Middle School MyCAP – grade 6

Domain	Learning Objectives (What students should know and be able to do)	Artifacts/Assessments/Documentation (documentation of learning and planning may be within a portal of in a separate portfolio)	Lessons and Activities (may include where they happen)
Personal Social	Students will demonstrate self-awareness by identifying personal and cultural values of self and others, personal strengths and limitations and self-confidence Students will demonstrate personal responsibility by asking for help, managing emotions, respecting others and engaging in positive social interactions	Online portal: Complete **assessments for interests, skills and talents** Set two personal goals for the coming year Upload video/pictures of the quilt	Cultural Competency sample lesson Self Regulation sample lesson Team building exercises **Project**: Culture Quilt
Career Development Education	Students will recognize and understand basic career vocabulary Students will understand the variety of career clusters and the job opportunities available within them Students will identify careers of interests matched to their skills, talents and passions	Complete online career awareness activities such as: MEFA Pathways: ○ Exploring Career Discovery Zone ○ **Applying Interests, Values and Skills to a Career Category** MassHire CIS Jr.: ○ Where Am I Going (career cluster activity) Upload essay identifying careers of interest	Introduction to the online portal including setting up student account and exploring career clusters Career Vocabulary sample activities Write an essay identifying cluster of interest and why **Project:** Create a mini Career Fair: students create posters of jobs available in different clusters (students with like interests work together)
Academic College and Career Planning	Students will demonstrate key executive functioning skills necessary for academic success such as organization, time management, etc. Students will understand the importance of passing all their courses for entry into high school	Identify **two academic goals** and the steps to achieve them (including use of executive functioning skills e.g. will pass a class by turning in assignments on time, will use a graphic organizer to .. .) Parent and Teacher reflection at end-of-year	Executive Functioning sample lessons video for students **Project:** Create a pamphlet "Guide to Middle School Success" created by small groups or individually [possibly present to students coming to the MS the next fall]

Middle School MyCAP -grade 7

Domain	Learning Objectives (What students should know and be able to do)	Artifacts/Assessments/Documentation (documentation of learning and planning may be within a portal of in a separate portfolio) Artifacts/Assessments/Documentation (documentation of learning and planning may be within a portal of in a separate portfolio)	Lessons and Activities (may include where they happen)
Personal Social	Students will understand growth mindset and the value of resilience, perseverance, and a positive attitude for future success Students will establish and maintain healthy relationships with diverse individuals and groups resisting inappropriate social pressures and constructively negotiating conflict	Set **two personal goals** for the year and include steps and supports needed to achieve them Upload artifacts from projects to individual MyCAP	Growth Mindset sample lesson Healthy Relationships sample lesson 1 sample lesson 2 Projects: ● Essay or Slide Show demonstrating when individuals had persevered, were resilient or showed a positive attitude Artwork depicting resilience and/or perseverance
Career Development Education	Students will identify behaviors and skills necessary for success in the workforce Students will understand career development education – awareness, exploration, Immersion - and the activities available across the spectrum Students will engage in career awareness activities including exploring careers of interest on the online portal	Completion of the Where I am Going lesson stored online or artifacts from lesson uploaded to student MyCAP Upload information of **three career interests** based on exploration activities	MassHire CIS JR**:** "Where am I Going/Employability Skills" Career Exploration Activities: ○ Speaker Day: businesses, police, fire, etc. ○ Mock Interviews: MEFA: "Practicing Interview Questions" Project: Create a "Success Pamphlet" describing the work behaviors and skills needed to get and keep a job of their choosing
Academic College and Career Planning	Students will understand the importance of academic success in middle school for future success Students will understand the variety of postsecondary options	Results of lessons/activities stored in MyCAP: MassHire CIS JR: "Where am I Going" MEFA Pathways: "Exploring Options After High School" Use college search aligned to career interests	Create Lesson: compare the entrance requirements for local high school options (CTE, Private, charter, all district high school choices if more than one); include required middle school information. Identify school options aligned with interests. Visit CTE school Projects: Timeline depicting a career pathway of interest highlighting the academic requirements across the timeline from middle to high school and to postsecondary options

	Students will understand the relationship of their academic courses, postsecondary options and career interests		

Middle School MyCAP – grade 8

Domain	Learning Objectives (What students should know and be able to do)	Artifacts/Assessments/Documentation (documentation of learning and planning may be within a portal of in a separate portfolio)	Lessons and Activities (may include where they happen)
Personal Social	Students will develop strong decision-making skills Students will identify the skills and behaviors necessary for success in high school	Store results of Reality Check in online portal Upload reflection on differences and personal changes	MassHire CIS "Reality Check:" Discuss needs vs wants; identify impulsive vs thoughtful decisions Video: Difference between middle and high school Write reflection identifying personal changes needed for success in high school Make HS Count Activities
Career Development Education	Students will demonstrate research skills as relates to careers of interest (entry-level requirements, salary, education, skills, etc.) Students will create a career action plan for a career of interest Students will understand the process for accessing a part-time job and complete a job application	Upload to student account: Video of **presentation** Artifacts from the presentation	**Capstone Project:** Identify a primary career of interest Prepare a presentation (to parents/school community) to highlight how it is aligned to interests, strengths and talents, further training/education necessary; salary, skills needed. Focus on what is needed in high school including courses to take, if there is a designated Pathway, work-based learning opportunities, extracurricular activities, etc.
Academic College and Career Planning	Students will understand the vocabulary and opportunities available in high school and align choices with career interests: • CTE Pathways Offerings • Work based learning	Upload **four-year academic plan** Identify two academic goals for grade 9	Students will develop a 4-year academic plan for high school aligned with strengths, interests and skills