

Guest Lecture on Substance Abuse

1. **Activity:** Guest lecture on Substance Abuse
2. **Objectives:** To educate children on:
 - i. To raise awareness on different types of substances commonly abused.
 - ii. To educate participants on the effects of substance abuse
 - iii. To identify the causes and risk factors
 - iv. To understand the social and legal consequences on substance abuse
 - v. To inform about available resources and support systems
3. **Persons engaged:** Dasho Drangpoen Tharchean(speaker), Class IX and X students, Law Club Members, Law Club Coordinators.
4. **Date of Activity Conducted:** 27th May 2025
5. **Achievement:** The participants gained a better understanding of different types of substances and the risks associated with their use. The session encouraged participants to adopt healthier life style. They also became aware on the available support systems and helplines. Children were equipped with skills to support for those struggling with substance abuse.

Submitted by
Singye Wangmo



Dasho Drangpoen Tharchean, Thimphu District Court (Speaker)



