# ExCo Course Catalog Spring 2015

### **Spring 2015 ExCo Fair**

The Spring 2015 ExCo Fair will take place on **Wednesday, February 4th** in the **Carnegie Root Room** from **6pm-8pm**. Come by to see the courses offered. It will be crazy but worth it.

The Experimental College—affectionately known as ExCo—is a credit-offering, student-run department of Oberlin College. It was established in 1968 through legislation passed by the Educational Plans and Policies Committee and the College Faculty. ExCo's main goal is to serve as a free community educational program open to everyone, with a non-traditional definition of education. The number of classes offered through ExCo varies each semester, but there are usually between 60 and 90. Because the ExCo committee designs no specific curriculum for the department, each semester's courses reflect the current interests of the Oberlin community. ExCo instructors may be townspeople, College or Conservatory students, or faculty and staff members. Instructors are fully responsible for the content of their courses: materials, class size, meeting places and times — everything.

Credits earned in the Experimental College Department count as co-curricular courses. This means that:

"1 credit" = 0.25 courses

"2 credits" = 0.50 courses

This catalogue is organized by course number, which correspond to ExCo division.

Course Number	<u>Division</u>
100-199	Community and Society
200-299	Language, Culture, and Religion
300-399	Computers, Math, and Science
400-499	Media and Literature
500-599	Dance and Theater
600-699	Music
700-799	Arts, Crafts, and DIY
800-899	Physical Activities, Mindfulness, and Games

### **Community and Society**

# Intro to Peer Helping Skills II Matthew Hayden EXCO-102

2 Credit

This course will be a continuation of IPHS1 (and students are required to have completed IPHS 1 before beginning IPHS 2) and will further build peer helping skills which can be used both in formal helping roles (RA, peer mentor, etc...) and for being a supportive friend and good listener in general. Modes of instruction will include outside readings, lecture-discussions, guest presenters and interactive experiential activities, such as role play. Topics will include basic introductions to areas such as body image, eating issues, forms of interpersonal violence, grief, loss, disability, spirituality, existential concerns, crisis intervention, group dynamics, activism, motivation and change processes. IPHS 2 will include further attention to doing helping work in a sustainable way. This course will be required for a new peer support program being created on campus, and strongly recommended to applicants for RA positions.

### Fundraising and Philanthropy 101 Allison Gannon, Matthew Stokes

1 Credit EXCO-108

This course will give students a broad exposure to the field of fundraising and development. We will discuss the crucial role Obies play in helping the College raise money for resources, especially with regard to the current Illuminate Campaign. We will cover material on the fundamental practices of fundraising (e.g. asking for money, cultivating relationships with donors, ethics in the field and building cases for support). Students will learn how to create their own fundraising campaign/project, and how to support a project on the College's crowd-funding site/platform. By the end of the course, we hope students gain a greater appreciation for fundraising and philanthropy.

# Beyond Tutoring: The DuBois Project Fraction Club Tanya Lyon, Ariana Abayami

1 Credit EXCO-109

This ExCo practicum seeks to provide Oberlin students the opportunity to engage with the Oberlin DuBois Project's pedagogical philosophies by volunteering with the project's fun and empowering math afterschool program, Fraction Club, at Eastwood and Prospect Elementary Schools. At our meetings, we hope to reflect on our ideas and experiences, applying them to larger frameworks of education and society.

### Mind, Body, and Femininity Lilv Chait

1 Credit EXCO-115

In this course we will explore what stands between us and accepting our full selves. We will create a safe space while incorporating experimental exercises and group discussions to develop awareness of self and the group. We will attempt to develop a deeper, more comfortable understanding of ourselves giving us confidence to follow our individual paths.

