

Middle School MyCAP – grade 6

Domain	Learning Objectives (What students should know and be able to do)	Artifacts/Assessments/Documentation (documentation of learning and planning may be within a portal of in a separate portfolio)	Lessons and Activities (may include where they happen)
Personal Social	<p>Students will demonstrate self-awareness by identifying personal and cultural values of self and others, personal strengths and limitations and self-confidence</p> <p>Students will demonstrate personal responsibility by asking for help, managing emotions, respecting others and engaging in positive social interactions</p>	<p>Online portal: Complete assessments for interests, skills and talents</p> <p>Set two personal goals for the coming year</p> <p>Upload video/pictures of the quilt</p>	<p>Cultural Competency sample lesson</p> <p>Self Regulation sample lesson</p> <p>Team building exercises</p> <p>Project: Culture Quilt</p>
Career Development Education	<p>Students will recognize and understand basic career vocabulary</p> <p>Students will understand the variety of career clusters and the job opportunities available within them</p> <p>Students will identify careers of interests matched to their skills, talents and passions</p>	<p>Complete online career awareness activities such as: MEFA Pathways:</p> <ul style="list-style-type: none"> ○ Exploring Career Discovery Zone ○ Applying Interests, Values and Skills to a Career Category <p>MassHire CIS Jr.:</p> <ul style="list-style-type: none"> ○ Where Am I Going (career cluster activity) <p>Upload essay identifying careers of interest</p>	<p>Introduction to the online portal including setting up student account and exploring career clusters</p> <p>Career Vocabulary sample activities</p> <p>Write an essay identifying cluster of interest and why</p> <p>Project: Create a mini Career Fair: students create posters of jobs available in different clusters (students with like interests work together)</p>
Academic College and Career Planning	<p>Students will demonstrate key executive functioning skills necessary for academic success such as organization, time management, etc.</p> <p>Students will understand the importance of passing all their courses for entry into high school</p>	<p>Identify two academic goals and the steps to achieve them (including use of executive functioning skills e.g. will pass a class by turning in assignments on time, will use a graphic organizer to ..)</p> <p>Parent and Teacher reflection at end-of-year</p>	<p>Executive Functioning sample lessons</p> <p>video for students</p> <p>Project: Create a pamphlet “Guide to Middle School Success” created by small groups or individually [possibly present to students coming to the MS the next fall]</p>

Middle School MyCAP -grade 7

Domain	Learning Objectives (What students should know and be able to do)	Artifacts/Assessments/Documentation (documentation of learning and planning may be within a portal of in a separate portfolio)	Lessons and Activities (may include where they happen)
		Artifacts/Assessments/Documentation (documentation of learning and planning may be within a portal of in a separate portfolio)	
Personal Social	<p>Students will understand growth mindset and the value of resilience, perseverance, and a positive attitude for future success</p> <p>Students will establish and maintain healthy relationships with diverse individuals and groups resisting inappropriate social pressures and constructively negotiating conflict</p>	<p>Set two personal goals for the year and include steps and supports needed to achieve them</p> <p>Upload artifacts from projects to individual MyCAP</p>	<p>Growth Mindset sample lesson</p> <p>Healthy Relationships sample lesson 1 sample lesson 2</p> <p><u>Projects:</u></p> <ul style="list-style-type: none"> • Essay or Slide Show demonstrating when individuals had persevered, were resilient or showed a positive attitude <p>Artwork depicting resilience and/or perseverance</p>
Career Development Education	<p>Students will identify behaviors and skills necessary for success in the workforce</p> <p>Students will understand career development education – awareness, exploration, Immersion - and the activities available across the spectrum</p> <p>Students will engage in career awareness activities including exploring careers of interest on the online portal</p>	<p>Completion of the Where I am Going lesson stored online or artifacts from lesson uploaded to student MyCAP</p> <p>Upload information of three career interests based on exploration activities</p>	<p>MassHire CIS JR: “Where am I Going/Employability Skills”</p> <p>Career Exploration Activities:</p> <ul style="list-style-type: none"> ○ Speaker Day: businesses, police, fire, etc. ○ Mock Interviews: MEFA: “Practicing Interview Questions” <p><u>Project:</u> Create a “Success Pamphlet” describing the work behaviors and skills needed to get and keep a job of their choosing</p>
Academic College and Career Planning	<p>Students will understand the importance of academic success in middle school for future success</p> <p>Students will understand the variety of postsecondary options</p>	<p>Results of lessons/activities stored in MyCAP: MassHire CIS JR: “Where am I Going” MEFA Pathways: “Exploring Options After High School”</p> <p>Use college search aligned to career interests</p>	<p>Create Lesson: compare the entrance requirements for local high school options (CTE, Private, charter, all district high school choices if more than one); include required middle school information. Identify school options aligned with interests. Visit CTE school</p> <p><u>Projects:</u> Timeline depicting a career pathway of interest highlighting the academic requirements across the timeline from middle to high school and to postsecondary options</p>

	Students will understand the relationship of their academic courses, postsecondary options and career interests		
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Middle School MyCAP – grade 8

Domain	Learning Objectives (What students should know and be able to do)	Artifacts/Assessments/Documentation (documentation of learning and planning may be within a portal of in a separate portfolio)	Lessons and Activities (may include where they happen)
Personal Social	<p>Students will develop strong decision-making skills</p> <p>Students will identify the skills and behaviors necessary for success in high school</p>	<p>Store results of Reality Check in online portal</p> <p>Upload reflection on differences and personal changes</p>	<p><u>MassHire CIS “Reality Check:”</u> Discuss needs vs wants; identify impulsive vs thoughtful decisions</p> <p>Video: Difference between middle and high school Write reflection identifying personal changes needed for success in high school</p> <p>Make HS Count Activities</p>
Career Development Education	<p>Students will demonstrate research skills as relates to careers of interest (entry-level requirements, salary, education, skills, etc.)</p> <p>Students will create a career action plan for a career of interest</p> <p>Students will understand the process for accessing a part-time job and complete a job application</p>	<p><u>Upload to student account:</u> Video of presentation Artifacts from the presentation</p>	<p>Capstone Project: Identify a primary career of interest Prepare a presentation (to parents/school community) to highlight how it is aligned to interests, strengths and talents, further training/education necessary; salary, skills needed. Focus on what is needed in high school including courses to take, if there is a designated Pathway, work-based learning opportunities, extracurricular activities, etc.</p>
Academic College and Career Planning	<p>Students will understand the vocabulary and opportunities available in high school and align choices with career interests:</p> <ul style="list-style-type: none"> ● CTE Pathways Offerings ● Work based learning 	<p>Upload four-year academic plan</p> <p>Identify two academic goals for grade 9</p>	<p>Students will develop a 4-year academic plan for high school aligned with strengths, interests and skills</p>