

Yearly Physical Education/Health Education Plan

Grade 6

Souris School

Date	Unit
September	1. Fitness 2. Dodgeball
October	1. Health Education 2. Mini-Volleyball
November	1. Cooperative Games 2. Floor Hockey
December	1. Health Education 2. Low Organized Games
January	1. Basketball 2. Fitness #2
February	1. Team Handball 2. Floor Ball
March	1. Dance 2. Speed Ball
April	1. Health Education 2. Fitness #3
May	1. Indoor Soccer/Longball 2. Track and Field
June	1. Track and Field 2. Indoor Baseball/Kickball