

# Ground Beef and Bean Chili

<https://www.simplymakinglife.com/2025/01/homemade-beef-and-bean-chili-recipe.html>

## Ingredients

1 lb. ground beef, browned and placed in paper towel to remove excess oil  
1 large green pepper, chopped  
1 small onion, chopped  
2 teaspoons chili powder  
¼ teaspoon black pepper  
3 to 4 cups tomato juice  
16 oz. can kidney beans, rinsed and drained  
16 oz. can great Northern beans, rinsed and drained  
14.5 oz. can of diced tomatoes

## Garnishments

Sour cream  
Shredded cheddar cheese

## Side

Cornbread

## Directions

After cooking the ground beef and rinsing the beans, put all ingredients into a stock pot  
Cook on high and stir frequently until contents begin to boil  
Reduce to medium heat and continue to stir frequently for about 15 minutes  
Place in bowls and top with shredded cheddar cheese and sour cream  
Serve with cornbread