



Weston High School

Meghan Conetta, Principal
Parthena Proskinitopoulos, Assistant Principal
Nicholas Torres, Assistant Principal
Mark Berkowitz, Athletic Director
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March 6, 2026

Dear Weston Students and Families,

We have more exciting events planned for this coming week at WHS. We are hosting our first Red Cross Blood Drive in many years on **Wednesday, March 11th**. It is heart warming to see the number of students who have volunteered to give blood, leaving little room for the adults. This is a good problem to have! I want to also thank the community members who have reached out to inquire if they could donate as well. We hope to expand our Blood Drive next year to include all those who would like to participate. This proves once again how giving our community is. A special thank you to Hannah Milne and Mrs. Wilson for spearheading this event.



Coming up this **Friday, March 13th, we will host our 2nd Annual Weston's Got Talent show** in our auditorium. We're looking forward to seeing this year's acts and all students will see a sneak peek of Little Shop of Horrors! Thank you to Mrs. Swezey and Mrs. LeBris for their work with our students in bringing this to fruition.

Please pay special attention to the week of March 16th. Weston High School will be following the elementary conference schedule on these days in order for our seniors to present their Portrait of the Graduate Portfolios. **March 18th & 19th are Late Arrival Days and March 20th is an Early Dismissal.**

On **March 25th we administer our SAT School Day test to all Juniors**. We run a special schedule on this day which is forthcoming. For your planning:

- Seniors do not attend school, rather they use this time to support their post-secondary planning and/or solidify their internship plan.
- Juniors attend school with a regular start time and sit for the School Day SAT and are dismissed early.
- Freshman and Sophomores have a bit of a delayed start to their day typically arriving by 8:30am for activities targeted their grades with an early dismissal as well.

Times and schedules will be provided in the next week ahead. ([SEE BELOW for the PTO SAT Boost Offerings](#))

Tri-M Music Honor Society Music Mentors

Weston High School Tri-M Music Honor Society students are working with middle school music students in the Tri-M Music Mentor program. This program was created and is run by music honor society students to connect the middle school and high school music program. Middle school students receive feedback, a practice partner and encouragement to persevere when learning an instrument or singing. High school students are given the opportunity to enhance their leadership skills and get the personal satisfaction of helping others within a program that means so much to them.



Math Honors Society - SAT Prep

The Math Honors Society is offering free SAT prep ahead of our March 25 School Day Test. Sessions will take place:

- Mondays: 3/9, 3/16 and 3/23
- Wednesdays: 3/4, 3/11, and 3/18

All sessions meet in room E8 from 2:30-3:30. The more the merrier!

Cardiac Screenings for Students

In A Heartbeat, a CT based nonprofit organization, will be providing cardiac screenings on Thursday, March 26 from 2:30-5:30 pm at Weston High School (athletic entrance). It is open to any elementary, middle, and high school students.

[Click here to learn more about In A Heartbeat.](#) The event will be staffed with volunteer technicians who answer any questions you may have. Parents will receive EKG results from “In A Heartbeat” within two weeks. The event is voluntary and pre-registration is encouraged [Click here to register your child for this screening.](#)

Please [refer to the email](#) sent by our Nursing Supervisor, Kristen Abreu on March 4th.

FREE Cardiac Screening Event

In A Heartbeat

Thursday, March 26, 2026
Weston High School
115 School Road, Weston, CT
2:30-5:30 PM

REGISTER

Why sign up for a free ECG?

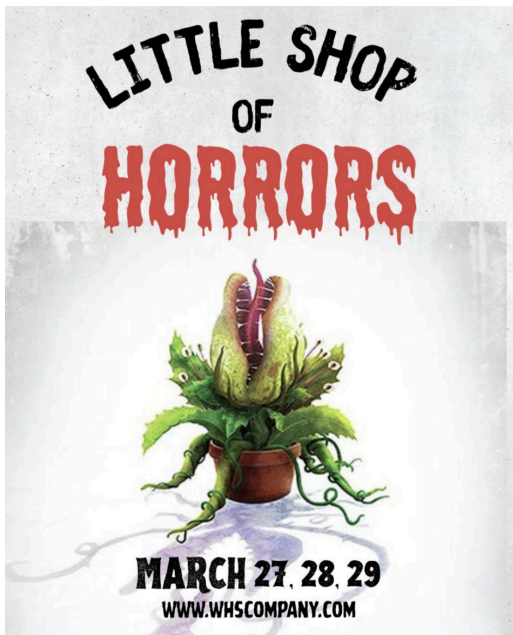
- An ECG is quick, simple, and painless
- An ECG can detect heart diseases that cause sudden cardiac death.

