

Please enter your 6-digit Wylie ISD Student ID number.
Please enter your name.

Texas Education Code

Sec. 28.002. REQUIRED CURRICULUM. (a) Each school district that offers kindergarten through grade 12 shall offer, as a required curriculum:

- (B) health, with emphasis on:
- (i) physical health, including the importance of proper nutrition and exercise;
- (ii) mental health, including instruction about mental health conditions, substance abuse, skills to manage emotions, establishing and maintaining positive relationships, and responsible decision-making; and
- (iii) suicide prevention, including recognizing suicide-related risk factors and warning signs

Texas Education Code

Sec. 37.0832. BULLYING PREVENTION POLICIES AND PROCEDURES

- (5) require districts to:
- (A) collect information annually through student surveys on bullying, including cyberbullying; and
- (B) use those survey results to develop action plans to address student concerns regarding bullying, including cyberbullying;

Research measurement & rationale for the section below:

The following questionnaires are designed to assess temporal focus of emotions (Capable of communicating & coping with their feelings)

PCT TEKS:

- (2) Responsibility. The student understands how personal beliefs and feelings influence our sense of responsibility. The student is expected to:
- (A) examine how personal beliefs, thoughts, and feelings about self can build responsibility;
- (B) identify and describe personal role models who demonstrate what it means to be accountable for words and actions;

- (C) discuss the benefits of practicing self-control; and
- (D) compare the benefits of responsible behavior with the consequences of irresponsible behavior.
- (3) Caring. The student understands how characteristics of caring impact personal relationships. The student is expected to:
- (A) evaluate one's personal attitudes and mindsets about self and others;
- (B) discuss how feelings, decision making, and personal behaviors can influence relationships with others; Health TEKS:
- (F) describe the relationships between emotions and stress; and
- (D) describe methods of communicating emotions;
- (A) analyze the interrelationships of physical, mental, and social health;

Please select on "In the past few			eeling.			
	Disagree completely	Disagree	Neither agree nor disagree	Agree	Agree completely	
Joyful	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	
Cheerful	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	
Нарру	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	
Lively	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	
Proud	\circ	\circ	0	\bigcirc	\circ	
	Disagree completely	Disagree	Neither agree nor disagree	Agree	Agree completely	
Miserable	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\circ	
Mad	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	
Afraid	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	
Scared	\circ	\bigcirc	\bigcirc	\bigcirc	\bigcirc	
Sad	0	\bigcirc	0	\bigcirc	\circ	

Thinking of last w	eek, hav	e you				
	Never	Sometimes	About half the time	Most of the time	Always	
Felt fit and well	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	
Felt full of energy	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	
Felt sad	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	
Felt lonely	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	
Had enough time for yourself	0	\circ	\circ	\circ	\circ	
			About half	Most of the		
	Never	Sometimes	the time	time	Always	
Been able to do the things that you want in your free time	0	0	0	0	0	
Parents/guardians treated you fairly	0	\circ	\circ	0	\circ	
Had fun with your friends	0	\circ	0	0	0	
Felt confident at school	\circ	\circ	\circ	0	0	
Been able to pay attention at school	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	

Research measurement & rationale for the section below:

The following questionnaires are designed to assess a relationship between emotions and eating habits (as an outcome of emotional management and skills).

PCT TEKS:

- (2) Responsibility. The student understands how leaders demonstrate responsibility in relationships, families, societies, politics, and the global community. The student is expected to:
- (B) discuss how feelings, decision making, and personal behaviors can influence relationships with others; and
- (C) explain and identify examples of how a person can demonstrate empathy through kindness, charity, generosity, and courtesy.

Health TEKS:

(A) analyze the interrelationships of physical, mental, and social health;

- (12) Personal/interpersonal skills. The student understands, analyzes, and applies healthy ways to communicate consideration and respect for self, family, friends, and others. The student is expected to:
- (A) describe techniques for responding to criticism;
- (B) demonstrate strategies for coping with problems and stress;
- (C) describe strategies to show respect for individual differences including age differences;
- (D) describe methods of communicating emotions;
- (E) describe the effect of stress on personal and family health;
- (F) describe the relationships between emotions and stress

Please pick an ar	nswer for	each ques	stion			
	Never	Sometimes	About half the time	Most of the time	Always	
I eat more when I am worried	0	\circ	\circ	\circ	\circ	
I eat more when I am sad	\circ	\circ	\circ	0	\circ	
I eat more when I am angry	\circ	\circ	\circ	\circ	\circ	
I eat more when I am happy	0	\circ	0	0	\bigcirc	

Research measurement & rationale for the section below:

The following questionnaires are designed to assess Big Five personality traits (including Openness, Agreeableness, Extraversion, Conscientiousness, and Neuroticism) as a predictor of educational outcomes, repetitive and persistent behavioral and emotional problems, and and prosocial behavior (Behavior through which people benefit others such as helping, cooperating, comforting, and sharing).

