Hello Coaches,

We are looking forward to hosting the Sebastian River 33rd Annual Shark XC Invite this Saturday, October 24, 2026. I apologize for not getting the info out and clearly stated earlier. If you still have questions, email me at Marianne.day@indianriverschools.org .

IF YOU HAVE NOT MAILED YOU CHECK, PLEASE BRING IT WITH YOU TO ENSURE YOUR SPOT IN THE RACE.

WE WILL NOT HAVE A TRAINER DURING OUR MEET.

It looks like we have an impressive field of athletes, and so the schedule will need to change a bit.

New plan:

7am Coaches meeting at the finish line

7:30am Men's Varsity (7)

8:00am Women's Varsity (7)

8:30am Combined JV (unlimited)

9:15 am Combined Middle School

Individual awards at the finish of each race (I think)

We will do our Recognition for our Senior student-athletes of SRHS.

After that, I will invite coaches to recognize their Seniors if they would like to grab the microphone say your name, the name of your school and read off the names of their seniors and maybe a sentence about each one. Don't feel obligated to do this, but if you would like the opportunity, please take it. If you just want us to read their names, I will have a paper their for you to fill out (names only) but you risk me botching pronunciation of names.

Team Awards following Senior Recognition (Varsity Champion, Runner-Up Men and Women and Champion Middle School boys and girls)

Ok, that's the plan for today!

Look forward to a great race!

Marianne Day

Sebastian River High School

Cross Country