



2024 Western Canada Wrestling Club Championships

Cowichan Valley, BC
March 8–10, 2024
Queen Margaret's School

The CVWC is excited to host the First Annual Western Canada Wrestling Club Championships. The goal of this tournament is to bring some of the best clubs, wrestlers, and coaches together to compete in a high level, multi-age, and multi-gender tournament prior to the Canadian National Championships and, more importantly, further develop our local, provincial, national, and international athletes.

Tournament Information

ORGANIZING COMMITTEE	Cowichan Valley Wrestling Club (CVWC)
COMPETITION VENUE	Queen Margaret's School (Sports Hall) 660 Brownsey Ave Duncan, BC V9L 1C2
NUMBER OF MATS	4-6 competition mats
AGE GROUPS & WEIGHT CATEGORIES	Elementary: Weight groups will be divided into age, weight, and ability. Open to ages 8–12. <u>U16: 13 to 15 years of age</u> (Born in 2009 to 2011, (exceptions will be made for a wrestler that is 12 and has wrestled for more than one year). BOYS: 35, 38, 41, 45, 48, 51, 54, 57, 60, 63, 66, 70, 74, 78, 84, 90, 90+ GIRLS: 36, 40, 43, 47, 51, 54, 57, 60, 64, 69, 75+ <u>U19: 16 to 18 years of age</u> (Born in 2006–2008, exceptions will be made for a wrestler that is 15 and has three or more years

wrestling experience).

Male weights (U19):

41-45, 48, 51, 55, 60, 65, 71, 77, 84, 92, 110 kg

Female weights (U19):

36, 40, 43, 47, 51, 54, 57, 60, 64, 69, 75, 90+

Adult Novice Division: Open to ages 18+

Male

- 57kg - Olympic Weight
- 65kg - Olympic Weight
- 74kg - Olympic Weight
- 86kg - Olympic Weight
- 97kg - Olympic Weight
- 125kg - Olympic Weight

Female

- 50kg - Olympic Weight
- 53kg - Olympic Weight
- 57kg - Olympic Weight
- 62kg - Olympic Weight
- 68kg - Olympic Weight
- 76kg - Olympic Weight

**A wrestler may register and compete for more than one age division as long as they have met the criteria outlined above*

**some weights may be pooled based on numbers*

REGISTRATION

The registration deadline is **March 5, 2024**, at 11:59pm PST, but will be subject to a late fee as outlined in the “Entry Fees” section below. **No registrations will be accepted after March 5, 2024, at 11:59pm PST.** This applies to all athletes, coaches, and support staff.

All athletes and support staff must be registered members of their PTSO and be members in good standing as of the time of the weigh-in for this event.

SUBMIT your “EVENT REG” using the 2mev portal online. **ALL DIVISIONS MUST BE REGISTERED USING THE ONLINE PORTAL!** If your club does not have an account, you will need to create your club first before registering your athletes. Please follow the link below to the registration portal.

<https://2mev.com/#!/events/WCWCC>

If you have any questions regarding registration, you can contact Richelle McKenzie. If you have any questions regarding how to register, please email rymckenzie@shaw.ca or call/text 250-735-0354

**Elementary*

ALL registrations must be submitted by 9:00pm PST on Tuesday, March 5. Any late registrations

	will result in a fee of \$25 or applicants may not be eligible to wrestle. Please include a RATING for each elementary athlete: (4 = Outstanding; 3 = Good; 2 = Average; 1 = Beginner). Email last-minute drops/adds no later than 11:59pm (PST), on Thursday, March 7 to rymckenzie@shaw.ca <i>ABSOLUTELY NO ADDS AFTER THE THURSDAY DEADLINE!</i>
COACHES	To receive a coach accreditation (eligible to coach during the event), coaches must be registered with their provincial/state body. It is recommended that coaches have completed the following elements and have them recorded in their NCCP transcripts: ● Make Ethical Decisions Evaluation ● Community coaching ● Working towards Competitive Introduction
ENTRY FEES	Elementary The cost for the entering wrestlers in the elementary division is \$25 if entered by the March 5, 2024, deadline. The cost for entering wrestlers in the U16 & U19

	divisions is \$35 if entered by the March 5 deadline. Adult Novice Division: Open to ages 18-55. As this is adult novice, wrestlers that have competed on a varsity university/college program are ineligible. The cost for entering wrestlers in the Adult Novice Open division is \$40 if entered by the March 5 deadline. All entries received after March 5, 2024, will be subject to a \$25 late fee per athlete entered. No registrations will be accepted after March 7, 2024, at 11:59pm PST.
RULES	Elementary - Modified BC High School rules will be used for both divisions U16 (WCL U15 rules will apply), U19 & Adult Open - Wrestling Canada Lutte 2022–2023 rules (TBD) will apply with a modified double elimination bracket system
AWARDS	Medals will be handed out to all elementary wrestlers. For the remaining divisions, the top <i>three</i> in each weight class will receive a medal. Plaques will be awarded to the top <i>three</i> clubs of each division.

MEDICAL	A physician will be in attendance and athletic therapists will be on site. Athletes requiring preventative therapy will require their own supplies.
HOTELS	Host: Oceanfront Suites at Cowichan Bay 1681 Cowichan Bay Road Cowichan Bay, BC Hotel 250-715-1000 www.OceanfrontCowichanBay.com *Contact: Robert Green Assistant General Manager, Sales, and Marketing Host: Best Western Cowichan Valley Inn Group Code is WCWCC. 6457 Norcross Rd Duncan, BC *Contact: Bonnie Park bpark@cowichanvalleyinn.com 1-604-368-1452
GROUND TRANSPORTATION	Mid Island Bussing (possibility for out-of-town teams) Please contact if you are looking to book transportation Cody Smith 250-701-1222

HOST ORGANIZING COMMITTEE	Cowichan Valley Wrestling Club TOURNAMENT COMMITTEE DIRECTORS Nick Zuback Cowichan Valley Wrestling Club nzuback@hotmail.com 250-815-0959 ON-SITE TRANSPORTATION Darren Meiner darren@darrenmeiner.com OFFICIALS Head Official - Clayton Dyck Head Pairing Master - Richelle McKenzie LIAISON Nicole Bond - bondridge@shaw.ca
SCHEDULE	
FRIDAY March 8, 2024	Arrival Open practice times 5:00-9:00pm
SATURDAY March 9, 2024	8:00am - Venue opens 9:30am-11:30am - Weigh-ins U16 & U19 (Only) 9:35am - Session 1 "Elementary" 12:30pm - Lunch 1:00pm - Session 2 "U16 & U19" 5:00pm - Dinner 5:30pm - Session 3 Elementary Finals, U16 & U19 8:00pm - Day one conclusion 9:00pm - Coaches and officials social
SUNDAY	8:00am - Venue opens

March 10, 2024	9:30am - Weigh-ins Adult Novice Division 9:30am - Session 4 Finish of prelims 11:00am - Session 5 5/6 & 3/4 places 11:30am - Session 6 Adult Novice Division 12:30pm - Lunch 1:00pm - Session 6 Adult Novice Division 2:00pm - Session 7 FINALS 5:00pm - Day two conclusion
THANKS TO OUR SPONSORS Queen Margaret's School CVRD Doctor Eric Meiner Ocean Suites at Cowichan Bay Best Western Cowichan Valley Inn	

