



The repetitive stutter of a machine gun, shocking boom of mortars, the deafening drone of helicopter rotors-- the sounds of war are hard to ignore and can leave many Veterans with permanent hearing damage.

(CBS DFW News Tinnitus Video)

Tinnitus is the [number one disability among Veterans](#) returning from war and it affects a minimum of 1 in every 10 American adults.

In fact, there are millions of people in the U.S. who have tinnitus. People with severe tinnitus may have trouble hearing, working or even sleeping.

Do you hear a ringing, roaring, clicking or hissing sound in your ears? Do you hear this sound often or all the time? Does the sound bother you? If you answer is yes, you might have tinnitus and should contact our licensed Audiologist, Michael Gehan, M.S., CCC-A. Michael is licensed through the Texas Department of State Health Services.

Studies show up to half of all veterans returning from war suffer from tinnitus. It's an invisible injury often linked to repetitive loud noises. "Sometimes it's so overwhelming you can't focus or you can't communicate, you can't sleep," Vaught said after enduring the explosive sounds of war in Iraq, Allen Vaught may have been looking forward to silence. **DALLAS (CBSDFW.COM)**

According to the NIH, treatment depends on the cause. Treatments may include hearing aids, sound-masking devices, medicines and ways to learn how to cope with the noise.

NIH: National Institute on Deafness and Other Communication Disorders

Email your questions to: achievehearing@gmail.com or visit our website at achievehearing.com for more information on hearing loss.

References:

CBS DFW NEWS

[Implant Could Give New Hope For Tinnitus Patients](#)

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[National Library of Medicine. National Institutes of Health. National Institute on Deafness and Other Communication Disorders.](#)

[MedlinePlus](#)