

Lonnie Rubis

High School: Graduated 1958

- Wrestling
 - Three-time State Qualifier
 - Fourth as a Sophomore and State Runner-up as a Senior

College: University of Minnesota

- Two-time All-American
- Captain as a Senior
- Big Ten Champion and National Runner-up at the NCAA Division I National Championships
- Only loss is to the Defending National Champion in the Finals

Professional:

- Qualified for the 1964 U.S. Olympic Trials
- Wrestling Coach