

Sacramento MSBL Player Contract

In consideration of being allowed to participate in any way for the Men's Senior Baseball League, Inc / Men's Adult Baseball League, Inc (MSBL/MABL), its related events and activities, I, the undersigned, acknowledge, appreciate, and agree that:

1. Participation includes possible exposure to and illness from infectious diseases including but not limited to MRSA, influenza, and COVID-19. While particular rules and personal discipline may reduce this risk, the risk of serious illness and death does exist; and,
2. The risk of injury from the activities involved in this program is significant, including the potential for permanent paralysis and death, and while particular skills, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,
3. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and,
4. I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the Company immediately; and,
5. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE, INDEMNIFY, AND HOLD HARMLESS MSBL/MABL, their officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors of premises used for the activity ("Releasees"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property associated with my presence or participation, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.

Code of Conduct

Managers and players shall conduct themselves in a sportsman like manner at all times. No manager or player shall violate the Code of Conduct or Standing Rules, and no manager or player shall commit the following:

- a. Lay a hand upon, shove, strike, or threaten an umpire, player, or board member.
- b. Refuse to abide by an umpire's decision.
- c. Demonstrate objectionable dissent at an umpire's decision.
- d. Use unnecessarily rough tactics in the play of the game against another person.
- e. Verbally abuse (foul language or trash talk) a player, umpire, manager, spectator, or board member.
- f. Throw or kick equipment.
- g. Consume alcohol or illegal drugs during the game or on the field of play.
- h. Smoke on the field of play or dugout.
- i. Damage the facilities or playing fields.
- j. Knowingly intend to deceive or defraud the league (cheating, fees, fraud).

Penalties

Penalties for the violation of the Code of Conduct or the Standing Rules will include ejection, suspensions, probation and/or a lifetime ban from the league. No appeals will be allowed, except for suspensions the Board would deem appropriate. Penalties will be enforced at the time of the infraction, and in the case of suspensions, upon notification from the League Commissioner. Suspensions will begin with the next scheduled team game. Suspended players or managers may NOT attend games. No refunds will be given to suspended managers or players. The SMSBL Board will review all cases. I certify that I am 18 years of age, and by signing this agreement I fully agree that the terms and conditions of this agreement are binding and I release the Sacramento Men's Senior Baseball League, Inc. and Men's Senior/Adult Baseball League, Inc from any liabilities or cost

x _____ Age: _____ Date Signed: _____
PARTICIPANT'S SIGNATURE