

Ride Plan

New England Backways Adventure Trail

Enclosed you will find a daily description of the ride and associated plans. You will also find an SD card for your gps unit. This card contains all the custom ride maps which have been created for the ride. You should install this SD card into your gps prior to the ride and check to see that it is working properly.



About the ride

TBD

Ride Navigation: This is a self-led GPS ride; all riding is on your own. You are responsible for your own riding. You will be given a GPS map file and instructions on how to use your Garmin GPS unit. People will hook up in small groups of less than 6 riders and tend to ride together. You are not encouraged to ride alone. You are responsible for your own riding and yourself.

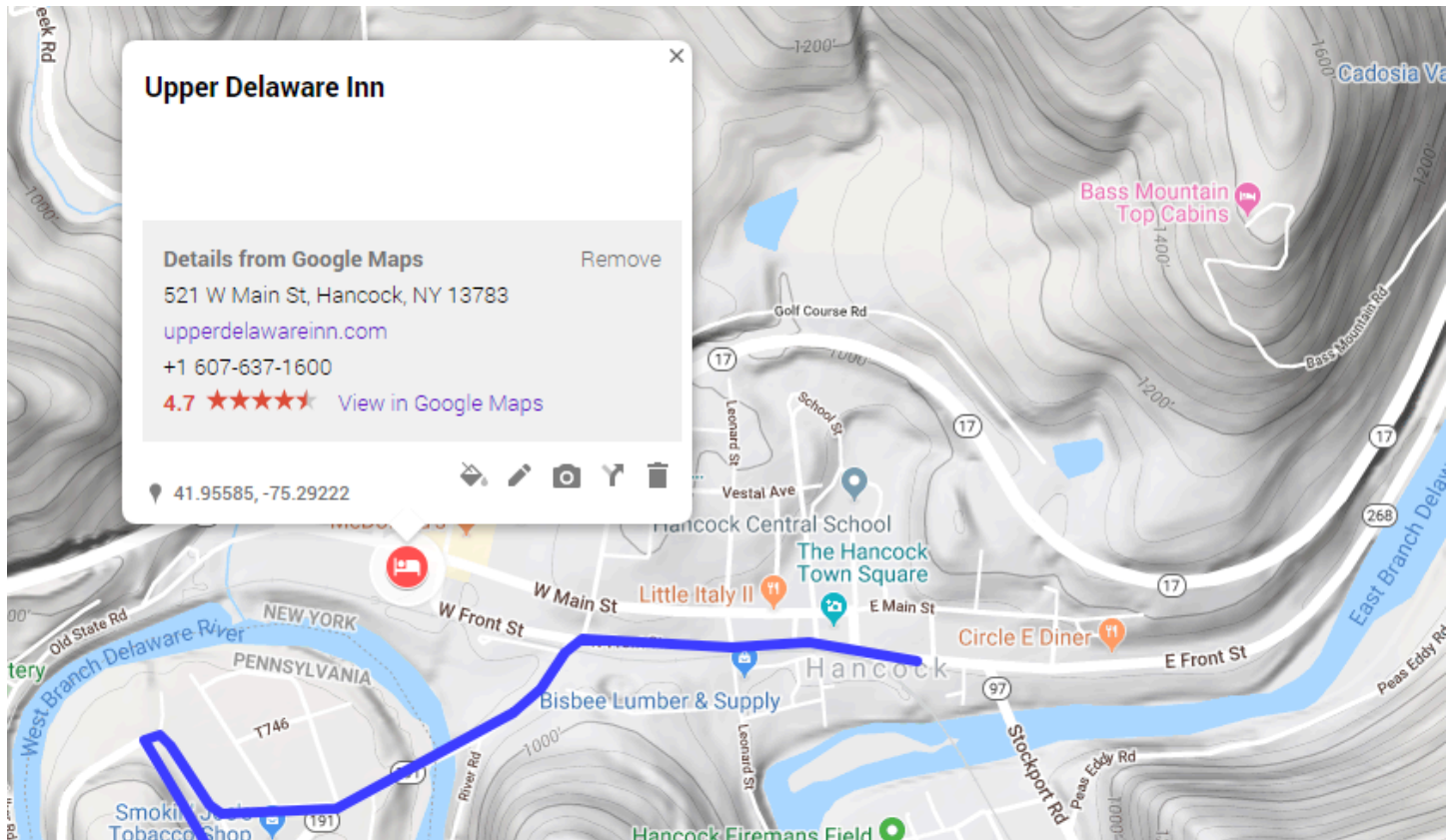
Riding in small ride groups: Riders choose their own riding groups and riding buddies. Riders are encouraged to hook up in groups of less than 6 riders and ride together as buddies. The ride is setup with meetup checkpoints called "Ride Donuts". During the ride, riders meet up at these Donuts to check in with each other. If a rider turns up missing, the ride group will decide to go back and

discover the issue. It is important to follow the rules of the group so that everyone has a good time. Riders should change ride groups each day in order to meet and get to know other riders. Ride Donuts are explained at the end of this document.

