# PLAYER'S CODE OF CONDUCT

## Parent and Player Pledge

I\* recognize that players need to conduct themselves in a manner that is supporting to the development of the player, the team and the positive experience of all person's they interact with in the context of the MUSA soccer program.

### **Player Code of Conduct:**

As a Player, I agree that I will abide by the following, and as the Parent of a Player, I\* agree to that my player will abide by the following:

#### **Individual Conduct**

- 1. I will maintain a high level of fitness and nutrition and I fully understand my role in enhancing performance and preventing injuries
- 2. I will spend time on individual player development, before, after and outside of practice
- 3. I understand my commitment to MUSA is from August-June
- 4. I understand that I am not allowed to guest play with other clubs or teams outside of MUSA
- 5. I will embody the "Values" of MUSA

#### **Conduct with Team**

- 1. I will be respectful and professional on and off the field all of the time
- 2. I will challenge, support, encourage and motivate my teammates
- 3. I am fully committed to my team's success and will maintain a high level of competitive spirit
- 4. I am fully committed to the MUSA style of play, which separates us from other clubs
- 5. I will embody a winning mentality in all activities all the time

#### **Practice Conduct**

- 1. I understand that practice is mandatory and there are no unexcused absences
- 2. I understand that punctuality is a requirement: U8-U12 players must arrive 15 minutes before the start of practice, and U13 –U18 players must arrive 30 minutes early
- 3. I understand that I will be ready to play at that time, and when needed support the team in practice setup and takedown, including getting equipment ready: pinnies, balls, cones, etc.
- 4. I will have 100% focus and commitment in all activities
- 5. I understand that practice performance impacts playing time in games
- 6. I will wear the correct BSC practice gear

#### **Game Conduct**

- 1. I will wear the correct uniform for game and travel
- 2. I will arrive early for games: U8-U12 players must arrive 45 minutes before the start of a game and U13-U18 must arrive 60 minutes early.
- 3. I understand that all U13 –U18 players must attend home games even if they are not rostered
- 4. I will behave professionally during games and on trips

*" "	shall include ar	ny relatives :	and/or friend	s of Parent	attending any	MUSA function.

Signed,			