WHS Company Presents - *Little Shop of Horrors*

WHS Company Company is excited to bring *Little Shop of Horrors* to the stage this March and we'd love to have you all as part of the production magic! This production we have two ways for you to support:

1. Congratulatory & Business Ads

Show your support by placing an ad in our show program! Ads can celebrate a member (or members) of the cast, crew, or pit orchestra, or spotlight a local business you'd like to promote while supporting student theatre. It's a meaningful way to cheer on our students and strengthen our school–community connection! [Purchase Program Ad](#)



2. Become a Production Sponsor

This year, you can take your support of WHS Company even further by becoming a **Company Sponsor**. Sponsors directly support our club and help bring this production to life—both onstage and behind the scenes. All sponsors will be recognized in our program and on a sponsorship poster displayed in the lobby during show weekend, and will have the opportunity to select tickets before public sales. [Company Sponsorship](#)

Thank you for supporting student performers and helping us bring *Little Shop of Horrors* to life on stage! We hope to see you all stop by "skid row" on March 27, 28, 29th!

WHS PTO – Memorial Day 5K

Ready...Set...Register!

It's time to sign up for the 32nd Annual Weston Memorial Day Weekend 5K & Kids Fun Run sponsored by the Weston High School PTO, held on Saturday, May 23rd. Whether you're a competitive runner, a casual jogger, or just looking to enjoy a morning walk for a great cause, we invite you to join us for this premier community event.

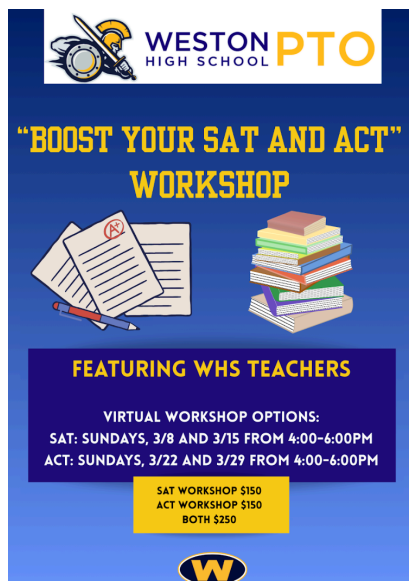
Early bird pricing won't last long, so register soon!

Register here:



<https://runsignup.com/Race/CT/Weston/WestonCTMemorialDay5KRoadRace>

SAT Boost Workshops



The WHS PTO is happy to announce that they are once again providing SAT Virtual Workshops in March. See the flyer to the left for more details. These workshops are hosted by WHS's own teachers and have proven helpful to students in the past. For more information please refer to the [PTO website](#).

Fairfield County's Community Foundation Scholarships

Great news—Fairfield County's Community Foundation scholarship applications for the upcoming school year are now open! If you know a high school senior (or soon-to-be grad) pursuing college or post-secondary training, please send them our way. The Community Foundation is one of the largest scholarship providers in the region, with over 150 funds generously established by individuals, businesses, and nonprofits. We're here to help students pursue their dreams and strengthen the future of our communities. [Complete list of available scholarships](#).

Scholarship Opportunities

As many seniors are shifting their focus from college applications to scholarship applications, Ms. Green wants to remind you that local scholarship opportunities are shared [HERE](#). This link is also available on the [WHS College and Career Counseling](#) website under Financial Aid and Scholarships.

Athletic Entrance is Open in the Morning!

I have received some feedback and want to make access to the building as smooth and easy as possible for our students and families. The middle door of the athletic entrance will be open in the morning beginning at 7am until 7:45am when the final bell rings to begin the school day. This is in an effort to also reinforce our school drop off procedures. **Families, please use the Access Road between the Intermediate School and the High School to drop off your student.** Please do not use our parking lots or School Road, it poses safety concerns for our students and student drivers. Thank you for your attention to this matter.

As always, if you have any questions or concerns, please be sure to reach out! We hope you have had a wonderful beginning to your February break. I'm looking forward to warmer temperatures this weekend and hopefully this week. Please take this time to rest and reflect.

[WHS Communication Phone List](#)

Kindly,

Meghan

Previous Letters:

[March 1, 2026](#)

[February 24, 2026](#)

[February 6, 2026](#)

Upcoming Events:

- March 11: Red Cross Blood Drive
- March 13: Talent Show Assembly
- March 18: Delayed Opening (Portrait of the Graduation Presentations - Seniors)
- March 19: Delayed Opening (Portrait of the Graduation Presentations - Seniors)
- March 19: Weston 250th Celebration Concert
- March 20: Early Dismissal (Portrait of the Graduation Presentations - Seniors)
- March 25: SAT School Day
- March 27-29: WHS Company ***Little Shop of Horrors*** Spring Musical
- April 1: Flamenco Performance (for students in our Spanish language classes)
- April 3: Good Friday (No School)
- April 6-10: Spring Break
- April 15: [Harlan Cohen](#): Post Secondary Transition (author of The Naked Roommate)
- April 16: Harlan Cohen Assembly for Students
- May 22: Junior/Senior Prom
- June 16: Class of 2026 Graduation 6pm