Saratoga Youth Hockey Tournament Rules 2026-2027
10U + Up

1. USA Hockey and NYSAHA rules will be followed in all games.
2. Teams are mandated to supply an approved roster by their governing body USAH or Hockey Canada prior to any on-ice participation. Only players and staff listed on the approved roster are permitted to participate and be on the bench.
3. *Rosters:* To ensure fair and equitable game play, SYHI asks that teams not allow any “A” rostered players in any other ice hockey organization and/or league to be rostered on “B” or “C” level teams for tournament play. If it is determined that a player/team is in violation of this request, the head coach of the team in violation may be asked to not suit-up said player for tournament games and additional penalties may be assessed at the discretion of the tournament director.
4. *Jersey Colors:* Home team wears blue/dark jersey color. Saratoga Blue Knights will be considered the "home team" for each of their games and will be wearing BLUE jerseys.
5. *Game Time:* All teams must be ready to take the ice 15 minutes prior to scheduled game time.
6. *Game Time Adjustments:* Tournament Director reserves the right to adjust scheduled times of games if necessary to accommodate tournament structure and/or ice availability.
7. *Penalty Times:* Are as follows (stop time)
    a. The length of minor penalties shall be pro-rated for the following period lengths:
    b. 12 minutes or less – 1:00 minor penalty
    c. More than 12 but less than 17 minutes – 1:30 minor penalty
    d. 17-20 minutes – 2:00 minor penalty
8. *Mercy Rule:* Six (6) goal lead in third period. Go to running time. Running time will remain in effect regardless of whether the six goal lead is decreased. **No Mercy Rule in “Championship” games**.
9. *Time Outs:* One 30 second timeout will be allowed per team. “Consolation” and “Championship” games only. No timeouts allowed during “Round Robin” play. No additional timeout during the overtime periods of "Consolation" or “Championship” games.
10. *Round Robin Scoring*
    - 8 points for each game won.
    - 4 point for each game tied.
    - 0 points for loss.
    - 2 point for each period won.
    - 1 point for each period tied.
    - The points system is used to determine seeding for semifinal games .
11. *Round Robin Tiebreaker rules:* If two or more teams are tied after round robin play, the tie- breaking sequence is as follows:
    - Head-to-Head results.
    - The lowest goals allowed in round robin play.
    - Most periods won during round robin play.
    - Fewest penalty minutes in round robin play.
    - The tournament director flips a coin.
12. *Semifinal and Championship Game Tiebreaker rules:*
    - Semifinal Game: If the game is tied at the end of regulation, see Championship game tiebreaker below.
    - *Championship Game tiebreaker:* If the game is tied at the end of regulation a 5-minute stop time will be played; format will be 3 on 3 with goalies. Teams penalized during the 3 on 3 may not be penalized below the level of 3 skaters and a goalie on the ice – a skater will be added to make it 4 on 3. However, any player penalized, in addition to serving the penalty, is disqualified for the remainder of the game (including shoot out, if necessary).
    - *Shoot-Out Rules:* If after 1 OT period the game is still tied, a 3 person shoot out will occur. 3 players from each team will shoot. If the game is still tied after 3 players from each team have shot, players will rotate through the roster until a winner is declared. Teams will have equal shots on goal. No player may repeat until every player has had his/her turn.

***In all other respects:* USA Hockey rules will apply.**

All USA Hockey and NYSAHA Code of Conduct rules will be in force for players, coaches, and spectators. If Tournament Officials judge that any player, coach, team official, or spectator engages in conduct not conducive to the safe and orderly operation of the tournament, the Tournament Officials retain the right to disqualify and/or remove the offending party. Zero tolerance is strictly enforced. Judgment of Tournament Officials is final. Teams are responsible for the conduct of their players in locker rooms and any damage will be charged to the responsible teams, amounts to be determined by the City of Saratoga Springs DPW. Teams by their participation acknowledge and give implied consent to these rules.