**SL:** How The Secret of Flow Will Help You Find 'The One'  $2 \ldots$ 

Your alarm chirps at the crack of dawn.

You wake up to a mouth as dry as the Sahara in the middle of June, and the ice-cold touch of an empty bed.

Another morning alone.

With nobody to share your precious waking moments with, you abuse the snooze button a few times until you realize how late you already are for work.

A horrible start to a horrible day.

In a loss of time, you rush around the house gathering what you can as quickly as possible, so your boss doesn't throw another fit like he did last time.

Arriving at the office, you feel the aggressive rumbling and hollowness of your stomach begging for a bite of a warm, home-cooked meal.

And to accompany it, here's your colleague Jeff raving on about the amazing 3-course breakfast his wife cooked him this morning - as she does every morning.

The rest of your day is spent in a haze thinking about how this warm embrace of emotions must feel for him.

How much more exciting and easier his life is.

All the people you see in healthy, loving relationships seem to share this "flow".

They are always on time for work, optimistic, happy, and motivated.

Knowing they have somebody cheering them on from the sidelines, wanting the absolute best for them.

Whilst you can't even find the energy to get out of bed most mornings...

Regardless of your starting point, the flow is more than possible...

<u>Discover The Flow Technique</u>, The Easiest Way To Get a Girlfriend

