

Windsurfing Yellow Test

Test and Course Description and Diagram:

The yellow test is given on a yellow- or red-flag day and at the discretion of the dockmaster. The test is given on a yellow marked board **with a centerboard**. The size of the sail should be appropriate to the weight of the sailor - no children rigs (2.5-3.0) for adults.

The course for the yellow test will be a "slalom" course. Three marks (buoys) will be arranged in-line with the wind direction, windward to leeward. Marks will be 3-5 boat lengths apart (depending on conditions and other factors). The skipper should be close-hauled upwind and tack after rounding each mark. You should be on a run or broad reach downwind and gybe after rounding the middle and downwind marks. You will perform several circuits of the course until the tester stops the skipper.

Test Expectations:

You should exhibit:

- Proper rigging: The boom should be at the height of your shoulder.
- Depart and arrive to the dock controlled and safely.
- Leaning out properly weight in balance with the sail.
- **Smooth tacks** This will require that the board is close hauled, sail is closed, and has speed before tacking. The sailor should:
 - o Hold the sail closed with the clew towards the stern.
 - o Foot in front of the mast as soon reaching iron
 - o Smooth to the other side stable and balanced
 - o Bearing off controlled leaning backwards
- Safe, controlled gybes. You should keep your weight at the back of the board front foot becomes back foot nose of your board comes out of the water. You should have power in your sail all the time.
- Board control. The sailor should be able to turn the board by shifting his or her weight from the windward to the leeward side

You should not:

- Make physical contact with other boats, unless the contact was completely unavoidable.
- Make contact or come within four mast lengths of any bridges.
- Run aground.
- Lose control of the sail, falling into the sail (leeward).
- Sail away from the course unless instructed by the tester.