PCT TEKS:

- (3) Caring. The student understands how characteristics of caring impact personal relationships. The student is expected to:
- (A) evaluate one's personal attitudes and mindsets about self and others;
- (B) discuss how feelings, decision making, and personal behaviors can influence relationships with others; and
- (C) explain and identify examples of how a person can demonstrate empathy through kindness, charity, generosity, and courtesy.

Health TEKS:

(D) describe methods of communicating emotions;

For each item, choose the answer that best describes you.

	Disagree completely	Disagree	Neither agree nor disagree	Agree	Agree completely	
I like to spend time with other people.	\circ	\circ	\circ	0	\circ	
I share my things with other people.	\circ	\circ	\bigcirc	\bigcirc	\circ	
I like to be active.	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	
I like to be around others.	\circ	\circ	\circ	\circ	\circ	
I do my work carefully.	\circ	\circ	\circ	\circ	\circ	
I concentrate on my work in class.	\circ	\circ	\circ	\circ	\circ	
	Disagree completely	Disagree	Neither agree nor disagree	Agree	Agree completely	
I get angry easily.	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	
I know when others need my help.	\circ	\circ	\circ	0	\circ	
I am nice to all of my classmates.	\circ	\circ	\circ	0	\circ	
I am polite when I talk to others.	\circ	\circ	\circ	0	0	
I like to learn new things.	0	\circ	\circ	0	0	
I am restless. I cannot stay still for	\circ	\circ	\circ	0	\circ	

	Disagree completely	Disagree	Neither agree nor disagree	Agree	Agree completely
I get very angry and often lose my temper	0	0	0	0	0
I usually do as I am told	\bigcirc	\circ	\circ	\circ	\circ
I worry a lot	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
I am often unhappy, depressed or tearful	\circ	\circ	\circ	\circ	\circ
I am easily distracted. I find it difficult to concentrate	0	0	0	0	
I am nervous in new situations. I easily lose confidence	0	0	0	0	0
	Disagree completely	Disagree	Neither agree nor disagree	Agree	Agree completely
I am often accused of lying or cheating	0	\circ	\circ	\circ	0
I take things that are not mine from home, school or elsewhere	0	0	0	0	
I have many fears. I am easily scared	\circ	\circ	\circ	\circ	\circ
It's easy for me to talk about my feelings to other people	0	0	0	0	
am easily scared It's easy for me to talk about my feelings to other	0	0	0	0	0

I find it hard to control my feelings	\circ	\circ	\circ	\circ	0	
I find it hard to know exactly what emotion I'm feeling	\circ	0	0	0	\circ	
	Disagree completely	Disagree	Neither agree nor disagree	Agree	Agree completely	
I would rather be alone than with people of my age	0	0	0	0	0	
I have at least one good friend	\circ	\circ	0	\circ	\circ	
Other students pick on me or bully me	\circ	\bigcirc	\circ	\circ	\circ	
I get along better with adults than with people my own age	0	0	0	0	0	
I try to be nice to other people. I care about their feelings	0	0	0	0	0	
I usually share my things with others	0	0	0	\circ	0	

	Disagree completely	Disagree	Neither agree nor disagree	Agree	Agree completely	
I am helpful if someone is hurt, upset or feeling ill		\circ	\circ	0	0	
I often offer to help others (parents, teachers, students)	0	0	0	0	0	
I always try to be in a good mood	0	\circ	0	\bigcirc	\circ	
When I feel sad, I try to do something to change my mood	\circ	0	0	0	0	
I'm very good at understanding how other people feel	\circ	0	0	0	0	
It's easy for me to understand how I feel	\circ	\circ	0	\circ	\circ	
	Disagree completely	Disagree	Neither agree nor disagree	Agree	Agree completely	
It's easy for me to talk about my feelings	0	\circ	0	\bigcirc	0	
I can make other people feel better when I want to	0	\circ	0	\circ	0	
I pay a lot of attention to my feelings	0	\circ	0	\bigcirc	0	
I'm comfortable with the way I look	\circ	\circ	0	\circ	0	
I'm happy with my life	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	
I feel good about myself	\circ	\bigcirc	\circ	\bigcirc	\bigcirc	

