



Dear Parents,

Year 7 and 8 Lifesaving

As part of the Physical Education / Health / Personal Development program, students from Year 7 and 8 will be involved in the lifesaving program in Week 9 of Term 4. It is important that all students attend (non-swimmers included) as the college will be able to record students' ability for future excursions that involve water activities and swimming.

The program will run on the following afternoons at the Armidale Aquatic Centre from;
12noon to 3:20pm Monday 5th of December to Friday 9th December.

All standards of swimming are catered for, ranging from learn to swim to the Bronze Star Award. All staff members accompanying the students are trained RLSSA instructors and have CPR qualifications. Cost of the program is \$4.00 entry each day to the pool. Other costs have been included in the Sports Levy paid earlier this year. If your child gains a bronze star award, an additional fee (of \$5) will be required to cover the award.

Students will go to school each morning for a normal period 1 and 2 and Break A and walk to the pool at 11.40 am (the end of Break A) to complete their lifesaving skills sessions until 3:20 pm. Students will be dismissed from the pool at 3:20pm each day.

Could you please fill in the swimming ability of your child and any medical conditions the school needs to be aware of by completing the following electronic permission form (this form can also be found on Compass):

<https://forms.gle/4S1K4us1sMQcsknE6>

If you have any questions regarding the arrangements for this valuable program do not hesitate to contact the College.

Yours Faithfully,

Mrs Camilla Clydsdale
2022 Lifesaving Program Coordinator
PDHPE Leader of Learning

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