



Attention Parents/Athletes,

You are receiving this letter because your son or daughter is athletically ineligible during a specific grading period. This letter explains the process and the steps moving forward. Please return this letter to the athletic secretary after you have discussed the appeal with the AD or VP of Athletics (Dylan Curtis/Josh Reiderer) and in agreement to ask for an appeal. The AD, Coach, and Athletics VP will all create a contract to go along with the appeal when the process is finished for the expectations moving forward while the student is on athletic waiver probation while using a waiver.

The Grossmont Athletic Conference allows **ONE** waiver during their **FRESHMAN** year, and **ONE** waiver over the next **3 years (10/11/12)**. The student at El Capitan will also have stipulations with the appeal to meet weekly grade checks, attendance, and behavior policies in order to continue using the waiver.

Eligibility Dates 2025-2026			
Season	Grades Close	Eligibility Notices to Coaches	Eligibility Change Date
Fall	Previous Semester II	Start of the year	N/A
Fall	9/22/25	9/24/25	9/27/25
Fall/Winter	11/3/25	11/5/25	11/8/25
Winter	1/5/26	1/7/26	1/10/26
Winter/Spring	2/17/26	2/19/26	2/21/26
Spring	4/20/26	4/22/26	4/25/26

Appeal Process/Details: A 9th grade student will be entitled to a one time academic probation for grade point average (gpa) below 2.0 on a 4.0 scale. Eligibility is based on NON-WEIGHTED GPA. In

addition, the same student may be allowed a separate, **one time** academic probation after their 9th grade year. This probation is not automatic.

The probation will need to be approved by administration.

- For an athlete to be eligible to request an appeal they must have passed 4 classes during the progress or grading period. Only the grading period is counted.
- The appeal is requested by the coach and a meeting(if requested) between the parent, athlete and assistant principal is scheduled. If no meeting is requested, the parent signs if they agree to the appeal. The appeal is not automatic.

Conduct: Students are not limited to one appeal for conduct.

- Students receiving "U"s in conduct in one grading period from a second teacher will have the potential for one probationary eligibility period as determined by the school administrator.
- Students receiving "U"s in conduct in any one grading period from three or more teachers are ineligible and not entitled to probationary consideration.
- Only one probation period may be granted per student per school year.

The head coach will submit a google form requesting an appeal and if granted, the athlete will be on probation during the next grading period. Once the form AND parent agreement has been signed, a meeting with an assistant principal must be scheduled to discuss the appeal. The student will meet all grade checks, behavior expectations, and attendance requirements while using the waiver. If the student does not meet the requirements, the Head Coach, AD, or VP have the right to remove the student from the program.

Athletes Name: _____

Sport: _____

Head Coach: _____

Eligibility Change Date(see above): _____

Parent Signature: _____