Friday July 3rd, 2020 Ride 0 Hancock, NY

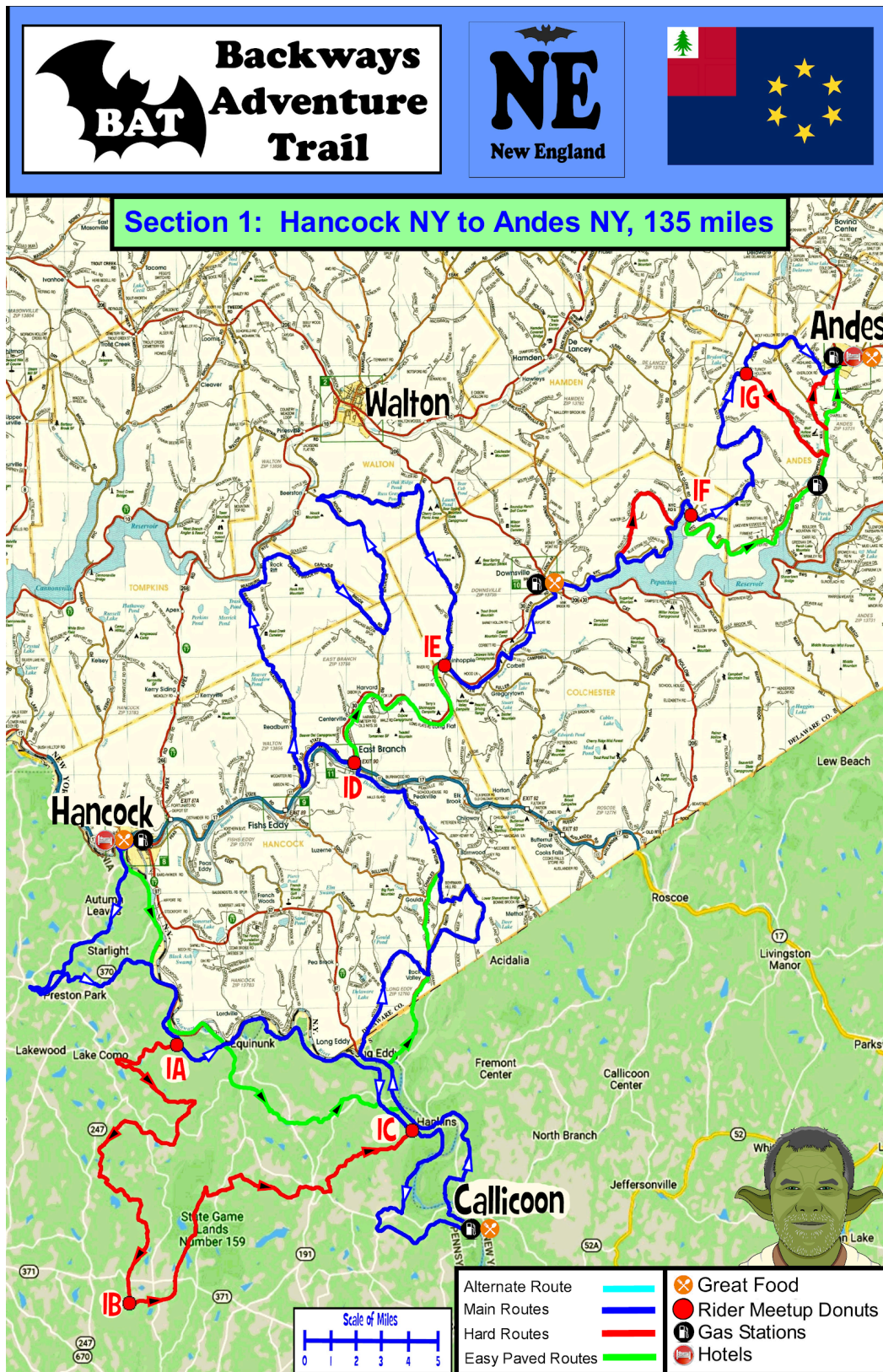
Lodging: [Upper Delaware Inn](#): 521 W Main St, Hancock, NY 13783 +1 607-637-1600

Riders travel to the start TBD



Saturday July 4th 2020 Ride 1 Andes, NY

Lodging: [The Andes Hotel](#): 110 Main St, Andes, NY 13731 +1 845-676-4408



Ride length: 135 miles

Gas Plan: TBD

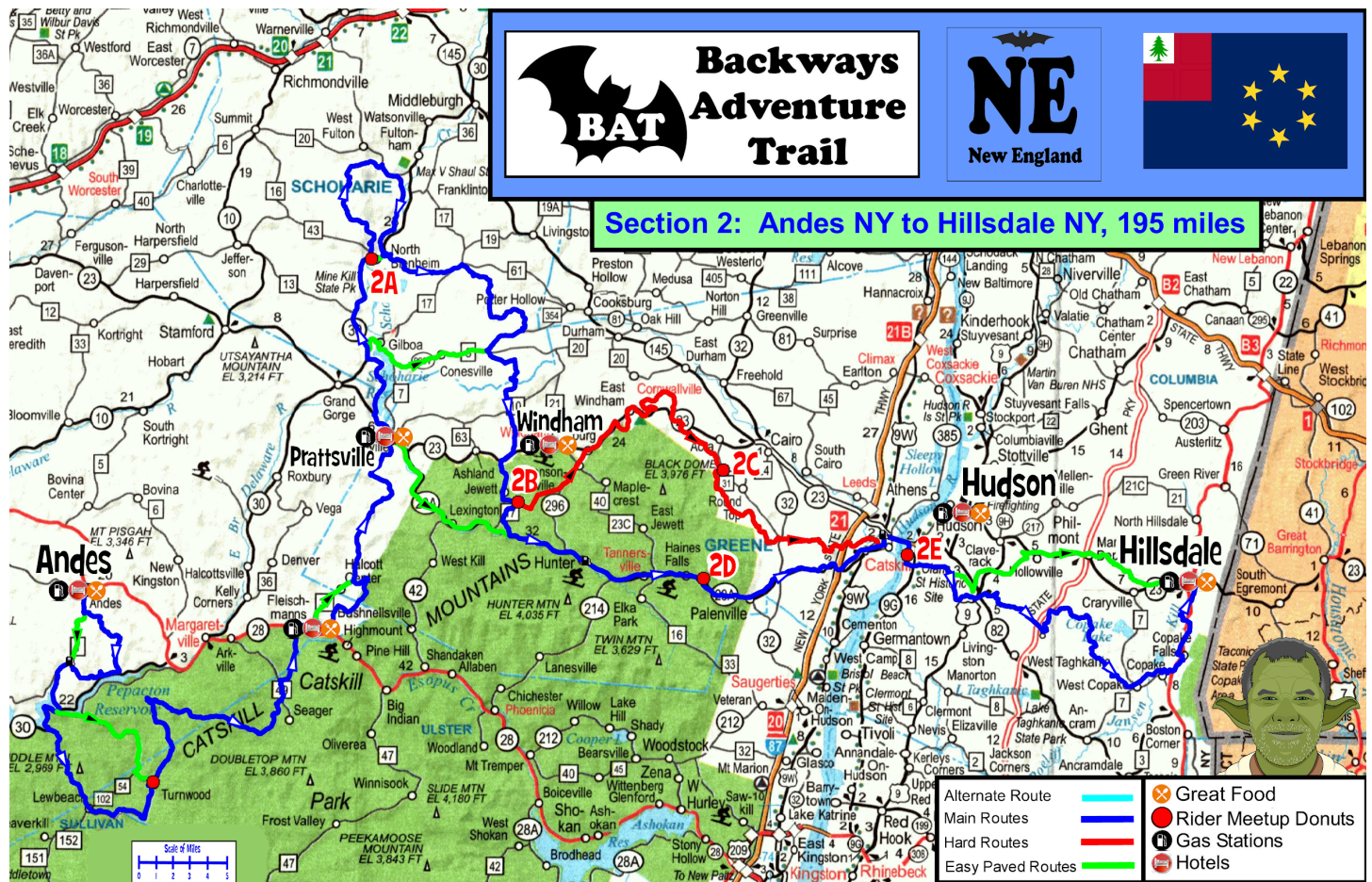
About:



Breakfast: TBD
Lunch Plan: TBD
Dinner Plan: TBD

Sunday July 5th 2020 Ride 2 Hillsdale, NY

Lodging: [Holiday House Motel](#): 2871 NY-23, Hillsdale, NY 12529 +1 518-325-3030



Suggestion: Start

Ride length: 195 miles

Gas Plan: TBD

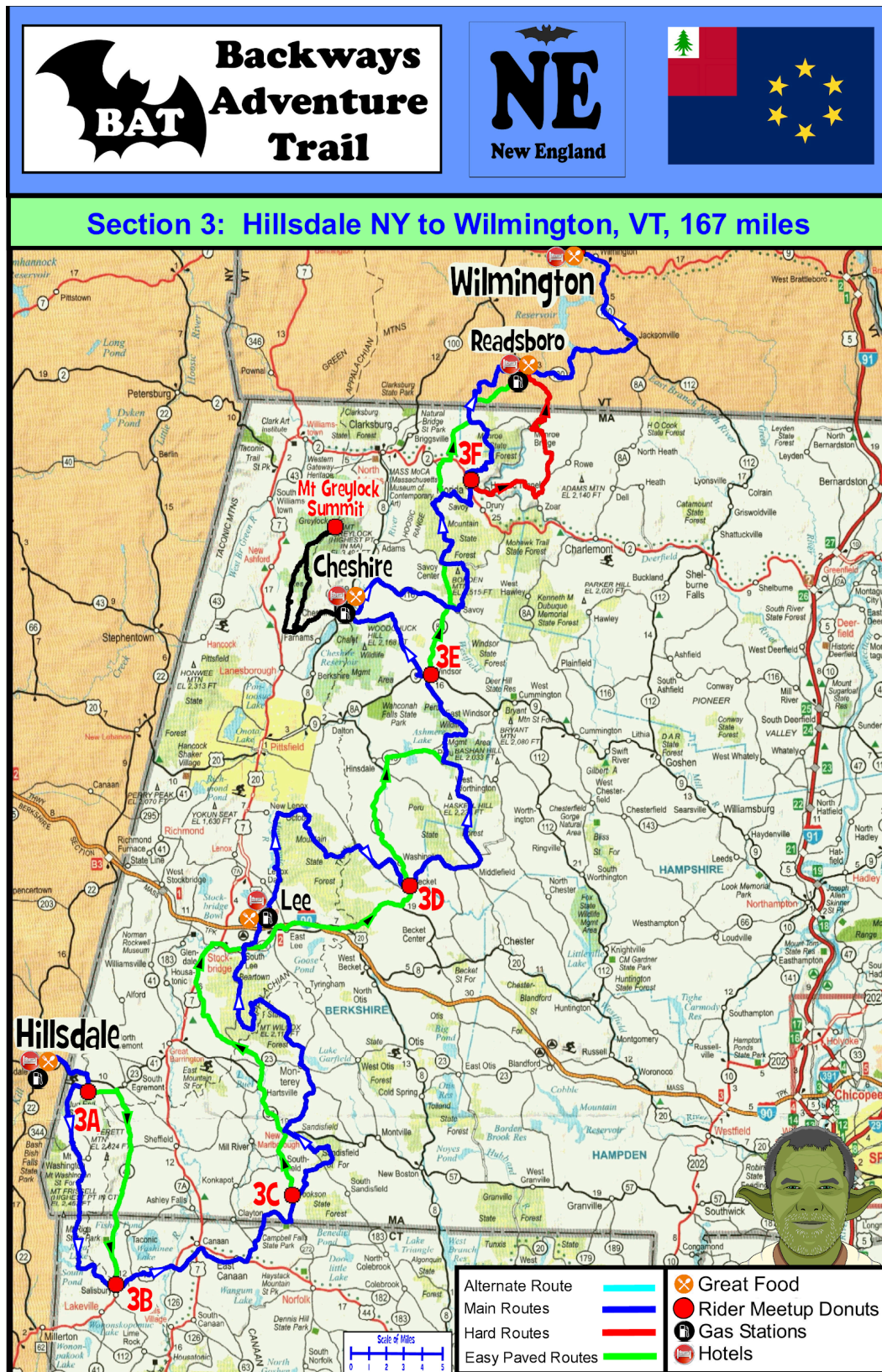
About:



