# From Ancient Harvest to Home Kitchen: Resources for your Plant-Based Shavuot Celebration

Wherever we are and however we celebrate Shavuot this year, we can support building a better food system inspired by Jewish values.

- Add a session about what the Torah has to say about caring for the earth and animal welfare to any Tikkun Leil Shavuot using the resources below.
- At your Shavuot meals, highlight the plants and grains that inspired this ancient agricultural festival.
- Bake plant-based breads and cakes, eat fruits from the seven species or other local produce that might be in abundance in your area, and try out dairy-alternative recipes that call for tofu, nuts, and plant-based milks and cheeses.
- *Chag Sameach* (happy holiday)!

## Shavuot Guides, Text Study, and Supplements

- Shamayim Shavuot Guide
- Hazon's Resources for Shavuot
- JIFA's Shavuot Text Study Guide (Shavuot coming soon)!
- Jewish Veg Shavuot Recipes

## Plant-Based Recipes for Your Celebration

- New York Style Cheesecake
- Raw Strawberry Cheesecake
- Super Fluffy Vegan Saffron Cake Recipe
- Blueberry Blintzes
- Magic One-Ingredient Ice Cream
- Shivat HaMinim Salad
- Plant-Based bread recipes - can you create long loaves with four heads?
- Homemade Dutch Oven Bread
- Vegan Baked Brie