# Eastwood Outdoor Classroom Elliot Ezcurra, Beth Minahan

1 Credit EXCO-122

With the Outdoor Classroom, you'll get to work with Eastwood Elementary teaching environmental science to K-2nd grade students and helping them explore the school garden. You will learn invaluable pedagogical skills, collaborate to develop lesson plans that meet Ohio state benchmarks and IB curricula, gain teaching and gardening experience, and bond with an Eastwood classroom over the course of the semester.

### Alternative Schools of Economic Thought Andrew Follman

1 Credit EXCO-128

This course is designed to introduce students to different perspectives on economics science, outside of what one experiences in the undergraduate curriculum at Oberlin. Economics, like all sciences, has many competing and complementary paradigms of thought, and all, though never perfect, offer unique windows into reality. This course is meant as an introduction to the broad range of economic thought that is largely ignored by the undergraduate syllabus. This is meant as a survey of some of the larger and storied schools of thought (Neoclassical, New Institutional, (neo)-Marxist, Feminist, Ecological, Post-Keynesian, Austrian), examining potential strengths and weaknesses or blind spots of each school. The last few weeks will be spent analyzing real world topics using the theories developed over the semester. The class structure is to be primarily readings on each school, and open discussion in class. Intended for all levels of economics backgrounds.

### Understanding Police Brutality Amethyst Carey, Megan Bautista

1 Credit EXCO-132

In recent years, society has touted a problematically narrow, one-dimensional understanding of police brutality -- an isolated act of violence, an aberration within an otherwise ubiquitously heroic and altruistic system, and a tragic byproduct of unruly and lawless criminals antagonizing law enforcers. In order to have a holistic understanding of police brutality, we must redefine it, interrogate the purpose of law enforcement, unpack our notions of criminality, and understand which communities are the most vulnerable to the militarization of police and other law enforcement abuses.

### Issues in Asset Poverty Cherilyn Brice Shahid

1 Credit EXCO-148

This course can be described as financial literacy through the lens of geopolitics, income disparity, gender, race, and the prison industrial complex.

# Cooperation and Cooperatives Sophia Paul

1 Credit EXCO-152

The cooperative movement has taken on many different roles throughout history, including as a political structure, an approach to community development, a method for more financially effective and producer-friendly economic model, and, as we know it, an approach to a housing and dining community. In this class, we will explore the various models of cooperation throughout the world and throughout history, as well as the history and structure of local co-ops. We will discuss cooperative history, consensus decision making, case studies of cooperatives, and critiques of cooperation. Ultimately, we hope to come

away with a better understanding of what co-operation is, how we can co-operate more successfully in our various co-operatives, and how we can enrich and improve other organizations through the application of co-operative principles. This class is open to people with any level of experience with Co-ops, and seeks to push all of our understandings of Co-ops and the Co-operative model.

SexCo 2 Credit

### Lily Stoner, Maya Wergeles, Kaitlyn Custer, Akane Little, Tinni Bhattacharyya, Sophie Meade

**EXCO-165** 

SexCo I, taught by trained members of the on-campus Sexual Information Center, is an immersion into comprehensive sexual education. Over a semester, students will have the opportunity to learn and discuss topics of gender, contraception, sexually transmitted infections, abstinence, abortion, pregnancy, consent, sexualized violence, sex, and more. The course includes peer-counseling trainings, a written midterm, and a creative final project.

#### SexCo II Lydia Smith, Uma Venkatraman

2 Credit EXCO-166

SexCo II: Power and Liberation is a discussion-based course that builds on the foundational material of SexCo I toward a goal of agitating for justice. While SexCo I provides a broad survey of gender, anatomy, contraception, relationships, and more, SexCo II focuses in on the social and political implications of these topics. Over the course of the semester, we will explore topics including medical racism, trans misogyny, and resistance to incarceration. Students are encouraged to complete SexCo I before taking this course, but any interested student who has not taken SexCo I should definitely come talk to us. We are also happy to share the syllabus with anyone who is interested.