Breakfast: TBD
Lunch Plan: TBD
Dinner Plan: TBD

Monday July 6th 2020 Ride 3 Readsboro, VT

Lodging: Vintage Motel: 195 VT-9, Wilmington, VT 05363 802-464-8824



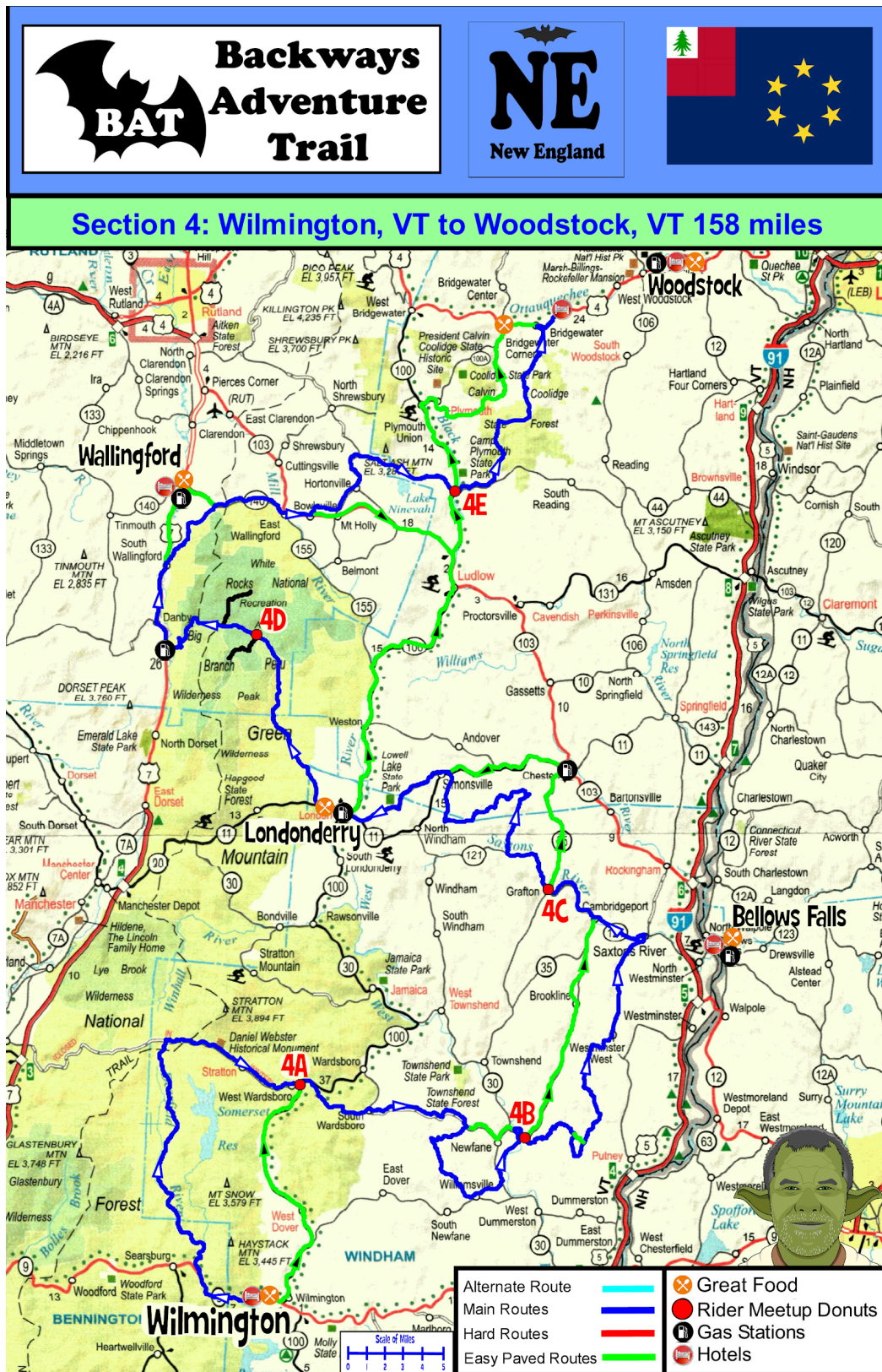
Suggestion: Start
Ride length: 167 miles
Gas Plan: TBD
About:



Breakfast: TBD
Lunch Plan: TBD
Dinner Plan: TBD

Tuesday July 7th 2020 Ride 4 Woodstock, VT

Lodging: [Sleep Woodstock Motel](#) 4324 W Woodstock Rd, Woodstock, VT 05091 802-332-6336



