

### A Quick Guide to this Document

There are 3 sections in this document as follows:

1) **Multilingual Resources** - I acknowledge that English may not be the only language spoken at home. I am working on researching and adding more resources in this section as it is a growing document.

2) **Self-Education for Adults/Teachers** - It is imperative that we are ALL constantly putting forth an effort to learn and grow. Self-education should be a top priority for all of us in the work to dismantle oppressive systems and unlearn racist, anti-black biases that we have all been covertly socialized into believing (whether we are aware of them or not).

3) **Engaging with Children** - These are resources either specifically geared towards children **OR** towards adults to use when navigating these conversations with children.

Document created by Celeste Esquivel, BM in Music Education

## Multilingual Resources

### **Español/Spanish:**

- ★ [Recursos Sobre Raza | Resources About Race](#) - *Recursos y actividades importantes en español para hablar sobre la violencia racial.* Important resources and activities on addressing race and racial violence in Spanish.
- ★ [Una cronología incompleta del racismo y la vigilancia](#) - *Una línea de tiempo incompleta de racismo, vigilancia y resistencia en los Estados Unidos.* An incomplete timeline of racism, vigilance, and resistance in the United States
- ★ [Recursos antirracistas en Español](#) - Anti-racist resources in Spanish
- ★ **Libros Leídos en Youtube:**
  - [Los Colores de Nosotros](#) (Edades 0-4) - Este libro explica todos los diferentes colores de las personas que describen esos colores usando alimentos (tostadas francesas y miel, por ejemplo). El racismo como un término amplio no se discute, les recuerda a los niños que las personas no pueden ser pintadas con el mismo pincel.
  - [El Color de la Piel](#) (Edades 4-8)
  - [Iguales pero diferentes](#) - Dos niños que viven en mundos separados forman una amistad a través de cartas y descubren que son más iguales que diferentes
  - [Niña Bonita](#) (Edades 4-10) - Un conejo muy blanco ha quedado prendado de una niña muy morena y quiere ser tan morena como ella. Cada vez que el conejo ve la niña le pregunta ¿cual es tu secreto para ser tan morena? Después de

muchas desilusiones y experimentos tratando de ser un conejo negro, logra descubrir el secreto. Niña bonita es una encantadora historia de la autora brasileña Ana María Machado, con las fantásticas ilustraciones de Rosana Faría.

- [Un Amigo Como Tu](#) (Edades 5-10) - Este libro nos cuenta la historia de la bonita amistad que se forja entre una ardilla y un pájaro. Ambos quieren divertirse juntos pero descubren que son muy diferentes: tienen distintas costumbres, no suelen comer las mismas cosas y no tienen las mismas habilidades. Juntos salvan las diferencias que les separan y las convierten en ventajas para complementarse, aportando uno y otro para seguir siendo amigos y disfrutar de la mutua compañía.

### Multilingual:

- ★ [Letters for Black Lives](#) - **Letters for Black Lives** is a set of crowdsourced, multilingual, and culturally-aware resources aimed at creating a space for open and honest conversations about racial justice, police violence, and anti-Blackness in our families and communities.

## Self-Education for Adults/Teachers

- ★ [Education and Criminalization: Do #BlackLivesMatter in Schools?](#) - Generated by **Subini Ancy Annamma, Ph.D.** with support by a cadre of community. The goal of this work is to highlight how schools (re)produce criminalization of Black youth. Education has a reckoning to do around the ways it constructs criminals from the behaviors and learning of Black youth. Many scholars are engaging these issues in ways that refuse to pathologize Black youth. This is the beginnings of a list of them, there are more to add.
- ★ [Resources for Supporting #BlackLivesMatter](#) - **Curated by Tia C. Madkins, Ph.D**  
“These reading and teaching resources (click on hyperlinks) are intended to help you, your families, and colleagues/friends (better) understand and discuss the myriad ways white supremacy, structural racism, and systems of oppression affect our lives.”
- ★ [Scaffolded Anti-Racist Resources](#) - This is a working document for scaffolding anti-racism resources. The goal is to facilitate growth for white folks to become allies, and eventually accomplices for anti-racist work. These resources have been ordered in an attempt to make them more accessible. Document created by **Anna Stamborski, M. Div Candidate (2022), Nikki Zimmermann, M. Div candidate (2021), Bailie Gregory, M. Div, M.S. Ed.**
- ★ [An Essential Reading Guide for Fighting Racism](#) - For those who want to take anti-racist action but don't know where to begin, this is a list of books about racism — anti-blackness in particular — and white privilege. From Audre Lorde's groundbreaking essays to Ibram X. Kendi's guide to being antiracist, these books are a great resource for understanding why people are protesting right now.

