SFUSD Special Olympics
Inclusive Schools Week Content 2023

SFUSD Physical Education and Activity department is partnering with Special Olympics Northern California to provide resources and activities throughout Inclusive Schools Week (December 4th - 8th). This year's theme is 'Draw Me In!', and we are asking all teachers to provide 1-2 inclusive lesson plans throughout the week.

In addition to lesson plans, you have the opportunity to sign up to receive a RESPECT banner, a set of inclusion banners, or request an athlete speaker assembly during the week's activities. Please register below by **November 17th** to let us know what you're doing during ISW and request any resources!

SIGN UP FOR A RESPECT AND INCLUSION BANNERS AND / OR TO REQUEST AN ATHLETE SPEAKER ASSEMBLY HERE

Below are a list of resources and activities;

SFUSD Resources;

- Grades K-5 Lessons and Activities
- Grades 6-12 Lessons and Activities

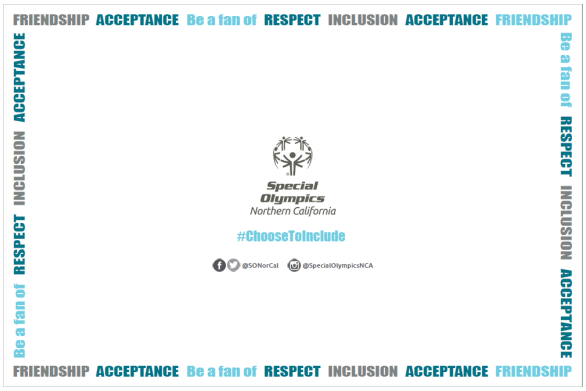
Special Olympics Resources;

- Special Olympics Northern California Portal
- GRADES K-2
- GRADES 3-5
- GRADES 6-8
- GRADES 9-12

School Wide and Classroom Activities K - 12:

RESPECT Banner Signing:

SFUSD Physical Education and Special Olympics are providing RESPECT banners for any schools interested in having their students sign the banner and take the pledge to show respect. This can be a great way to end a lesson, and afterwards you can proudly display the banner anywhere in your school!



Inclusion Posters:

Grab yourself a set of inclusion posters to hang and highlight throughout your school's campus! With the *Caring Community Inclusion Series* you can display posters that deliver kind and inclusive messages, and with the *Inclusion Heroes Series* you can highlight different inclusion advocates and heroes within the disability movement.

Special Olympics Northern California

SFUSD PHYSICAL EDUCATION DEPT

Caring Community Inclusion Series:



Inclusion Heroes Series:



Athlete Speaker Assembly:

Invite a Special Olympics Athlete Speaker to come speak to you about the Special Olympics and their journey with inclusion!

A general outline of what this assembly looks like is below:



- Time: ~45 minutes
- Format:
    - Special Olympics Video (5-10 minutes)
    - Athlete Speaker Speech (~10 minutes)
    - Q&A (10-15 minutes)

We encourage host schools to make the assembly their own! That could be showing your own presentation, inviting the Principal or teacher to say a few words, showing a cool video, or even leaving time at the end for a dance party!

We will try to accommodate as many requests as we can during Inclusive School Week but this will be dependent on athlete availability. If we are not able to meet your request during the week, we can look at another time during the year. Requests will be filled on a first come first serve basis, so register as soon as possible!

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If you have any questions, please contact Sasha Trope, Special Olympics Coordinator - tropes@x.sfud.edu