Freeland Middle School Daily Schedule 2025-2026 1st hour 7:45-8:34 2nd hour 8:39-9:28 Brain Break 9:28-9:40 9:40-10:29 3rd hour 10:34-11:23 4th hour 11:28-12:17 5th hour 12:17-12:47 Lunch 12:52-1:41 6th hour 1:46-2:35 7th hour