

Tamalpais High School Athletic Tryouts 2026-2027

FALL Aug 10, 2026	WINTER Nov 2, 2026	SPRING Feb 8, 2027
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Fall 2026 Try-Outs

Important information for students planning on competing in a fall and winter sport: Students will be allowed to try out for a winter sport while they are finishing their fall sport. The student may attend try-outs for any days that work during the first week of the season. They may only try out to earn a spot on the team. They may not continue with the winter sport until their fall season is complete. Students will then officially join their winter sport after their final fall contest.

[Register for Athletics Here!](#)

The first day of Fall sports is Monday, August 10, 2026

Registration due Aug 3rd, 2026

Aug 19th is the first day of school

<u>SPORT</u>	<u>DATE/TIME/LOCATION</u>	<u>COACH CONTACT</u>
Cross Country	Aug 10th: 9-11am Aug 11th: 9-11am Aug 12th: 9-11am	Phil Oreste, philofthetrails@gmail.com
Cheer		Laurel Shear, lshear@tamdistrict.org
Field Hockey	Aug 10th: 3-5pm on turf Aug 11th: 3-5pm on turf Aug 12th: 3-5pm on turf	V: Ed Cortis, ed.cortis@gmail.com JV: Iona Scobie iscobie@tamdistrict.org
Flag Football	Bring Cleats and water Aug 10th: 4:30pm-6 Turf Aug 11th: 4:30pm-6 Turf	V: Orlando Wiggins owiggins1@yahoo.com

	Aug 12th: 4:30pm-6 Turf	
Football	Equipment handout Monday 8/10 12-2pm 12th grade 12pm 11th grade 1230pm 10th grade 1pm 9th grade 130pm Aug 10th: Equipment Handout: (see above) Gus gym classroom 4-5 Get ready field house 5-530 Grass 530-6 Turf 6-8 Aug 11th: Gus gym classroom 4-5 Get ready field house 5-530 Grass 530-6 Turf 6-8 Aug 12th: Gus gym classroom 4-5 Get ready field house 5-530 Grass 530-6 Turf 6-8	V: James Holan coachholan@gmail.com JV: Jon Black coachjonblack@gmail.com
Golf (girls)	Mill Valley Golf Course Aug 10th: 4-6pm Aug 11th: 4-6pm Aug 12th: 4-6pm	Derry Ryan derry@hawaiiresortrentals.com
Tennis (girls)	Location: Redwood High School Open Courts: 8/10 and 8/11: 1-3pm Aug 12th: 1-3pm Aug 13th: 1-3pm	Wally Tice ticewally@gmail.com

	Aug 14th: 1-3pm	
Volleyball (girls)	Aug 10th: 4-6:30pm Everyone in Gus Aug 11th: Frosh/JV 4-6pm, Varsity 6:30-8:30pm Aug 12th: Varsity 2:30-4:30pm, Frosh/JV 4:30-6:30pm Thursday and Friday first practices	Varsity: Ray Karter, raytailedhawk@gmail.com JV: Kathy Zirker Smith, kmzirker@gmail.com Frosh: Kayla Farrell-Martin kfarrellmartin@tamdistrict.org
Water polo (boys)	At Redwood High School Aug 10th: 7:30- 9pm Aug 11th: 7:30- 9pm Aug 12th: 7:30- 9pm	V: Jason Hornik jasonhornik17@gmail.com JV: Thomas Carroll tcmcpolo@gmail.com
Water polo (girls)	At Redwood High School Aug 10th: 6-7:30pm Aug 11th: 6-7:30pm Aug 12th: 6-7:30pm	Bob Palmer rfpii@gmail.com Allison Harf JV allison.harf@gmail.com

Winter 2026-2027 Try-Outs(NEEDS UPDATING)

IMPORTANT: Students will be allowed to try out for a winter sport while they are finishing their fall sport. The student may attend try-outs for any days that work during the first week of the season. They may only try out to earn a spot on the team. They may not continue with the winter sport until their fall season is complete. Students will then officially join their winter sport after their final fall contest.

