

7th Grade - Unit 7: Week 3

DPG.2 Intro to Growth Mindset: Students are able to describe the difference between Growth and Fixed Mindsets and how each can contribute to successful (or ineffective) practice.

	Quick Summary
	Day 1: Students practice looking at a “bigger picture” view of their learning to help them “see” their own growth and progress across the year. • "Reflecting on Growth" presentation • "Reflecting on Growth" worksheet
	Day 2: Students complete a “Year of Growth” timeline to help them start thinking through their progress across the school year. • "A Year of Growth" presentation • "A Year of Growth" worksheet

	Time Frame
	• Two 45-minute classes ○ ~ 35 minutes walking through the “Reflecting on Growth” presentation with students responding to prompts ○ ~ 10 minutes “A Year of Growth Presentation” ○ ~ 25 minutes independent work developing “A Year of Growth” timelines ○ ~ 7 minutes sharing with Family Groups

	Materials/Resources
	• "Reflecting on Growth" presentation • "A Year of Growth" presentation • "Reflecting on Growth" worksheet • "A Year of Growth" worksheet

	Do Before Lesson
	☐ Go over "Reflecting on Growth" presentation ☐ Print copies of "Reflecting on Growth" worksheet for all students ☐ Go over over "A Year of Growth" presentation ☐ Print copies of "A Year of Growth" worksheet for all students
	Teacher Modeling
	☐ Complete your own “Growth Timeline” and “Challenges Timeline” from the "Reflecting on Growth" worksheet to share with students

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	📅 Complete your own "A Year of Growth" timeline to share with students
	Objectives • SWBAT reflect on the past year and identify areas of growth • SWBAT describe the challenges they faced in pursuit of growth and how they overcame them
	Key Concepts and Connections • It is difficult to “see” your own growth. • However, if you reflect and compare what you were able to do a year ago to now, you can better “see” your growth. The farther out you compare, the easier it is to see. • All growth comes from overcoming challenges, so it is also important to reflect on those challenges when looking towards the future.
	Student Relevance • As we reach the end of the year, it is important to reflect on our growth to remember how far we have come - because, sometimes, we end the year with some frustrations (especially with big state tests, etc.).
	Subject Extensions • <u>All Subjects:</u> ○ “Remember what you were struggling with at the beginning of the year? Now look at what you can do!”

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DAY 1:				
Time	Subject	Grouping	Activity	Notes
~ 0:05	Do Now	Independent	Write-Pair-Share: "Think of all the growth you made this year. What are you most proud of? Why?"	
~ 0:35	"Reflecting on Growth"	Whole Class; Independent; Partners	Teacher walks through the "Reflecting on Growth" presentation , pausing for students to complete parts of the "Reflecting on Growth" worksheet to share with partners.	
~ 0:05		Independent	Students complete the "Reflecting on Growth" worksheet	

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DAY 2:				
Time	Subject	Grouping	Activity	Notes
~ 0:05	Do Now	Independent	<u>Digital Check-in:</u> Question of the Day - <i>"What is something that you have grown a lot in over the course of this year that you would not have expected? Why?"</i>	
~ 0:10	"A Year of Growth"	Whole Class	Teacher walks through the "A Year of Growth" presentation .	
~ 0:25		Independent	Students work on their "A Year of Growth" worksheet .	
~0:07		Family Groups	Students take turns sharing their timelines with their Family Group members.	