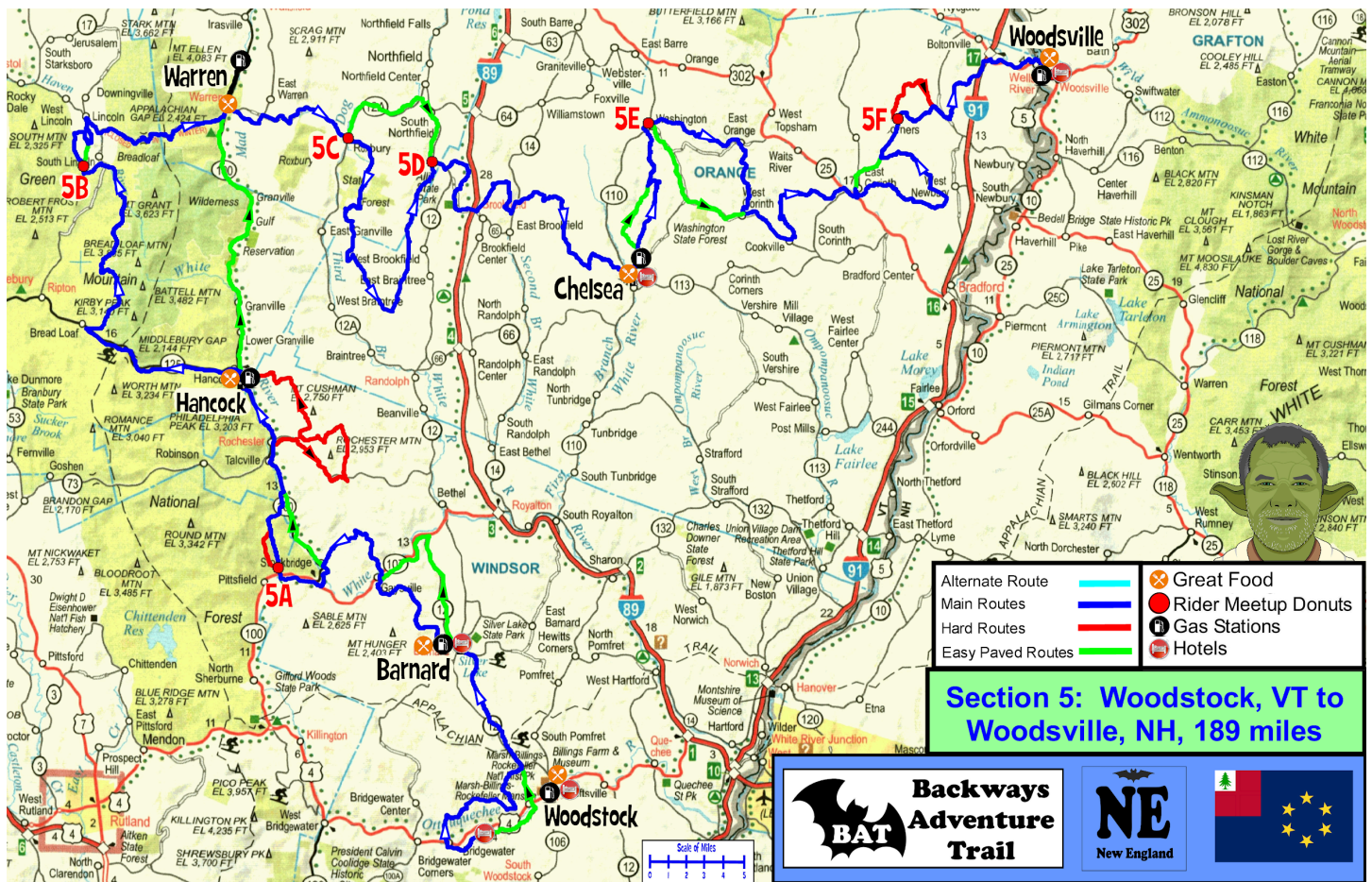
Suggestion: Start
Ride length: 158 miles
Gas Plan: TBD
About:



Breakfast: TBD
Lunch Plan: TBD
Dinner Plan: TBD

Wednesday July 8th 2020 Ride 5 Woodsville, NH

Lodging: [Nootka Lodge](#): 4982 Dartmouth College Hwy, Woodsville, NH 03785 +1 603-747-2418



Suggestion: Start

Ride length: 189 miles

Gas Plan: TBD

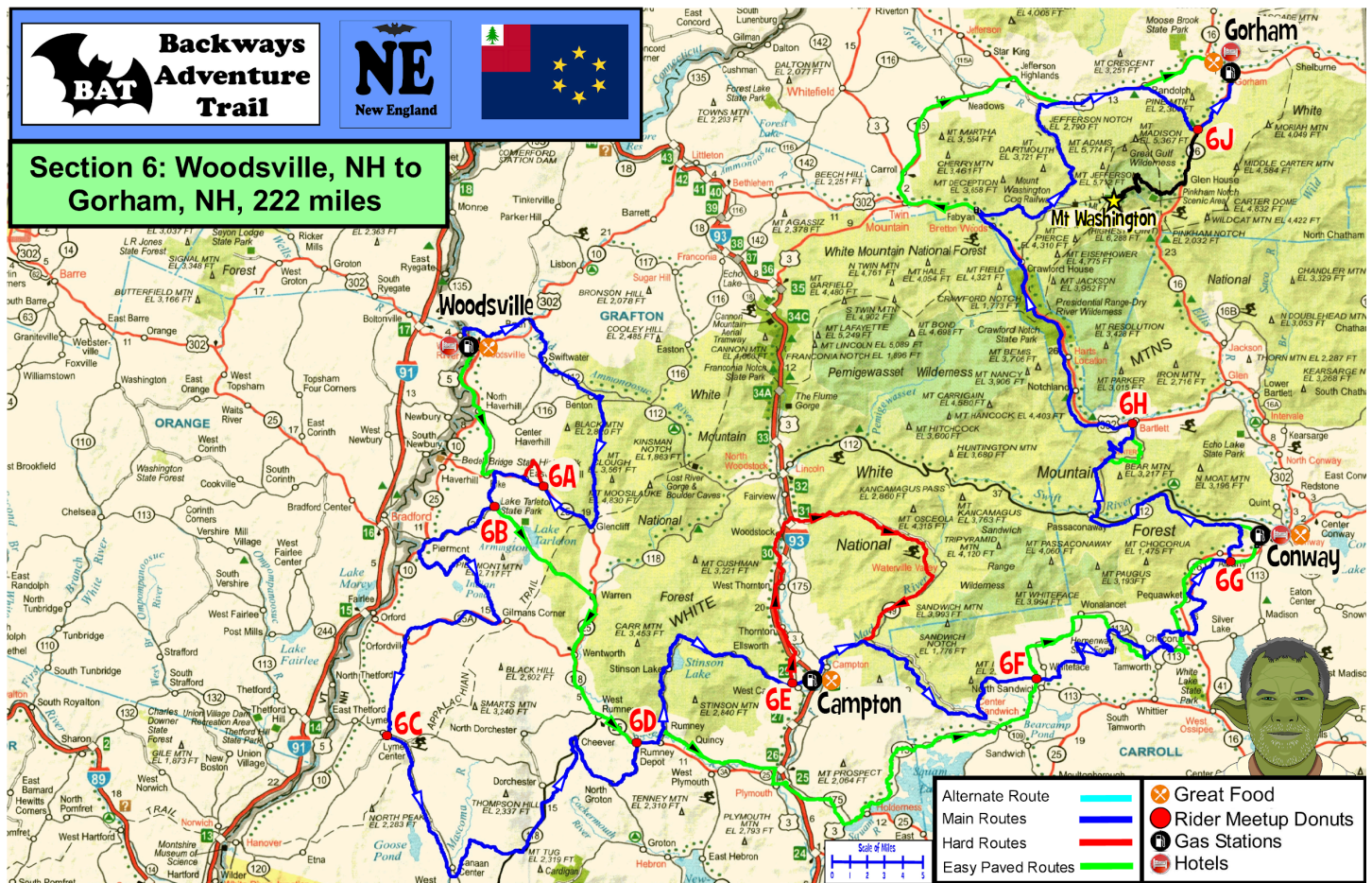
About:



