## **Advisory, Freshman Trimester 1**

## **Learning Styles Reflective Essay**

## Complete a one page essay reflecting on what you have learned about Your Learning Styles. Think about the following:

- According to the Learning Styles Assessment, what was your strongest learning style?
- What does this learning style say about you? Were you surprised by the results?
- How might you use that learning style to improve your academic success?
- How can you use your learning style to prepare for quizzes and tests?
- How might this learning style help you after you graduate high school?