	Disagree completely	Disagree	Neither agree nor disagree	Agree	Agree completely	
I believe that things will work out fine in my life	\circ	\circ	\circ	0	0	
I'm a very motivated person	\circ	\circ	\circ	\circ	0	
Sometimes, I think my whole life is going to be miserable	0	0	0	0	0	
I try to control my thoughts and not worry too much about things	0	0	0	0	0	
I don't know how to show the people close to me that I care about them	\circ	0	0	0	0	
	Disagree completely	Disagree	Neither agree nor disagree	Agree	Agree completely	
I'm unable to change the way other people feel	_	Disagree	agree nor	Agree	_	
	_	Disagree O	agree nor	Agree	_	
way other people feel	_	Disagree O	agree nor	Agree	_	
way other people feel I change my mind often Sometimes, others complain that I treat	_	Disagree O O	agree nor	Agree	_	

Research measurement & rationale for the section below:

The following questionnaires are designed to assess cyber-behaviors (online aggression and victimization)

PCT TEKS:

- (4) Citizenship. The student understands how the character trait of citizenship impacts personal relationships. The student is expected to:
- (A) discuss the roles and responsibilities of citizens;
- (B) explain how one's personal actions can impact the perception of others;
- (C) describe how justice, fairness, and freedom are related; and
- (D) identify and practice a variety of conflict-resolution skills and strategies.

Health TEKS:

(14) Bullying prevention. The student analyzes bullying information and applies strategies for enhancing and maintaining healthy personal relationships throughout the lifespan.

Thinking about the lo following things hap			school, ho	ow often o	do the	
	Never	Once	Sometimes	Most days	Everyday	
Other kids say mean things to me by texts or online messages	0	0	0	0	0	
Other kids threaten me over the phone	\circ	\circ	\circ	\circ	0	
Other kids post mean things of me online	\circ	0	0	0	0	
	Never	Once	Sometimes	Most days	Everyday	
I say mean things to other kids by texts or online messages	0	0	0	0	0	
I threaten other kids over the phone	\bigcirc	\circ	\circ	\bigcirc	0	
I post mean things of other kids online	0	\circ	\circ	0	\circ	

Research measurement & rationale for the section below:

The following questionnaires are designed to assess sports/school activities to explore its conjunctional influences on the outcomes of character education program.

Texas Education Code

Sec. 21.462. RESOURCES REGARDING STUDENTS WITH MENTAL HEALTH OR SUBSTANCE ABUSE CONDITIONS. The agency, in coordination with the Health and Human Services Commission, shall establish and maintain an Internet

website to provide resources for school district or open-enrollment charter school employees regarding working wi	th
students with mental health conditions or who engage in substance abuse. The agency must include on the Interne	et
website information about:	

- (1) grief-informed and trauma-informed practices;
- (2) building skills related to managing emotions, establishing and maintaining positive relationships, and responsible decision-making;
- (3) positive behavior interventions and supports; and
- (4) a safe and supportive school climate.

Added by Acts 2017, 85th Leg., R.S., Ch. 522 (S.B. 179), Sec. 9, eff. September 1, 2017.

Amended by:

Acts 2019, 86th Leg., R.S., Ch. 352 (H.B. 18), Sec. 1.06, eff. December 1, 2019.

How many sports did you play competitively in the past year ?
O 0
O 1
O 2
O 3
O 4 or more

Please indicate the approximate number of times you attended or participated in any of the entertainment events indicated below in the past year: amusement park, play, movie, concert, show, circus, museum, festival, pageant, other
O 0
O 1
O 2
O 3
O 4 or more
Please indicate how many school activities, clubs and organizations (such as the ones indicated below) that you participated in in the past year : chorus, band, volunteer organizations, language clubs, honor societies, debate clubs, yearbook, newspaper, student council, other
organizations (such as the ones indicated below) that you participated in in the past year : chorus, band, volunteer organizations, language clubs, honor societies, debate clubs, yearbook, newspaper, student council,
organizations (such as the ones indicated below) that you participated in in the past year : chorus, band, volunteer organizations, language clubs, honor societies, debate clubs, yearbook, newspaper, student council, other
organizations (such as the ones indicated below) that you participated in in the past year : chorus, band, volunteer organizations, language clubs, honor societies, debate clubs, yearbook, newspaper, student council, other

O 4 or more	
Have you watched sports in the past year (either attending in person or watching on TV/Internet/Phone)?	
O Yes	
○ No	
Approximately how frequently do you watch sports (either attending in person, or watching on TV/Internet/Mobile)?	
O Less than once a week	
Once a week	
O 2-3 times a week	
O 4-6 times a week	
O Daily	
My favorite sport team OR athlete is	

For each item, choose the answer that best describes you.								
	Disagree completely	Disagree	Neither agree nor disagree	Agree	Agree completely			
This team/athlete's successes are my successes	0	0	0	0	0			
When someone praises this team/athlete, it feels like a personal compliment	0	0	0	0	0			
When someone criticizes this team/athlete, it feels like a personal offense	0	0	0	0	0			



We thank you for your time spent taking this survey. Your response has been recorded.