# Rumi's Field: Speaking Peace Irene Bowers

2 Credit

**EXCO-177** 

Rumi's Field: Speaking Peace offers communication and life skills that build trust, dissolve conflict and create a deeper quality of connection among people, using the processes of Marshall Rosenberg's Nonviolent Communication (NVC). Students will increase their capacity to empathize with and support self and others, cultivate compassion, inspire cooperation and choice using a consciousness built on shared power and win/win outcomes. Students will deepen listening skills, learn to express honestly in a way that inspires collaboration, make clear and specific requests, and both deliver and receive/translate difficult messages with more skill and ease.

# Black Tropes in Pop Culture Lyric Grimes, Tony Moaton

1 Credit

**EXCO-198** 

Black tropes have been prevalent in the public eye since Birth of a Nation. These tropes are meant to educate the public about race, however flawed and contrived they may be. We will be dissecting and analyzing these tropes to see how they play out in real life, particularly focusing on film and television from the mid-20th-century on.

### Language, Culture, and Religion

Feces: A Cultural and Scientific Excursion Elizabeth Dobbins, Annika Nelson 1 Credit EXCO-214

Shit happens, but do we ever think about it? Over the course of this semester, we hope to break the silence surrounding poop and explore how we think about our excrement and what that means for the world we inhabit. This class will draw from a variety of readings to cover a wide range of poop-related topics including art, gender, environment, and farts. The course will include short lectures, discussions, and field trips. We will meet once a week for 75 minutes.

ABC's of ASL 1 Credit

#### Elana Jacobs-Pontecorvo, Isabella Harari

**EXCO-220** 

We are teaching the basics of sign language. We will go over the basics of the grammar, deaf culture, and beginner's conversations.

Introductory Bamana 2 Credit
Brandon County EXCO-221

Bamana (also known as 'Bambara' and 'Bamanankan') and its related dialects in the Manding linguistic continuum serve as the language of daily life, trade, philosophy and artistic expression across the West African Sahel, particularly in Mali, Guinea, Côte d'Ivoire, Burkina Faso and Senegal. This course focuses on the basic grammar, vocabulary and use in order to provide an introduction to West African linguistics and lifeways. Based in conversational learning, the course emphasizes oral expression and aural comprehension across multiple media. By the end of the course, students will have developed a basic vocabulary and an understanding of the as the cultural contexts in which the language is spoken.

Elementary Korean I 2 Credit
Soomin Kim EXCO-225

Designed for students with no prior knowledge of Korean, this course is an introduction to basic grammar, sentence formation, and vocabulary of the modern Korean language.

### Elementary Korean II Joanne Lee, Jeong Hyun Hwang

2 Credit

**EXCO-226** 

Elementary Korean II is a class for students who already have prior knowledge to Korean, usually for students who took elementary Korean 1. It will teach students not only basic Korean grammar but also useful conversational Korean along with the Korean culture.

Bhakti Yoga 1 Credit
Jatayu Das EXCO-232

Come experience your eternal blissful nature by the practice of Bhakti Yoga, the Yoga of love and devotion, through mantra meditation (kirtan), study of the Bhagavad Gita, tasting of spiritual food (prasadam), and other activities.

### A Picture's Worth 1000 Words: Visual Communication of Quantitative Info Katrina Gelwick

Visual representations of quantitative information are used by politicians, scientists, advertisers, news agencies, engineers, economists, activists, artists, schools, and businesses to show patterns, make comparisons, interpret trends, emphasize points, display results, and provide context with what might otherwise be overwhelming and hard-to-interpret sets of information. In this course, students will learn about the processes and considerations involved in communicating quantitative information, critically analyze visual displays made by others, and practice ways to communicate their own sets of information clearly, effectively, and in an aesthetically pleasing manner.

More than Matzahballs 1 Credit
Devorah Elkan EXCO-268

Join me every Wednesday evening in Exploring the jewish cuisine throughout history. Examining the kosher kitchen found in a variety of countries and the impact and implications it has on the global Jewish community.