- ★ [Anti-Racism Resources](#) - Document compiled by Sarah Sophie Flicker, Alyssa Klein in May 2020. This document is intended to serve as a resource to white people and parents to deepen our anti-racism work. Contains a list of resources for parents to raise anti-racist children, articles, videos, books, podcasts, and more.

★ **Articles to Read:**

- [How Moderate Teachers Perpetuate Educational Oppression](#) - An article written by Lisa Kelly that explores what a “moderate” teacher is and how to avoid becoming one.
- [There Is No Such Thing as a ‘White Ally’](#) - article written by Catherine Pugh that explores the concept of a white allyship: “Racism is not mine, it’s yours. It’s not called ‘helping’ when it’s your mess we’re cleaning.”
- [From Christian Cooper to George Floyd: A Letter To White Parents](#) - A letter to white parents written by Tabitha St. Bernard-Jacobs “This education needs to start in your homes, not because your kids’ lives depend on it, but because mine do.”
- [What Is Owed: If true justice and equality are ever to be achieved in the United States, the country must finally take seriously what it owes black Americans.](#) - article written by Nikole Hannah-Jones, a domestic correspondent for The New York Times Magazine focusing on racial injustice. In 2020, she won the Pulitzer Prize for commentary for her essay in The 1619 Project, which traces the central role black Americans have played in the nation, including its vast material success and democracy itself.

★ **Books to Read:**

- [Kalima DeSuze’s Black Feminist Reading List Is the Resource We Need Right Now](#) - By Kalima Desuze as told to Liam Hess, here find the nine essential books that DeSuze has generously shared with *Vogue* to chart the historical evolution of black feminist discourse—and where to start first.
- [28 Essential Books on Race and Racism](#) - From Audre Lorde’s groundbreaking essays to Ibram X. Kendi’s guide to being antiracist, these books are a great resource for understanding why people are protesting right now.
- [Racial Capitalism: A Reading List](#) - List put together by **Haymarket Books**: In the midst of an international pandemic and an economic crisis, a powerful anti-racist movement has spread across the world, demanding the defunding, disarming, and abolition of police and, in many cases, situating those aims in a critique and rejection of racial capitalism. In an effort to help arm this important movement with ideas and analysis that can help bolster its demands, we’ve put together this reading list on the historical development and dynamics of racial capitalism, as well as examples of resistance.
- [White Fragility](#) Book by Robin DiAngelo  
\*\*NOTE: this book is problematic as it is written by a white person who is capitalizing off of the oppression of BIPOC, proceed with great caution - please ensure you are supporting Black authors and organizations in this work\*\*
  - [Video: Deconstructing White Privilege with Robin DiAngelo](#)

- [What's Missing From White Fragility](#) - really great response article to DiAngelo's book by Lauren Michele Jackson. It's an important counter-narrative to "White Fragility."
- [Why are all the black kids sitting together in the cafeteria?](#) Book by Beverly Daniel Tatum

## Engaging with Children

### **For Children:**

- ★ [Anti-Racism 101 for Kids: Starting to Talk about Race](#) - If you're nervous about talking about race with your kids, these books about racial diversity will give you an easy place to start destigmatizing difference & celebrating racial diversity.
- ★ [21 Anti-Racism Videos To Share With Kids](#) - compiled by [Jeanne Croteau](#) these videos help to explain complex topics to young audiences.

### **★ Youtube Read Alouds:**

- [Daddy There's a Noise Outside](#) by Kenneth Braswell. This book takes the complex issue of protesting and breaks the conversation down so that a 1st grader can understand, unfortunately not a read aloud but a review of the book.
- [Not My Idea - A Book About Whiteness](#) by Anastasia Higginbotham. Read aloud.
- [The Colors Of Us](#) (Birth - 4) - This board book explains all the different colors of people describing those colors using food (French toast and honey, for example). While racism as a broad term isn't discussed, it reminds kids that people can't be painted using the same brush.
- [Let's Talk About Race by Julius Lester](#) (Ages 2 -5) - Good for all ages, the book explains that every person has a story to his or her life (birthday, favorite color, favorite time of day, how many brothers and sisters) and explains that race is part of that story. It reminds kids that race isn't all that we are, but only one part of the story.
- [The Skin You Live In](#) (ages 3-8) - With the ease and simplicity of a nursery rhyme, this lively story delivers an important message of social acceptance to young readers. Themes associated with child development and social harmony, such as friendship, acceptance, self-esteem, and diversity are promoted in simple and straightforward prose. Vivid illustrations of children's activities for all cultures, such as swimming in the ocean, hugging, catching butterflies, and eating birthday cake are also provided. This delightful picture book offers a wonderful venue through which parents and teachers can discuss important social concepts with their children.
- [Read Aloud: A Kids Book About Racism by Jelani Memory](#) (Ages 5-8) - Using words and descriptions that kids will understand, the book teaches younger

readers about what racism is and how it makes others feel. It's a good reminder for kids to stand up when they see others being hurt by words or actions.

