

## Step #3- Extent of Compliance for All Schools with the LSWP

*(Make a copy for your use)*

Policy Area (Write the requirements included in your LSWP in the column below)	Not Met (Number of Schools)	Partial Compliance (Number of Schools)	Full Compliance (Number of Schools)
<p><b>Nutrition Education/Promotion Goal(s)</b></p> <p>All schools within the District will participate in USDA child nutrition programs, including the National School Lunch Program (NSLP), the School Breakfast Program (SBP) and any additional Federal child nutrition programs as eligible, such as the Fresh Fruit and Vegetable program, the Child and Adult Care Food Program and the After School Snack program and will meet the minimum nutritional requirements of such programs.</p> <p>The District will make drinking water available in all locations where school meals are served during meal times.</p> <p>Access to the USDA child nutrition programs and drinking water will not be withheld from students as an academic or behavioral consequence.</p> <p>Students will be provided adequate time to eat. In general students will, upon arrival in the cafeteria, have at least 60 minutes to eat breakfast and 29 minutes to eat lunch. The U.S. Centers for Disease Control and Prevention recommends that students have at least 20 minutes of sitting and eating—or “seat time” in school nutrition parlance.</p>			2
<b>Physical Activity Goal(s)</b>			2

Policy Area (Write the requirements included in your LSWP in the column below)	Not Met (Number of Schools)	Partial Compliance (Number of Schools)	Full Compliance (Number of Schools)
<p>Students will be offered periodic opportunities to be active or to stretch throughout the day on all or most days during a typical school week. The District recommends teachers provide short physical activity breaks to students during and between classroom times at least three days per week. These physical activity breaks will complement, not substitute, for physical education class, recess and class transition periods.</p> <p>Teachers will incorporate movement and kinesthetic learning approaches into instruction when possible. Teachers will serve as role models by being physically active alongside the students whenever feasible.</p>			
<p><b>Other Student Wellness Goal(s)</b></p> <p>All District employees who interact with students, as determined by the Superintendent, shall receive at least one hour of behavioral and mental health training with a focus on suicide awareness and prevention training each year. The Superintendent or designee shall be responsible for coordinating this training.</p>			2
<p><b>Non-goal related requirements of LWP- outline how you are meeting these elements in your LPW and the levels of compliance</b></p>			
<p><u><b>Federal/State Meal Standards are Met</b></u></p>			2

Policy Area (Write the requirements included in your LSWP in the column below)	Not Met (Number of Schools)	Partial Compliance (Number of Schools)	Full Compliance (Number of Schools)
<b>Foods Offered but Not Sold to Students Standards</b>			2
<b>Food and Beverage Marketing</b> ( <a href="#">SMART Snacks regulations</a> - ala carte and vending, food sales during the school day)			2

District LSWP Components	For the components below, indicate whether the district is in compliance.
<b>Public Involvement- how was the public included in LWP development? (parents, community members, etc.)</b>	<input checked="" type="checkbox"/> Yes, included on Wellness committee <input type="checkbox"/> No
<b>Public Notification- how are you notifying the public about your assessment results?</b>	<input checked="" type="checkbox"/> Yes, school website <input type="checkbox"/> No
<b>Triennial Assessment- is this posted publicly? Provide the link</b>	<input checked="" type="checkbox"/> Yes, <a href="#">Handbooks &amp; Policies   Hastings Catholic Schools</a> <input type="checkbox"/> No

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