



LESSON PLAN

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Title: „Skier Penguin” - Favorite sport

School subjects: Personal Development (DP), Mathematics and environmental exploration (MEM), Music and Movement (M.M), Visual Arts and practical skills (A.V.A.P)

Level: students' age - 7 years

Language: Romanian

Short description: The children are informed that we will discuss about winter season, about the activities, games and sports practiced in this season, about their favorite sport. They are informed that at the end of the class they will play mime as a team.

Estimate time: 50 min

Tags: health education, sport

Learning objectives:

DP:

- The manifestation of interest in self-knowledge and positive attitude towards himself and towards others.
- Adequate expression of emotions in interaction with children and familiar adults.
- The use of skills and attitudes specific to learning in a school context.

MEM - Using numbers in elementary calculations.

AVAP - Making functional and/or aesthetic creations using various elementary materials and techniques.

MM

- Interpretation of children's songs, with age-specific means.
- Expressing ideas, feelings and experiences through music and movement, individually or in a group.

Process: The PPT "Children in winter" is viewed. A conversation is initiated based on the presentation, about the activities, games and sports practiced in the winter season to be healthy. Then I will ask the students to answer True or False to the following statements as I read the statements.

I do sports because:

- I keep fit
- I want to become a champion
- my parents force me
- I like competition
- I don't like meeting new people
- I meet my friends
- helps me learn better
- makes me feel stressed



1. The first exercise contains pictures of various sports and they will have to identify and circle only winter sports.

2. The second exercise requires students to match the athlete's position with the object they could move with in that position.

Game: "Recognize the sport".

Two teams are formed. One child from each team will stand in front of the class and mime a sport, and their team will have to recognize it.

The team with the most recognized sports wins. I make general and individual judgments on the students' participation in the lesson, as well as on their behavior during the lesson.

Participants - 22 students

Strategies-Methods and procedures: conversation, observation, explanation, exercise, individual work, problem solving, didactic game;

Teaching aids: auxiliary notebook, worksheets, laptop, speakers, video projector, stickers - emoticons;

Digital applications: <https://ro.izzi.digital/#/>

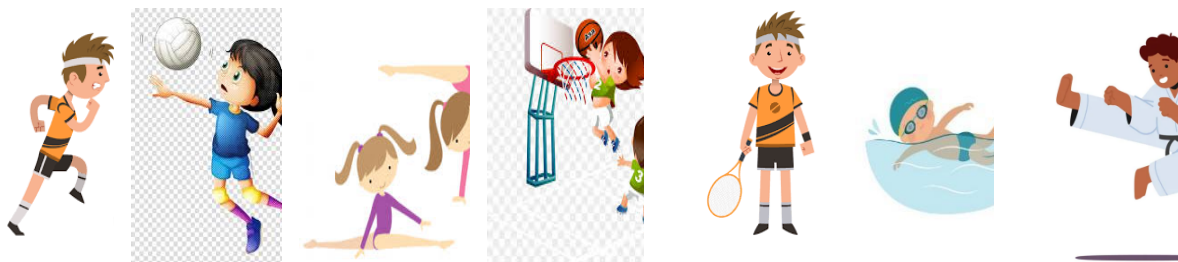
Useful Links: https://www.youtube.com/watch?v=bOrdBf_hgZU

Conclusion: It was an activity where various work methods and procedures were used, in an engaging atmosphere, with music and work exercises presented on YouTube, edupedu and ro.izzi digital.

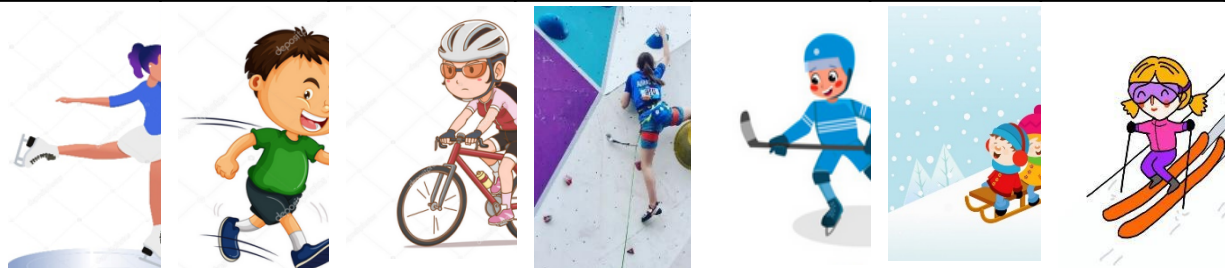
Proofs:

ANEXA 1

1. Recognize the sports activities and put an X in the box below only winter sports.



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2. Match the objects with the picture of the corresponding sport.