# Chinese Economy and Culture Quianhui Zhou, Jun Li

1 Credit EXCO-274

1 Credit

**EXCO-241** 

This course is an introduction to Chinese economy and some interesting parts of Chinese culture. The course aims to help people know China in a more comprehensive and objective way. Through this course, participants can have a better idea about what China is really like. We hope that this course can arouse participants' stronger interest in Asian -and especially Chinese- cultures and related studies.

### **Media and Literature**

YouTube 1 Credit Abby Singer EXCO-404

This course will explore Youtube as a medium and community. We will examine everything from subcommunities within YouTube (i.e. Gaming, Beauty, Booktube, etc.) to what makes the most successful content creators so famous. We will also examine issues of race, gender, and sexual assault/abuse within YouTube community. We will talk about relationships between content creators and fans and the state of fame on YouTube. Another topic we may explore is viral videos and online sensations. This course will aim to critique and study YouTube as a mechanism as well as a selection of individual content creators. No prior knowledge of YouTube or YouTube content

#### Firefly ExCo Samantha Mater, Mackensey Saxton

1 Credit EXCO-414

Firefly, a short-lived television series that aired in 2002, has a disproportionately large cult following for its body of just fourteen episodes. This following illuminates the show's value which has shown remarkable continued relevancy to important social issues. This class will examine these issues as well as the artistry which molded classic science fiction and westerns and resulted in a groundbreaking, modern remix.

# The Folklore of Supernatural lan Gilchrist, Emma Snape

1 Credit EXCO-416

This course aims to examine the folklore behind the show "Supernatural," and compare it's portrayal to the various folklore traditions upon which it draws. We will examine both primary and secondary material to gain a perspective of the folklore itself, and then evaluate the ways in which the show supports and detracts from these traditions.

Foreign Films 1 Credit
Wyatt Kroopf EXCO-422

This course will examine the films of Rainer Werner Fassbinder, Emir Kusturica, and the Dardenne brothers through the lens of the specific cultural and social narratives told, as well as the innovative and influential film-making employed. All that is required is an interest in foreign films and a desire to engage in analytical, critical discussion about movies with fellow students.

### FanFix-Co Rosie Hertzman, Sarah Larkworth

1 Credit EXCO-431

The goal of this course is to create quality fan fiction, and examine fan fiction culture with a critical eye. We will look at its growing role in pop culture/society and discuss the importance of well-written fan fiction. This is a workshop course, so if you do not want to write, you may audit the course for no credit. If you want credit, you have to write! The first hour will be for workshopping (so non-writers would not be

required to attend), the second hour will be discussion.

Children's Literature 1 Credit
Maya Martin EXCO-432

We will meet 1-2 times a week to discuss the many facets of Children's Literature, from banned books to familial relations. Each week, there will be a topic or genre assigned, you will read a children's book that fits the topic, read it, and bring it in to talk about with the class. We will all share our books, discuss commonalities, and the genre in general. Some classes will have short readings or videos to watch. Once or twice throughout the semester we will have a movie viewing, which we will discuss in class. There will be a short essay due as a midterm and a final project or essay due at the end of the semester. It is required that everyone in the class gets an Oberlin Public Library card.

### Women in Television 1 Credit Sophie Miller, Thomas Cline EXCO-448

This discussion based class will explore the themes regarding women in society and representations of women in various television shows that were written, produced, or directed by a woman. Each week an episode of a show will be screened, and we will discuss the episode in class. While our discussions will be centered around the specific questions for that episode, the class as a whole will explore how popular television shows characterize women and how those representations differ in shows created by women.

Animorphs ExCo
Sarah Johnson
1 Credit
EXCO-464

Remember those books with the cool covers? In this course we will read the classic 90's middle grade book series, Animorphs, and hold in-depth discussions of the characterization, themes, and literary devices present in the literature. No previous experience with the novels is required.

