

Pro Tips

Wilson 6th Grade Camp

Student Packing List Video: 6th Grade Camp - Pack like a Pro

****Students are only allowed to bring one piece of luggage (suitcase, duffel bag, or backpack) plus one large bag with their sleeping gear****

To Wear during the day

- _____ Underclothes (3+ pair underwear)
- _____ 6 pairs of socks
- _____ 3-4 shirts (long and short-sleeved)
- _____ 4-5 pairs of jeans/ pants/ shorts
- _____ Sweatshirt/ jacket
- _____ Old sneakers (borrowed?)
- _____ 1-2 Pajamas/sleepwear
- _____ 2 plastic grocery bags for clothes
- _____ Garbage bag #1 of 3
(for dirty clothes)

For the Cabin

- _____ Garbage bag #2 of 3
(for bedding to come home)
- _____ Sleeping bag or sheets/blanket
- _____ Pillow & pillowcase
- _____ Garbage bag #3 of 3
(to bring bedding back HOME)
- _____ *Flashlight with batteries*

Ready for the weather:

- _____ Waterproof poncho/raincoat
- _____ Rain boots or 2nd pair of shoes

For the Shower House

- _____ 1 re-usable tote bag to carry items
- _____ Towel and washcloth
- _____ Flip flops/crocs (shower time only)

Toiletries (pack in plastic bag(s)):

- _____ soap _____ shampoo
- Put them in: _____ 2 plastic grocery bags
- _____ toothbrush & toothpaste, cup
- Put them in: _____ Quart Ziplock Bag
- _____ comb/ hairbrush/ hair ties
- _____ deodorant (not perfume/cologne)
- _____ optional: chapstick, contact lens solution, other bathroom supplies

*Crocs can be used for going to/from the shower house, and in the cabin, but NOT for camp trails.

NO: Hair dryers, Curling irons, Hair spray

_____ Prescription Medication to NURSE

For your day pack

_____ Water Bottle - Take with you!

Optional: _____ Drawstring Bag

Sunscreen Insect repellent Chapstick
Hat/ Beanie Sunglasses Hiking Boots
Playing Cards Book to read

Items NOT allowed: Absolutely NO: Knives, weapons or matches at camp

DO NOT pack: Money, any valuable watches or jewelry, Do NOT pack candy/food
NO ELECTRONICS (NO alarm clocks, phones, iPads, etc.)

*****Luggage must be dropped off. NO CAMP LUGGAGE ON THE BUS**

*****Please be sure to LABEL all items with your name.**

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Check out the video version of these PRO TIPS on YouTube!

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When you're ready to pack, plan it in reverse:

Grab some packing tape, paper, and a Sharpie marker to make your labels:

Start with 2-3 large trash bags. LABEL them ALL.

Step #1: Make your Bed(ding Bag)

Put one trash bag inside the other (for the trip home). Then, put your pillow and pillow case, sleeping bag/twin sheets, and/or blanket inside. Close it up and set it to the side.

Did you label it? Use some paper to write your name with a sharpie, and tape it to the bag. This way you'll know where to find YOUR things when it's time to make your bed!

If you have a stuffie to take with you, just tuck him in your pillow case. ;)

Pre-pack your Bedtime Bathhouse Bundles

Next, you're going to grab 2 shopping bags and make little bathhouse bundles.

In each bag, you're going to put a pair of clean undies and the pajamas that you will put on after you shower. Pack 2 sets for the 2 nights you'll spend at camp.

This way you can just grab them when you grab your shower bag, and when you're DONE with your shower, you can put your dirty clothes right in the bag. That way your smelly socks won't make the rest of your luggage smell like... dirty feet! Flip-flops or Crocs are fine for the cabin, but as far as the rest of camp, they're only good for getting to and from the shower house.

Next, let's finish off the shower house things: Pack your toothbrush, toothpaste, maybe a rinsing cup and put them in a 1-Quart zip lock bag. Then you can double bag your soap and shampoo in a plastic grocery bag. When you come home, you can use one bag for your wet towel. One more bag - whether it's fancy or not, for your hairbrush,

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and deodorant, and any other personal care items: Q-tips, hair-ties, whatever you'll need. Lastly, don't forget your fresh bath towel and a washcloth. I like to grab a ziplock for my washcloth, too. Pro tip: These are the FIRST things I unpack when I get home, so I don't start a science experiment at the bottom of my suitcase.

Please remember, you should have filled out the forms to indicate what medications you can accept from the camp nurse, but if you have a prescription, you need to present it, in its original packaging, with your authorization from the doctor - to the nurse, at drop off. Make sure you label everything, and pack enough for the duration of your trip.

Loading up your Luggage

Okay - so let's get that suitcase. You can use a duffle bag or whatever you have, but we can also save space by choosing what we wear on the day we go to camp. If it's not forecast to rain that first day, we can safely pack our waterproof poncho, rain boots and 2nd pair of sneakers, first.

When it comes to clothes, we're going to pack extra so we can just change!

Socks: 6 pair, Undies, at least 3! Since you already have some in your bathhouse bundles, you can just tuck all of these extras in a pocket, or along the side, so you can find them easily.

Then we need to think about what we wear all day, every day: I'm going to grab 3-4 T-shirts (at least one long sleeve), plus 2 pairs of jeans, 2-3 pairs of shorts, and I'm actually going to grab a pair of sweatpants in case I feel like I want a spare, or maybe even an extra layer for bed time.

I'm also going to have a hoodie or jacket for wearing at camp, but if my luggage is getting cramped, I'll just plan to wear them. So, while I'm at it, I'm going to lay out my clothes for the day I leave for camp. I'll just grab a pair of shorts and T-shirt, put them with my sweatshirt, and make sure I know where a pair of hiking boots are, or maybe

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some old sneakers. If you grew out of your old sneakers, maybe check with siblings or family members to see if you can borrow a pair of their old shoes? Just remember to bring SOMETHING for a backup in your luggage.

So now I'm going to grab my last piece of luggage: a simple drawstring backpack, and inside I'm going to throw a couple of things for the trail. You can decide what's best for you: I'll be taking a hat, sunglasses, maybe some sunscreen or bug spray. The one thing EVERYONE needs to bring is a refillable water bottle so you can stay hydrated!

THIS is the only thing I'm going to leave out, and then I'm going to put everything else: my toiletries, towels and clothing into my suitcase. I'm keeping my flashlight out to put on top, so I can easily find it. Making sure I label everything...

The last things I'm going to tuck in are a book to read, maybe a deck of cards or a sketchbook. And just in case it's cold - I'm gonna throw in a beanie, since they're nice to have to keep warm at bedtime, or even early in the morning. One last pro-tip?

Before you go to bed, tuck your clothing into the bottom of your sleeping bag with you.

That way in the morning, your clothes will be nice and warm with you! You'll be the envy of your cabin when everyone else is putting on cold clothes before coffee!

Actually, scratch that. Kids don't get coffee.

But they DO have a great time at camp! If you ask for help in getting your luggage together, just remember - students - make sure YOU'RE the one packing, so you know where to find everything you'll need. Have a great 6th Grade Camp!



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Don't forget your flashlight like I did!