[Register for Athletics Here!](#)

The first day of Winter sports is Monday, November 2nd, 2026

REGISTRATION DUE OCT 26, 2026

SPORT	DATE/TIME/LOCATION V = Varsity, JV=Junior Varsity, Frosh=Freshman	COACH CONTACT
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Basketball (boy)	Varsity JV Frosh	V: Lorenzo Bynum, lbynum@tamdistrict.org JV: Jennifer Bennett jbennett@mttam.org Frosh: Lester Parham oyeap1800@gmail.com
Basketball (girls)	Varsity JV	V: Orlando Wiggins owiggins1@yahoo.com JV:
Soccer (boys)	VARSITY TRY-OUTS: Open to returning Varsity players, Juniors, Seniors, and invited players. Mon Nov 2nd: 3:30-5pm at the Turf Tues 3rd: 4-5:30 at the Turf Wed 4th: 3:30-5:30 at the Turf Thurs 5th: 5:30 - 7:30 at the Turf Friday 6th: 3:30-5:30 at the Turf Junior Varsity TRY-OUTS: Open to all except Seniors Mon Nov 2nd: 3:30-5 grass Tues 3rd: 4-5:30 grass Wed 4th: 3:30-5:30 grass Thurs 5th: 4-5:30 at the grass Friday 6th: 3:30-5:30 at the grass Frosh Mon Nov 2nd: 3:30-5 grass Tues 3rd: 4-5:30 grass Wed 4th: 3:30-5:30 grass Thurs 5th: 4-5:30 at the grass	V: Shane Kennedy dominatethebox@gmail.com JV: George Dickerson gdickerson@tamdistrict.org Frosh: Adam Froehlich afroehlich@tamdistrict.org

	Friday 6th: 3:30-5:30 at the grass	
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Soccer (girls)	TRY-OUTS: Girls Varsity Soccer-Juniors and Seniors plus invited Sophomore and Frosh. All Goalkeepers report to Varsity tryouts Varsity is Monday November 2nd- Wednesday November 4th JV Nov 2-6 Frosh Nov 2-6. Each team has to wait for releases to finalize. VARSITY TRY-OUTS: Open to returning Varsity players, Juniors, Seniors, and invited players. Mon Nov 2nd: 3:30-5pm at the Turf Tues 3rd: 4-5:30 at the Turf Wed 4th: 3:30-5:30 at the Turf Thurs 5th: 5:30 - 7:30 at the Turf Friday 6th: 3:30-5:30 at the Turf Junior Varsity TRY-OUTS: Open to all except Seniors Mon Nov 2nd: 3:30-5 grass Tues 3rd: 4-5:30 grass Wed 4th: 3:30-5:30 grass Thurs 5th: 4-5:30 at the grass Friday 6th: 3:30-5:30 at the grass Frosh Mon Nov 2nd: 3:30-5 grass Tues 3rd: 4-5:30 grass Wed 4th: 3:30-5:30 grass Thurs 5th: 4-5:30 at the grass Friday 6th: 3:30-5:30 at the grass	V: Dave Presher davepresher@gmail.com JV: Andy Flint aflint@mvsc.org Frosh: Donald Army donald.army@marinfo.com
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<u>Cheer</u>	NOV 2nd: 4-5:30pm NOV 3rd: 4-5:30pm NOV 4th: 4-5:30pm NOV 5th: 4-5:30pm NOV 6th: 4-5:30pm	V: Laurel Shear lshear@tamdistrict.org
<u>Wrestling</u>	Every day (M-F) after school in Ruby Scott Gym. Mon Nov 2nd: 3:30-5:30pm in Ruby Gym Tues 3rd: 4-5:30pm in Ruby Gym Wed 4th: 3:30-5:30pm in Ruby Gym Thurs 5th: 4-5:30pm in Ruby Gym Friday 7th: 3:30-5:30pm in Ruby Gym	V: George Hribar george@parryathletics.c...

Spring 2026 Try-Outs(NEEDS UPDATING)

IMPORTANT: Students will be allowed to try out for a spring sport while they are finishing their winter sport. The student may attend try-outs for any days that work during the first week of the season. They may only try out to earn a spot on the team. They may not continue with the spring sport until their winter season is complete. Students will then officially join their spring sport after their final winter contest.

Register for Athletics Here! The first day of Spring sports is Monday, February 9, 2026 REGISTRATION DUE Feb 2nd, 2026		
SPORT	DATE/TIME/LOCATION	COACH CONTACT
Baseball		V: Patrick Collins-bride pcollinsbride@tamdistrict.org JV: Frosh: Chris Holbrook christopher@studio333.info
Golf (boys)		V: Derry Ryan derry@hawaiiireSORTrentals.com

Lacrosse (boys)		V: Pete LangKammerer peter.langkammerer@gmail.com
Lacrosse (girls)		V: Brian Dayton brian_dayton@hotmail.com JV: Taylor Roy Taylor_Roy@me.com
<u>Softball</u>		V:
Swimming (boys & girls)		V Boys: Ken Weber KenWeber@me.com V Girls: Candace Murphy murphycandace@icloud.com
Diving		
Tennis		Russ Byrne russ@temelpa.com
Track & Field	Practice starts 30 minutes after school ends at the track. Wear running shorts and running shoes.	V: Phil Oreste, philofthetrails@gmail.com
Volleyball (boys)		V:

