

[Mr./Ms. Your Name]

Address

City, State, Zip

[Date]

Honorable [Name of Senator/Representative]

Address

City, State, Zip

Dear [Senator/Representative __],

I am deeply saddened by the recent tragedies in Uvalde, Texas and Buffalo, New York. I am writing to urge you to take action to prevent future tragedies from occurring.

Regarding mental health reform, please help enact legislation supported by the American Psychological Association, American Psychiatric Association, and National Association of Social Workers to help establish best practices leading to positive outcomes for mentally ill individuals.

Regarding gun control, the following issues are supported by a majority of both Republican and Democratic voters. Please help enact legislation to: (1) prevent people with mental illnesses from purchasing guns, (2) make private gun sales and sales at gun shows subject to background checks, and (3) prohibit people from carrying concealed guns without a permit.

Thank you for your public service.

Sincerely,

[Signature]

[Name]