### **Teacher Guide**



# Sound & Acoustics: Mitigating Noise Pollution

#### NEW FOR 2025-2026!

- Added new suggested materials for students to consider (textbooks, jackets, ziploc bags)
- Added sound barrier design thickness and material constraints
- Suggested teachers designate a "quiet area" to test sound barriers
- Added more in-depth learning about material types and how they interact with sound
- Provided more examples and clearer instructions for students

### SUGGESTED LESSON PLAN - 50 minute periods

#### Total Time ~90-110 minutes

- ~35 minutes to watch the lab introduction video
- ~25-30 minutes for students to build their <u>initial</u> sound barrier and fill out Student Workbook or Abbreviated Worksheet
- ~20-30 minutes to build and test <u>second</u> iterations
- ~10-15 minutes for a closing activity or discussion

(Note: An optional 30-45 minutes can be scheduled to do a Wrap-Up and QA with an Engineer and College Mentor at Teacher's discretion).

### **Hook/Essential Question**

- How old are your ears? What is the highest frequency you can hear? https://onlinetonegenerator.com/
- What sound levels do you think can affect long-term hearing?

### Supplies to Have in Class

ET Sound & Acoustics Kit materials can be found at the end of this file.

#### Additional Items to Consider Having on Hand:

- Any additional materials that could serve as sound dampening (i.e. tissues, cotton balls, towels, quilts, etc...)
- A quiet space to make observations and recordings of the sound levels. (This may mean that groups will need to take turns when to test).
- Phone or computer to use the decimeter app.
  - https://apps.apple.com/us/app/niosh-sound-level-meter/id10965458
     20
  - https://plav.google.com/store/apps/details?id=com.gamebasic.decibel

**NOTE**: Some sites referred to in the workbook may be blocked by school internet protocols. Please request admin access for the sites **below** in advance so that you students will have access before they begin working through the student workbook/worksheet

#### What Frequency Range do Animals Hear?

• <a href="https://onlinetonegenerator.com">https://onlinetonegenerator.com</a>

#### **Bubble Curtain**

 https://dosits.org/galleries/audio-gallery/anthropogenic-sounds/bubble-curta in/



	The videos <b>below</b> should be unblocked for <b>teachers-only</b> if presenting the student workbook to the whole class OR for <b>all students</b> if they are completing the student workbook on their school devices  • <a href="https://www.youtube.com/watch?v=3-xKZKxXuu0">https://www.youtube.com/watch?v=3-xKZKxXuu0</a> • <a href="https://www.youtube.com/watch?v=VxcbppCX6Rk">https://www.youtube.com/watch?v=VxcbppCX6Rk</a>
Optional Pre-Work	Have students watch the first 15 minutes of the introvideo providing the background for the challenge and answer the questions through slide 8 of the student workbook.
Class #1 Introduction and Procedure	<ul> <li>Watch the Engineering Tomorrow: Sound &amp; Acoustics Intro Recording on the Sound &amp; Acoustics webpage either as a class or assign background section as pre-work (see above).</li> <li>→ Have students answer the comprehension questions in the first 8 slides of the student workbook</li> <li>→ Watch the rest of the video that outlines the instructions for the challenge.</li> <li>Students study the concepts of Sound and Acoustics → research designs to minimize sound pollution, generate an initial design concept and describe in their student workbook or abbreviated worksheet.</li> <li>(1 workbook or worksheet per student suggested)</li> </ul>
Class #2  Work Time and Testing Possible Closing Questions and Activities	Students will finish their designs, test, and summarize findings in the Student Workbook or the Abbreviated Worksheet.  NOTE: If possible, teachers should try to dedicate a "quiet space" for students to have an effective testing area. This testing area can be a corner of the classroom or a space in the outside hallway.  Class Discussion Question: After learning about Sound Pollution and the damage that it can do (at seemingly low levels of noise), how much hearing loss do you think you've suffered?  Consider watching short Ted Talk suggested by Therese Stockard of Lewisville High School on how hearing can be damaged: <a href="https://www.ted.com/talks/heather_malyuk_can_loud_music_damage_your_hearingg">https://www.ted.com/talks/heather_malyuk_can_loud_music_damage_your_hearingg</a>

#### INTRODUCTION TO ENGINEERING TOMORROW:

• Click <u>here</u> to see an introduction of what Engineering Tomorrow can do for your students.

