



From Ancient Harvest to Home Kitchen: Resources for your Plant-Based Shavuot Celebration

Wherever we are and however we celebrate Shavuot this year, we can support building a better food system inspired by Jewish values.

- Add a session about what the Torah has to say about caring for the earth and animal welfare to any Tikkun Leil Shavuot using the resources below.
- At your Shavuot meals, highlight the plants and grains that inspired this ancient agricultural festival.
- Bake plant-based breads and cakes, eat fruits from the seven species or other local produce that might be in abundance in your area, and try out dairy-alternative recipes that call for tofu, nuts, and plant-based milks and cheeses.
- *Chag Sameach* (happy holiday)!

Shavuot Guides, Text Study, and Supplements

- [Shamayim Shavuot Guide](#)
- [Hazon's Resources for Shavuot](#)
- [JIFA's Shavuot Text Study Guide](#) (Shavuot coming soon)!
- [Jewish Veg Shavuot Recipes](#)

Plant-Based Recipes for Your Celebration

- [New York Style Cheesecake](#)
- [Raw Strawberry Cheesecake](#)
- [Super Fluffy Vegan Saffron Cake Recipe](#)
- [Blueberry Blintzes](#)
- [Magic One-Ingredient Ice Cream](#)
- [Shivat HaMinim Salad](#)
- [Plant-Based bread recipes](#) - can you create long loaves with four heads?
- [Homemade Dutch Oven Bread](#)
- [Vegan Baked Brie](#)