



## After School Activities Upper School (Season 3) March 16-May 13, 2026

Thank you for choosing the AISOY ASA program. You can make choices from the below activities. Please fill out the online registration form to register your child/ren.

Thank you for your cooperation. Registration closes- Feb 25, 2026

| Teacher                                                        | Activity                                                                         | Venue                    |
|----------------------------------------------------------------|----------------------------------------------------------------------------------|--------------------------|
| <b>Monday</b>                                                  |                                                                                  |                          |
| Hodiya and Grasiela<br>Supervisor- Ms. Nefertiti<br>Metuge     | Global Issues Service Summit<br>Club(GISS) End on March 30<br>(Student Led Club) | Room #111                |
| Ernest Asante-Agyei                                            | Expressive Gesture & Character —<br>Figure Drawing                               | Art room 6               |
| <b>Tuesday</b>                                                 |                                                                                  |                          |
| Mr. Jacob Akundo                                               | SAT prep (Gr 10-11)                                                              | Physics Lab Room<br>#128 |
| Bruno and Josly<br>Supervisors- Ms. Greca and<br>Ms. Nefertiti | Yearbook (whole year commitment)<br>(Gr 6-12)<br>(Student Led Club)              | Room #120                |
| Ms. Elizabeth Mensah                                           | Math homework club                                                               | Learning Support<br>Room |
| <b>Wednesday</b>                                               |                                                                                  |                          |
| Sheila Kilu and Gienna<br>Supervisors- Mr. K                   | Parrot's Chirp Newsletter<br>(Gr 6-12)<br>(Student Led Club)                     | Room #122                |
| Mr. Dancan Odhiambo                                            | STEM (Gr 9-10)                                                                   | Room # 124               |
| Minko Darile Ethan                                             | Dance (Gr 6-12)<br>20000 CFA                                                     | Room #121                |
| <b>Thursday</b>                                                |                                                                                  |                          |



|                                                                   |                                                                                  |              |
|-------------------------------------------------------------------|----------------------------------------------------------------------------------|--------------|
| Ms. Greca and Ms. Judith                                          | FIFA Grassroots Soccer Programme (Gr 3-6, boys and girls)<br>Year Long Coaching) | Soccer Field |
| Rachel Mwakughu                                                   | High School Band (Gr 6-12)                                                       | Music Room   |
| Emmanuel Pondi and SALI Aicha<br>Supervisors- Mr. K and Ms. Pondi | MUN (Model United Nation)<br>(Gr 6-12)<br>(Student Led Club)                     | Room #122    |

## Activities Description

Please see detailed information about the activity on the following pages. Make sure you read all the information carefully before signing up for an activity.

### Monday

#### **Global Issues Service Summit Club(GISS) (Student Led Club)**

Interested in making a positive change in your environment? Be a risk taker and be part of the GISS club! Get a chance to work with and create great partnerships with national and international institutions and in the process look for sustainable solutions to a variety of local and global problems. GISS Club strives to encourage empathy, international mindedness, leadership, collaboration and the list goes on.

#### **Expressive Gesture & Character – Figure Drawing (Gr 6-12)**

Students will: Engage in gesture drawing exercises to efficiently capture movement, rhythm, and fundamental proportions through the use of simple lines and geometric forms. Identify key anatomical landmarks—including the head, shoulders, chest, torso, and limbs—and learn to construct poses utilizing stick figures and basic shapes. Enhance technical skills in line quality and contour rendering, while applying subtle shading techniques to suggest volume without excessive detail. Explore stylistic variation by transforming anatomical studies into creative character representations that emphasize expression and personality. Practically observe peers and draw.

### Tuesday



### **Yearbook- Year long commitment (Gr 6-11) (Student Led Club)**

The Yearbook team documents the important events at AISOY including sports, AISOY Greek Olympics, daily life, fun moments, NHS or STUCO events, birthdays, staff gatherings, whole AISOY community events such as Sharing Our Culture, Christmas Concert, fairs, prom, graduation, and others. Using Canva for our design process, students must bring their own device for this ASA. This is a CAS activity - and we'll be looking for team leaders.

### **Math Homework Club (Gr 6-12)**

The Math Homework Club will provide students with additional support to review class concepts, complete homework, and strengthen foundational Math skills. During each session, students will receive guided assistance, step-by-step explanations, and strategies to improve problem-solving and Mathematical reasoning. The club will create a supportive and encouraging environment where students can ask questions and build confidence in Math.

### **SAT prep (Gr 10-11)**

Students will be guided to complete SAT Practice papers in preparation for the SAT exams in March, April, May and June

## **Wednesday**

### **Gymnastics (Gr 3-8) (Paid activity- 20000 CFA)**

Artistic gymnastics is an athletic discipline consisting of performing acrobatic movements. Students will learn basic gymnastics skills while improving balance, coordination, and flexibility in a fun and supportive environment.

### **Parrot's chirp Newsletter(Grades 6-12) (Student Led Club)**

The purpose of the newsletter in our school community is to keep people updated. The target audience will be both students and parents. This will get both parents and students to be alerted to the different events that took place in school. Through this newsletter, parents will equally be able to know what their children are learning in their school environment.

### **Dance (Gr 6-12) (Paid activity- 20000 CFA)**

Sevillanas is a traditional dance from Andalusia, in southern Spain. Students will learn the basic steps of the Sevillanas dance and if we have more time, they will also do Flamenco.

### **STEM (Gr 6-12)**

The STEM Innovation Club is designed to engage students in hands-on, project-based



learning across Science, Technology, Engineering, and Mathematics (STEM). Through experiments, design challenges, coding activities, and collaborative projects, students will develop problem-solving, creativity, critical thinking, and teamwork skills.

Participants will explore real-world problems and apply scientific and mathematical concepts using modern tools such as programming, robotics, data analysis, and digital design. The club encourages innovation, curiosity, and confidence in STEM-related fields.

## Thursday

### **FIFA Grassroots Soccer (Gr 3-6)**

The FIFA grassroots programme is a way for players to learn age-specific fun skills and develop these at their own pace through unopposed warm ups and actual games. Players must play fair at all times and must learn to respect their peers and coaches with regards to language and behavior in and out of the turf. Drills and games are inclusive to create meaningful experiences. As young players, they are not allowed to do headers to protect their brain from injury. If they forget this, the other team gets a free kick. Just something to think about. They may also have a chance to play with outside teams, but grassroots rules will prevail. GOAL!

### **High School Band (Gr 6-12)**

Students who have already an experience of playing an instrument for a year- Assembling and taking care of Instruments, techniques and notes, playing as an ensemble- violin, flute, clarinet, trumpet, saxophone, trombone, 1 Bass and electric guitar, 1 Electric piano player, 1 drummer. This will eventually lead up to playing as a band for School events.

### **MUN (Model United Nation)(Gr 6-12) (Student Led Club+Advisors)**

The main goal of our MUN is to empower students with diplomatic and debating skills while encouraging a deeper understanding of global issues. Through MUN, students enhance their public speaking, negotiation, and critical thinking abilities, preparing them to go through international discussions with confidence. We have as a final project of organizing a mini Mun here at school.

**Enjoy ASA activities**