bouy Blvd. (2 miles North of Costco)

All Church Camp Trip

Save the date for our annual church camp trip - **August 23-25**. With so much success, we will again have a Saturday night smoke meat cookoff, plus more of our usual fun at the lake! This year we will be back at the Hellgate Campground on the other side of Canyon Ferry Lake. Please RSVP your site to

racheldombach@gmail.com

(We will not have worship service in the building, but out on the lake. Even if you don't camp with us – please come out and join us for worship! @ 9:00am followed by a shared meal together and more fun at the Lake!)

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Headwaters Family: Thanks so much for all your wonderful questions and thoughts - especially all your prayers as we continue to move forward in this venture. This past Sunday we voted unanimously to accept the gift of \$36,000 from Christ the Redeemer to reserve for Pastor Iain's salary. We also unanimously voted yes to hire Pastor Iain as Part time Associate Pastor as he will continue to work as Hospice Chaplain for St. Peter's Health. Our plan is to begin worshipping together beginning on **Sunday, June 9th**. Please plan on joining us that evening of the 9th @ Trevor and Kristina's house for a BBQ and hangout - more info below.

Please continue to pray for Christ the Redeemer as they conclude services and for this transition to go smoothly as we begin to share life together as one family.

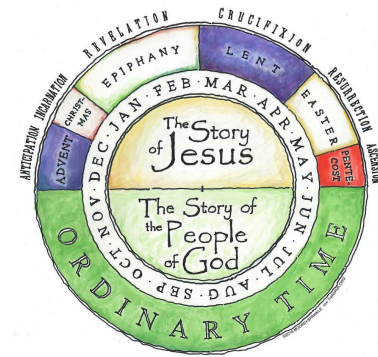
Summer BBQ and Hangout

Join us Sunday, June 9th @ 4:00pm for a family hangout and meal together at Trevor and Kristina's – 1921 Lodgepole rd
If you would like to bring a side dish or dessert, call or text 406.459.1776.

Service Project

Come join us as we put our faith in action and serve our neighbors. Our upcoming project will be serving at the Margret Stewart Home. We will be cleaning the outside and planting some flowers as well as any other projects they have for us. (If you are interested in helping purchase flowers, please contact Linda Leffler – 406.461.5716).

Saturday, June 15; 9:00 am-12:00pm
200 Miller St



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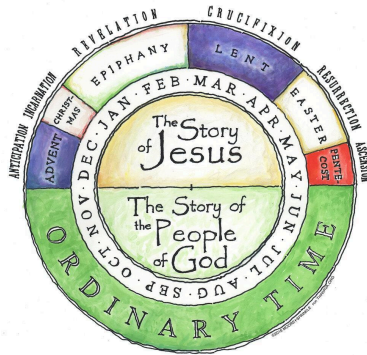
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Open House

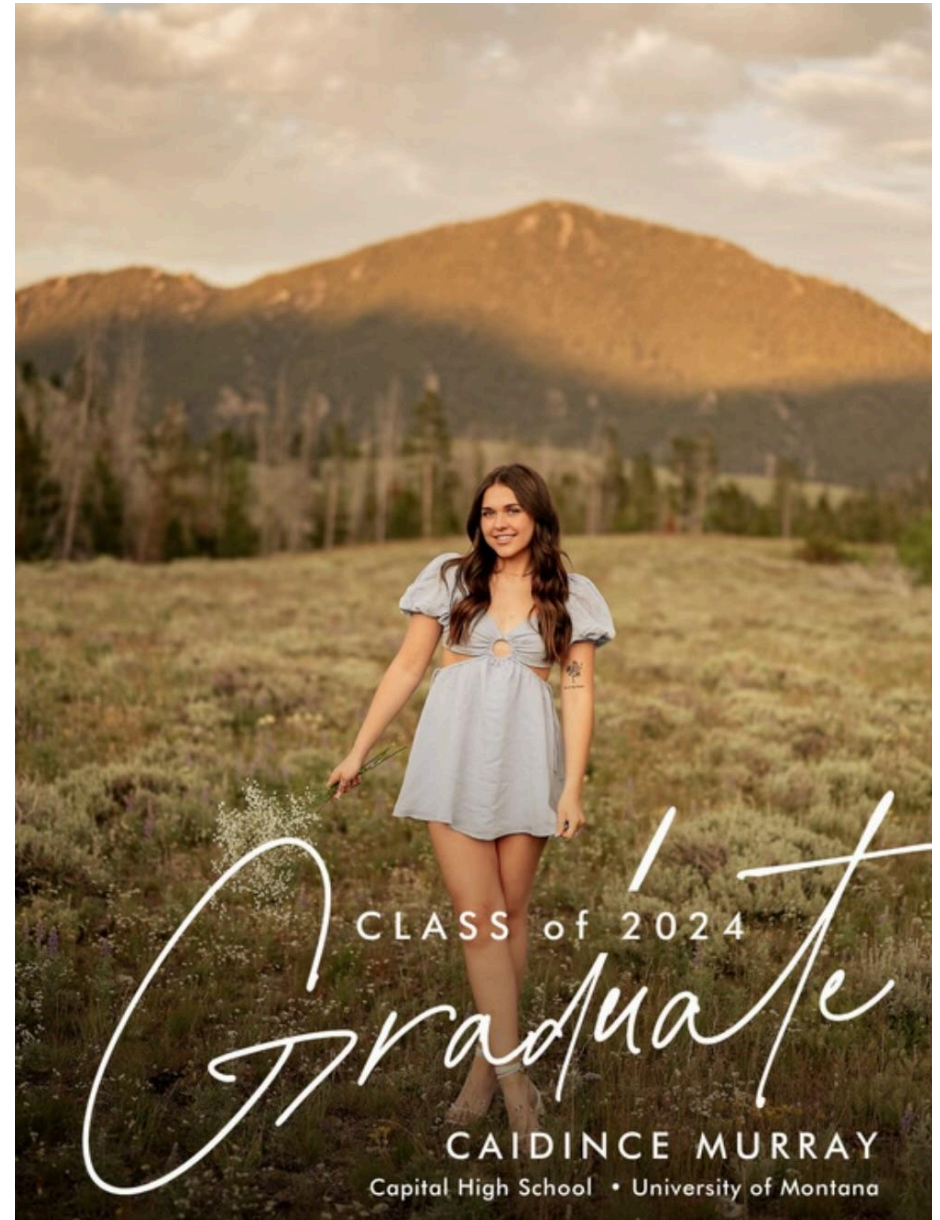
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Friday, May 31 – 6:00-9:00 PM
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