

Basophil Activation Testing Allergen Selection List

Common Foods	☐ Egg white	☐ Egg yolk	☐ Milk	☐ Soybean	☐ Wheat
Common Nuts	☐ Almond	☐ Brazil nut	☐ Cashew nut	☐ Hazelnut	☐ Pecan
	☐ Peanut	☐ Pistachio	☐ Walnut (black)	☐ Walnut (English)	
Grains	☐ Oat	☐ Rice	☐ Rye		
Legumes	☐ Green pea	☐ Green bean	☐ Lima bean	☐ Navy bean	
Seeds	☐ Cocoa bean	☐ Mustard seed	☐ Nutmeg	☐ Sesame seed	
Meats	☐ Beef	☐ Chicken	☐ Lamb	☐ Pork	☐ Turkey
Common Fish	☐ Bass (black)	☐ Catfish	☐ Codfish	☐ Flounder	☐ Halibut
	☐ Mackerel	☐ Perch	☐ Salmon	☐ Trout	☐ Tuna
	☐ Tuna (yellowfin)	☐ Fish mix			
Common Shellfish	☐ Clam	☐ Crab	☐ Crab (blue)	☐ Lobster	☐ Oyster
	☐ Scallop	☐ Shrimp	☐ Shrimp (brown)	☐ Shellfish mix	
Vegetables	☐ Broccoli	☐ Cabbage	☐ Carrot	☐ Cauliflower	☐ Celery
	☐ Cucumber	☐ Lettuce	☐ Onion	☐ Pepper (black)	☐ Pepper (green)
	☐ Potato (sweet)	☐ Potato (white)	☐ Mushroom	☐ Spinach	☐ Squash (yellow)
	☐ Tomato				
Fruits	☐ Apple	☐ Apricot	☐ Avocado	☐ Banana	☐ Blueberry
	☐ Cantaloupe	☐ Cherry	☐ Coconut	☐ Cranberry	☐ Grapefruit
	☐ Grape	☐ Lemon	☐ Olive	☐ Orange	☐ Peach
	☐ Pear	☐ Pineapple	☐ Watermelon	☐ Raspberry	☐ Strawberry
	☐ Barley	☐ Buckwheat	☐ Corn		
Environmental	☐ Birch	☐ Cat	☐ Dog	☐ Dust mites	☐ Hops
	☐ Oak	☐ Ragweed (S)	☐ Ragweed (L)	☐ Sunflower (pollen)	☐ Timothy grass
Others	☐ Cinnamon	☐ Coffee	☐ Garlic	☐ Ginger	☐ Malt
	☐ Vanilla bean	☐ Fire ant			
Drugs	☐ Penicillin G	☐ Pre-pen			
Hymenoptera venom	☐ Yellow jacket	☐ Wasp	☐ Yellow hornet	☐ White faced hornet	☐ Honey bee

Virant Diagnostics, Inc.

11002 Veirs Mill Rd, #404, Wheaton, MD 20902
Website: virantdx.com Email: info@virantdx.com
Phone: (877) 888-2973 Fax: 888-713-3456

Document ID: VDX-114-v4
Last modified: 05/18/2026