

MENTAL HEALTH RESOURCES

If your child is in need of emergency mental health services, please do one of the following:

- **Call 911 (safety emergency) or 988 (mental health crisis)**
- **Seek treatment at your local hospital's Emergency Room**

Emergency Crisis Intervention:

National Alliance on Mental Health- namiga.org/crisi-info

Call or text 988 for mental health crisis support

National Suicide Prevention Lifeline 1-800-273-8255

Crisis Text Line- Text 'GA' to 741-741

National Suicide Prevention Hotline- 1-800-273-8255

Community-based agencies for mental/behavioral health:

Advantage-706-369-6363, ext. 311 or www.advantagebhs.org

Medlink- Colbert 706-788-2127

Pathways Transition Programs, Inc.- 404-378-2300 or pathwaystransitionprograms.com

Project Family- 706-705-2881 or projectfamilygeorgia.com

Social Empowerment-770.925.2095 or socialempowermentcenter.com

Minding You- Stephanie Higdon, LCSW 706-795-0056

Nuci's Space- Athens, 706-227-1515 (Lesley Cobbs- Counseling Advocate)
mental health, support groups, wellness

Databases for area psychiatrists, psychologists, counselors, and social workers-
www.athenspsychology.org or [Psychology Today](http://PsychologyToday.com)