- [Animation Series Something Happened In Our Town](#) (ages 5-10) - Written in 2018, families of different color talk about a police shooting and white and black history in America. With kids in mind, the different discussions in each family explain fear and understanding. After talking with their families, kids work harder for inclusion and break bad patterns.
  - [Here is an interview with the author](#), to further support parents in conversations. (by Marianne Celano, Marietta Collins, and Ann Hazzard)
- [Talking Race with Young Kids, Read This Book Together: Accept and Value Each Person | Read Aloud](#) (ages 4-8)
  - The world is becoming more diverse, and so are the daily lives of our children. Accepting and valuing people and groups who are different from oneself and one's immediate family is a critical social skill. *Accept and Value Each Person* introduces diversity and related concepts: respecting differences, being inclusive, and appreciating people just the way they are. Includes questions, activities, and games that reinforce the ideas being taught.
- [The Day You Begin](#) (Ages 5-8)
- [The Other Side](#) (Ages 4-8) - A fence separates two homes in a town in the 1960s. Told from the perspective of a young black girl, she meets a young white girl her same age and is first told not to talk to her or stare at her in town. The two slowly become friends and learn about inclusion. This book allows parents a chance to discuss the imagery of the fence and what kids can learn about being on either side.
- [Not My Idea: A Book about Whiteness](#) (Ages 6-10) - Addressing a police shooting and written in 2018, the book supposes a real-time situation of protests, marchers and how families of different colors react. The children in the book can hear and see the TV news, and ask their families with different responses.
- ★ [Black Lives Matter Virtual Library](#) - Animated read-alouds, Black Lives Matter At School resources, and a Teaching for Change article.
- ★ [Black Lives Matter Coloring Pages](#) - Black and White BLM-themed coloring pages
- ★ [15 Books to Help Kids Understand that Black Lives Matter](#) - a list of 15 books for children and teens that uplift the beauty and strength of Black children and communities, as well as those that exemplify the principles of the Black Lives Matter movement. All the books in this post are authored or co-authored by Black writers.
- ★ [31 Children's Books to Support Conversations on Race, Racism, and Resistance](#) - These books showcase the many ways people of all ages and races have worked to disrupt racism, and highlight how race intersects with other issues, such as capitalism, class, and colonization.
- ★ [17 Books About Racial Inequality for Young Readers](#) - Stories that grapple directly with racial inequality and activism, *Vogue* asked the independent children's bookstore Books of Wonder for suggestions. List is organized by age appropriateness.

### ★ More Books:

- [This Book Is Anti-Racist: 20 Lessons on how to Wake Up, Take Action, and Do the Work](#) Book by Tiffany Jewell
- [The Wedding Portrait](#) Book by Innosanto Nagara
- [A is for Activist](#) Book by Innosanto Nagara
- [Peaceful Fights for Equal Rights](#) Book by Rob Sanders
- [A Kids Book about Racism](#) Book by Jelani Memory
  - [Read aloud here](#)

### For Adults to Use When Navigating Discussions with Children:

- ★ [How to Raise and Teach Anti-Racist Kids](#) - Author Kwame Alexander brings together an inspiring group of educators and equity activists to this [#KidLit4BlackLives](#) virtual town hall to answer questions about the role educators, families, and caregivers play in helping children make sense of and actively challenge systemic racism.
- ★ [Unpacking the Protests in the Classroom](#) - lesson outline on addressing race and racial violence after the events that occurred the week of 5/25/2020. *I co-taught this lesson with my intermediate grades, feel free to copy and share and modify as you see fit for your classroom. Lessons created by Celeste Esquivel, Kellie Soendergaard, Marisa Lazar, Mahli Wray, and Katherine Finley.*
- ★ [Black Lives Matter At School](#) - BLM at School is a national coalition organizing for racial justice in education. We encourage all educators, students, parents, unions, and community organizations to join our annual week of action during the first week of February each year.
- ★ [Elementary Lessons on Race, Racism, and Discrimination](#) - collection of lessons organized by age-appropriateness.
- ★ [Social Justice Resources](#) - roundup of resources including tips and approaches, information and perspectives, and books for children.
- ★ [Your Kids Aren't Too Young to Talk About Race: Resource Roundup](#) - includes podcasts, studies, articles for parents/caregivers, books for adults, resources for educators, books and toys for children
- ★ [Woke Kindergarten](#) - This page is ANTI-RACIST, PRO LIBERATION & PRO ABOLITION created by a black, abolitionist educator. Also found on instagram @wokekindergarten
- ★ [Mapping Racial Trauma in Schools](#) - Mapping Racial Trauma in Schools keeps a current account of racialized violence enacted by teachers and students in schools in the United States. Founded by [Stephanie P. Jones, Ph.D.](#)
- ★ [Beyond the Golden Rule: A Parent's Guide to Preventing and Responding to Prejudice](#) from [Teaching Tolerance Magazine](#).
- ★ [Talking to Children After Racial Incidents](#) - an interview with Howard Stevenson, a clinical psychologist who studies racial literacy and racial trauma.