Breakfast: TBD
Lunch Plan: TBD
Dinner Plan: TBD

Thursday July 9th Ride 6 Gorham, NH

Lodging: [Top Notch Inn](#): 265 Main St, Gorham, NH 03581 +1 800-228-5496



Suggestion: Start

Ride length: 219 miles

Gas Plan: TBD

About:

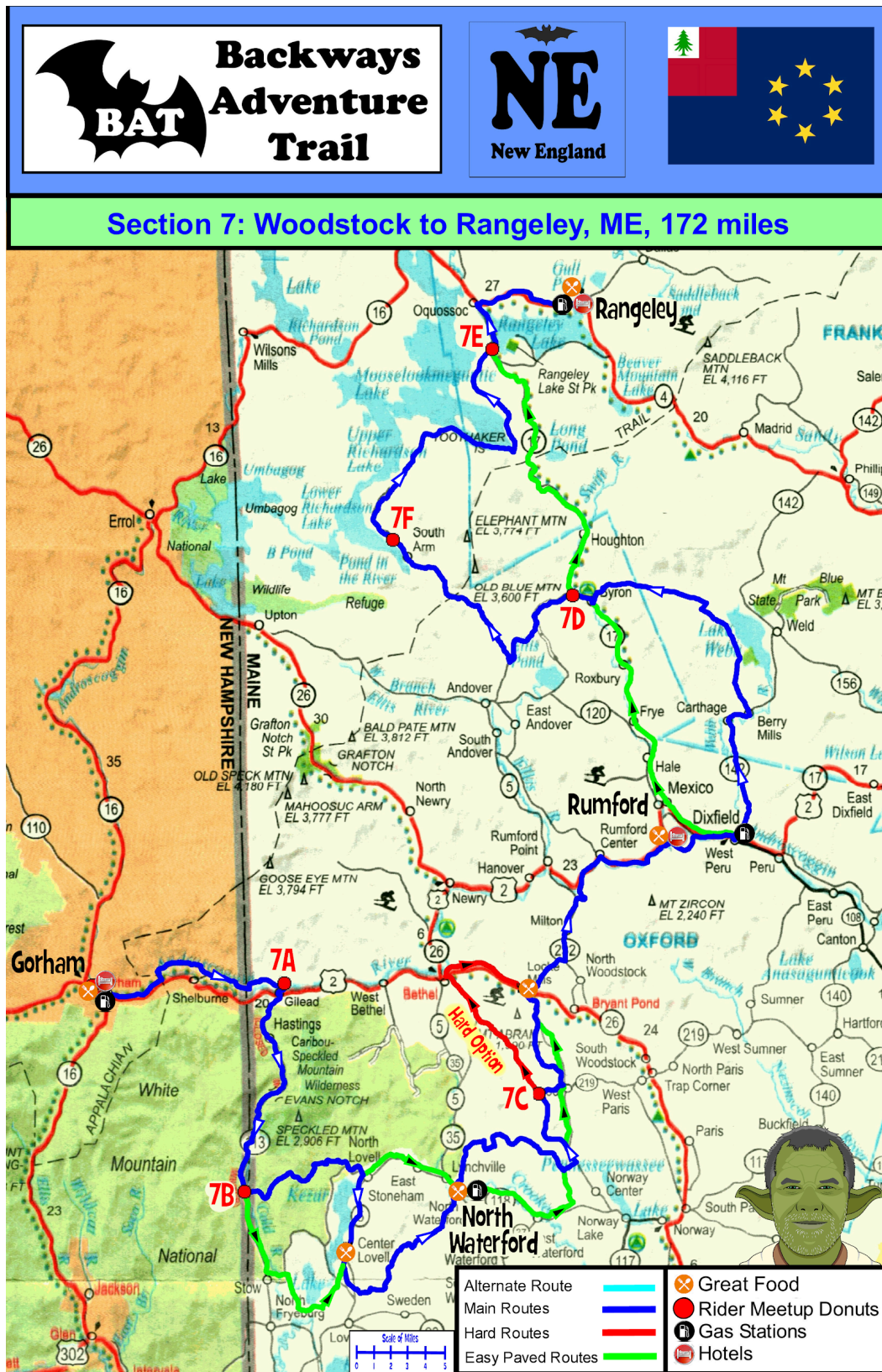


Breakfast: TBD
Lunch Plan: TBD
Dinner Plan: TBD

Friday July 10th 2020 Ride 7 Rangeley, ME

Lodging: [Town & Lake Motel](#): 2668 Main St, Rangeley, ME 04970 207-864-3755

Suggestion: Start
Ride length: 164 miles
Gas Plan: TBD





About:

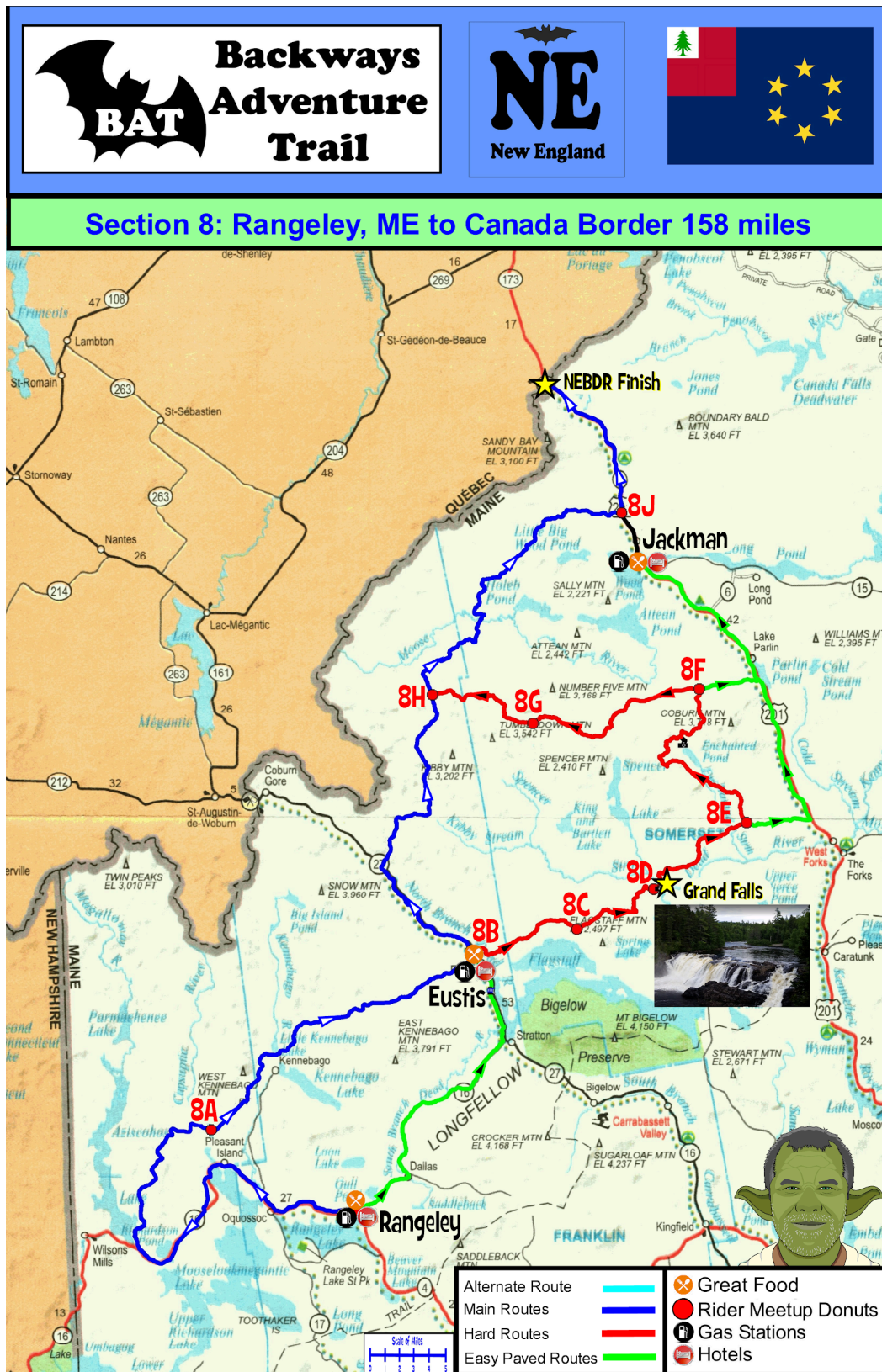
Breakfast: TBD

Lunch Plan: TBD

Dinner Plan: TBD

Saturday July 11th 2020 Ride 8 Jackman, ME

Lodging: [Bishops Motel](#): 461 Main St, Jackman, ME 04945 +1 207-668-3231



Suggestion: Start
Ride length: 150 miles
Gas Plan: TBD
About:



Grand Falls

Breakfast: TBD

Lunch Plan: TBD

Dinner Plan: TBD

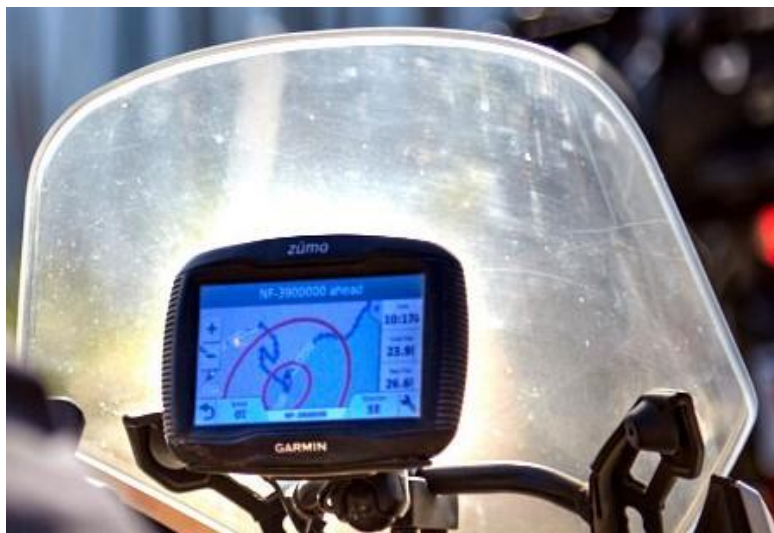
Ride9, Sunday July 12th 2020: Riders head home

