

Heat Weather Guidelines

With the weather hitting record highs this summer and continuing to persist, we wanted to let parents know about our HOT Weather Guidelines as it may directly affect the daily recess schedule. While it is best practice to get students out in the fresh air, we need to make sure that student safety is our number one priority. The following precautions will go into place if either the actual or heat index temperatures reach these thresholds.

Leander ISD Hot Weather Guidelines	
WEATHER GUIDELINES	
TEMPERATURE	RECOMMENDED PRECAUTIONS
Temperature below 80°F	No limitation, hydration as needed
Temperature 80-95°F	Less vigorous activity with rest periods-- encourage hydration
Temperature 95-99°F	Reduced vigorous activity & enforce hydration. Monitor closely for signs of heat related illness.
Temperature 100-105°F	Reduce time of outdoor activity & strongly consider moving all activity indoors. Mandatory hydration every 30 minutes with 10-minute rest periods between. Monitor closely for signs of heat related illness.
Temperature above 105°F	STOP ALL OUTSIDE ACTIVITY/PLAY.