Manuscript Guidelines Checklist

Original Article (OA)

S/N	Format	Tick (√)
1	Abstract (250 words) -Introduction, Results, Methods, Conclusion	
2	Keywords (3-10 keywords)	
3	Maximum 4000 words	
4	Maximum 5 tables or figures	
5	Double spaced	
6	Times New Roman, font size 12	
7	All pages should be numbered	
8	All paragraphs should be justified	
9	Practice highlights (maximum of 5)	
10	Notes on Contributors (maximum 50 words on each contributor)	
11	Ethical Approval/Waiver from your institution's Ethical Review Board	
12	Informed Consent	
13	Data Availability	
14	Acknowledgements	
15	Declaration of Interest	
16	Funding	
17	References (according to Vancouver format)	
18	In-text Citations (according to Vancouver Edition format)	
19	Corresponding Author's contact	
20	For anonymised manuscript, ensure all identifiers (which might reveal authors' names and institutions) have been removed	