

Southwestern Steak, Corn and Black Bean Wraps

Servings: 2

From

<http://www.myrecipes.com/recipe/southwestern-steak-corn-black-bean-wraps-10000001072207/>

Ingredients

Kernels from one ear of cooked corn
1/4 cup chopped fresh cilantro
1 tablespoon minced red onion
1 tablespoon lime juice
1/2 tablespoon extra virgin olive oil
1/4 teaspoon ground cumin
1/8 teaspoon freshly ground black pepper
1 (15-ounce) can black beans, rinsed and drained
1 cup chopped Basic Grilled Flank Steak
2 (8-inch) fat-free flour tortillas
4 tablespoons grated Monterey Jack cheese with jalapeño peppers

Preparation

- 1) Combine first 8 ingredients, stirring well to coat.
- 2) Arrange about 1/2 cup Basic Grilled Flank Steak down center of each tortilla. Top each tortilla with about 1/2 cup corn mixture and 2 tablespoons cheese; roll up and serve.