#### INTRODUCTION TO THE ENGINEERING DESIGN PROCESS:

- Students should complete the Engineering Design Process Introduction Activity before starting the lab
  - NOTE: This activity only needs to be completed before the student's <u>first</u> ET lab, not repeated for every lab.

#### **TEACHER NOTES:**

• In this lab, students are introduced to the basics of sound, where they will learn about vibrations,



frequency, pitch, and real world examples of how these affect our ears. The students will then conduct a lab experiment, trying to reduce the noise pollution of a certain sound.

- Students will work through the Sound & Acoustics: <u>Student Workbook</u> or the <u>Abbreviated Student</u> Worksheet.
  - When assigning this lesson on Google Classroom, <u>first make a copy</u> of the slides to save within your Google Drive, <u>then assign so that each student has their own copy</u>.
  - The workbook and worksheet are designed to be interactive so that students can type directly into the files. It is suggested that the workbook or worksheet be completed over a few class periods (as the information is delivered to students).
  - Students may work individually or within groups at the discretion of the instructor.
- We have provided students with post-lab activities to look into in case they finish the lab early or if they are waiting while other students are testing their sound barriers. These post-lab activities can be found at the end of the Student Workbook.

#### **ASSESSMENT:**

- Informal assessments can be completed by looking at the reflection slides within the Student Workbook and/or the discussion questions in the Abbreviated Worksheet.
- **Answer Keys** can be found here for the:
  - Student Workbook Answer Key
  - Abbreviated Worksheet Answer Key

#### TROUBLESHOOTING TIPS:

- Make sure students understand definitions and concepts of sound before creating their own sound barrier
- Caution students not to leave their buzzer connected to the battery for extended periods so that the buzzer works at peak level when testing their design iterations.

#### **OPTIONAL ACTIVITIES:**

- Continue research into Noise pollution, architectural acoustics, musical acoustics
- Describe echolocation and harmful effects extraneous noise may have for this process.
- Delve into a Digital Audio Workstation to create, manipulate and put sounds together to create a sound file (Examples include: Logic Pro, FL Studio, Ableton)

ADDITIONAL TEACHING RESOURCES:	
Curriculum Connections:	Students will be able to:  Identify basic terms related to sound Understand the effects of noise pollution Design a sound barrier to reduce levels of noise pollution Learn about career opportunities related to sound Learn about how to record data related to sound



### **Content Vocabulary/Terms:**

- Pitch: the quality of a sound (high / low)
- Sound: created when something vibrates and sends out waves of energy
- Frequency: is the number of times per second that a sound pressure wave repeats itself
- Vibration: causes the air molecules next to it to move, which causes a chain reaction all around that we call a sound wave

#### **NEXT GENERATION SCIENCE STANDARDS:**

<u>HS-ETS1-2</u>: Design a solution to a complex real-world problem by breaking it down into smaller, more manageable problems that can be solved through engineering.

#### **MATERIALS:**

TEACHER'S KIT					
Materials will be distributed throughout the class.					
Item/Link	Quantity	Photo			
<u>Jumper Wires</u>	6				
<u>Buzzers</u>	3	OR OR			
Masking Tape	1	Scotol Same Price Control Cont			

STUDENT KIT ITEMS				
1 kit: 3 students				
Item/Link	Quantity	Photo		
AA Battery	1	DURACELL		
<u>Buzzer</u>	1	OR OR		
<u>Battery Holder</u>	1	Adda · · · · · · · · · · · · · · · · · ·		



<u>Jumper Wires</u>	2	
Sound Panel	1	