- ★ [Learning for Justice](#) - Learning for Justice (formerly Teaching Tolerance) provides free resources to educators—teachers, administrators, counselors and other practitioners—who work with children from kindergarten through high school. Educators use our materials to supplement the curriculum, to inform their practices, and to create civil and inclusive school communities where children are respected, valued and welcome participants.
- ★ [60+ Resources for Talking to Kids About Racism](#) - Resources for talking to children about race organized by age appropriateness for ages 0-12.
- ★ [Rethinking Schools](#) - Founded in 1986 by activist teachers, **Rethinking Schools** is a nonprofit, independent publisher of educational materials. We advocate the reform of elementary and secondary education, with a strong emphasis on issues of equity and social justice.
- ★ [Center for Racial Justice in Education](#) - This document was compiled by **Center for Racial Justice in Education**. It is not meant to be exhaustive and will be continually updated as we are made aware of more resources.
- ★ [W. Kamau Bell on Being Black in America](#) - Youtube video: The fatal shooting of Michael Brown has led to protests in Ferguson, Missouri, and across the United States over police brutality and racism. Comedian W. Kamau Bell, star of the FX show "Totally Biased," gives us his thoughts on what it's like to be a black man in America today.
- ★ **Content Area-Specific for Teachers:** *(I'm a music teacher so you will see more music-specific resources, but I am working on adding more!)*
  - [Anti-Racist Pedagogy](#) - Provides a concise and inclusive repository of quality online **resources for music educators**.
  - [Decolonizing The Music Room](#) - Decolonizing the Music Room is a nonprofit organization using research, training, and discourse to help **music educators** develop critical practices and center the voices, knowledge, and experiences of BBIP (Black, Brown, and Indigenous People) in order to challenge the historical dominance of Western European and white American music, narratives, and practices. Founded by **Brandi Waller-Pace**.
  - [2020 List of Pieces to Be Reconsidered or Removed : Sheet1](#) - **for music educators** this spreadsheet was assembled between 6/10/20 and 6/24/20 and continues to grow. It is by no means exhaustive nor academically reviewed. It is simply a starting place to rethink the way racist works are marketed, distributed, and taught.
  - [Social Justice Mathematics and Science Curricular Resources for K-12 Teachers](#) - **Compiled by Dr. Kari Kokka** "These resources are a starting point and not a thorough/complete list [...] this work requires our commitment to our ongoing learning about and dismantling systems of oppression, true love and partnership with our students, and constant growth and reflection. There is no 'magic pill' or easy way to engage in this work, and we must be mindful of students' well-being."

★ **Articles to Read:**

- [Talking to Kids About Discrimination](#) - Article written by the American Psychological Association
- [When SEL is Used as Another Form of Policing](#) - Article from the **Communities for Just Schools Fund (CJSF)**, a national donor collaborative that links philanthropy with the power of grassroots organizing to transform schools. **Cierra Kaler-Jones** is the Education Anew Fellow with Communities for Just Schools Fund and Teaching for Change. She is also a Ph.D. candidate in minority and urban education at University of Maryland — College Park.
- [100 RACE-CONSCIOUS THINGS YOU CAN SAY TO YOUR CHILD TO ADVANCE RACIAL JUSTICE](#) - In honor of Raising Race Conscious Children's 100th post, this list lifts a quote from each and every blog post to date, modeling language that has actually been used in a conversation with a child regarding race (and other identity-markers such as gender and class).
- [Teaching As Activism. Teaching As Care](#) - Article written by [Jamilah Pitts](#), an educational consultant and equity and justice strategist whose work centers the liberation, healing and holistic development of youth, particularly children of color.
- [What Anti-racist Teachers Do Differently](#) - article written by [Pirette McKamey](#), the first Black principal of Mission High School in San Francisco. She has taught high-school English and history for 26 years. From 2005 to 2016, she co-founded and co-led the anti-racist teaching committee at Mission High.
- [Ending Curriculum Violence](#) - written by [Stephanie P. Jones](#): "Yes, curriculum can be violent—whether you intend it or not. Here's what it looks like and how you can avoid it;" This resource discusses racial trauma in school curriculum.