Lodging: **None, riders go home**

Note: travel time by car back to the start of the ride is 9 hours

Donut Holes: This ride contains Donut Holes “*The Magic of Donuts is you never know who will be first!*”

This ride includes Donut Holes. Donut Holes are suggested as meetup spots for riders riding in groups. It is recommended that you join a group of riders and not ride alone. Ride groups should be 6 people or less. Using gps to navigate while riding in a group presents lots of new challenges and opportunities. First, riders tend to ride at their own pace and often ride out of sight of the others in the group. Some riders may like to stop and take pictures and others simply like to stay out of the dust. When using GPS, riders often unknowingly pass or change their position within the group. While the rider, say Jeff, thinks Brian is in front of him, Brian is now behind. Jeff and both riders don't know that this change has occurred. What happens next is Brian slows to allow Jeff to catch up and Jeff speeds up to try to catch Brian. The gap between them gets ever bigger and the riders may never see each other again. These situations can escalate into big confusion and issues.



To mitigate the group confusion, this ride includes meetup points called Donut Holes. Donut Holes are big circles embedded into your GPS. These circles mark the spot that riders take a quick stop to check in with the other riders and verify that everyone is accounted for without issue. When a rider turns up missing at the Donut Hole, it is up to the group to decide to ride back to the last known sighting of the missing rider. Riders should not skip a Donut as the rest of the group may turn back looking for the missing person. This allows ride groups to catch issues early before they become big problems.

The Magic of Donuts is you never know who will be first!

On GPS Maps

Remember you are not looking to find tracklogs, but rather MAPS. This ride uses a separate map for each day's ride. The SD Card contains 9 separate maps. You will have to turn off all 9 maps and then only turn on the maps for the correct day's ride. You will have to turn off and on a new map every day.

FAQ's

Direction to install the GPS microSD Card: This ride consists of 8 days of riding and has 8 separate maps on your microSD card. You will need to enable only one map at a time in your gps to avoid confusion. The 8 maps are Named: **1NEBAT** through **5NEBAT**. So for example on Ride day 4 you would enable only map **4NEBAT**. It is important that you only turn on one custom map at a time or they will likely overlap and cause confusion. When you insert a new card with multiple maps into your GPS, all the maps, by default, will be enabled. So you will need to go in and disable all the maps except for the one that you want to be current.

A: Garmin makes many different GPS types and there are several different ways to enable and disable maps depending on your GPS model. The best way is to consult your manual. However, I will list the common ways to do this below:

- Older Style GPS's like the Garmin 60, 76, Etrex Vista, and others: Starting From the Map page, select Menu, then Setup Map, then cursor across the top of the screen to highlight the

circle icon (second one from the right). Select this icon and then cursor down to the Map Name box and begin selecting the maps that you would like. Do this by checking or unchecking the maps listed. Done.

- Newer Style GPS's like the Garmin Etrex 20, 78, and others: Starting from the Map page, select Menu, then Setup Map, then Select Map. Now you can cursor through the map list here and by selecting each map, you can enable or disable as you would like. Done.
- Automobile Style GPS's like Nuvis and older Zumos and others: From the main page select Tools, then Settings, then Maps, then Map Info, Here you can check and uncheck the selected maps. Done.
- Motorcycle Style GPS's like the newer Zumo's and others: From the main page select Settings, then Map and Vehicle, then my Maps, Here you can check and uncheck the selected maps. Done.

Q: What are Custom GPS Ride Maps?

A: Custom GPS Ride maps are electronic maps designed specifically to show the paths and path choices for a particular ride. The maps show the paths as clear bold lines so the riders can easily see them even on small screens. The lines are often comprised of groups of arrows or chevrons so that riders can easily tell the recommended direction of travel. The lines come in multiple colors so that riders can easily choose between Hard and Easy options. Custom ride maps make ride navigation much easier than ever before.

Q: How do I check my GPS to see if the Ride Map on the MicroSD Card is working?

A: There are two ways you can check your GPS.

See the trail on the GPS yourself. Turn on the GPS and zoom out to about 50 or 30 miles. Use the cursor to pan over to an area where you know the trail should be. Now begin zooming in. Wait for the gps to refresh it's screen as they can be slow. As you zoom in, you should see the trail as a Wide Bold Blue line made up of arrows. OK, good job, you did it right.

Check to see if the map is in the GPS unit's memory: The steps to do this vary depending on which Garmin gps unit you have (and there are hundreds). Most work like this:

Option 1: From the "Map" page select Menu. Then select "Setup Map" then scroll down and select "Select Map." Now you can scroll down and read the maps in your unit. You should find a map called "1BajaLER-CH2." Make sure it is enabled and you are done!

Option 2: Some GPS units (like Nuvi's) work like this. Select "Settings" then "Maps" then "Info" and now you should find the map "1BajaLER-CH2." Make sure that it is checked and you're done.

Option 3: Some work like this. Select "Tools" then "Settings" then "Map" then "Map Info." You should find the map "1BajaBurrito." Make sure that it is checked and you're done.

Again, your gps may have a different way to access the maps, but the microSD Card does work in all Garmin gps units with a card slot. Sorry, there are just too many Garmin gps units for me to go through them all.