### HexCo: Harry Potter ExCo Kate Gardner, Gabrielle Wojtyna

1 Credit EXCO-465

J.K. Rowling captivated a whole generation with her Harry Potter series. We will explore the series not only as literature, but as phenomenon, engaging with the universe of the Harry Potter books and the multi-media fandom which surrounds them in an academic context, and within a supportive community.

SeinCo 1 Credit Thomas Molyneux EXCO-474

This course aims to deeply examine topics and themes within Seinfeld, a breakout TV sitcom that became a cultural phenomenon. Classes will involve group watching of episodes and group discussion, with academic readings on the how to be done outside of class. Topics to be covered include but are not limited to: sex, race, family, religion, societal norms, and Seinfeld as a show about itself. Familiarity with the show and sitcoms as a medium is a plus, but not required.

# Star Wars, Politics and Philosophy Peter Adler Asch

1 Credit EXCO-490

Have you at any point ever experienced strong emotions about Star Wars? Have you ever wondered why Star Wars has become such a fundamental and influential part of Western society? Do you want to learn about the story and the sociopolitical elements underlying the entire Star Wars universe that have helped it to become so enduring? Each class will consist of lecture and discussion with selected weekly readings and clips. There are no prerequisites save for enthusiasm about Star Wars and ideas for discussion.

Exploitation FIIm 1 Credit
Micah Vriezelaar EXCO-498

This class aims to introduce and educate students on the niche market of exploitation film. We will watch and analyze these films in their cultural and historical context. No prior knowledge of the films in question is needed for the course. Note: this course deals with often extremely graphic material. Trigger warnings will be provided.

### Contemporary Horror Film Elizabeth Akant

1 Credit EXCO-499

By evoking our fears, horror films teach us about ourselves and our societal values. For this reason, studying and interpreting horror cinema is not only a value anthropological exercise but a spiritually enlightening one as well. In this class, we will watch and discuss horror films from the last 50 years with the primary focus of identifying the societal fears addressed in each film's subtext. Curriculum includes genre classics such as Psycho, The Shining and Rosemary's Baby, as well as more recent films such as The Cabin in the Woods and Insidious.

### Save ExCo!

Interested in joining the Exco Committee? It's a great experience if you are interested in community organizing, education, or educational administration. Stop by our weekly meetings on **Sundays at 4PM** in **Wilder 302** or email us at <a href="mailto:exco@oberlin.edu">exco@oberlin.edu</a> to learn how to apply. We need your help! Our committee is currently 5 people (1 graduating senior). If people don't join, ExCo will die. But actually.

-Shameless Plug Complete-

### **Dance and Theater**

### Improvisational Performance Silvia Sheffield

1 Credit EXCO-504

This ExCo is both a dance class and a performance ensemble. We will investigate together compositional and improvisational elements and develop into a cohesive performing ensemble. We will perform at least three times throughout the semester, in both theatrical and site-specific contexts. Some prior experience with dance composition and/or improvisation is highly recommended.

# Advanced Improv Comedy Sophie Zucker, Taylor Greenthal

1 Credit EXCO-516

The Advanced Improv Exco is for people who have a knowledge of/prior experience with improv, either short form or long form. You'll learn a lot, but you won't notice that you're learning a lot because you'll be too busy having a BLAST! Guaranteed to make you more creative in group projects and funnier at parties. Taught by Oberlin College improv team members.

# Beginning Swing Peter Elgee, Amy Wedel

1 Credit EXCO-541

This course teaches students the basics of the three major styles of modern swing dancing: East-coast swing, Lindy hop, and Charleston. In addition to the steps, we also cover basic improvisation, general social dancing skills, and a little bit of the history of swing/jazz as a distinctly American art form. No previous dance experience required.

#### Continuing Swing

1 Credit

#### Arianna Vallochi, Rebecca McKelvy

EXCO-542

This course is for the continuing swing dancer. In order to take the course, you MUST know the lindy hop basic. Prerequisites are either the Beginning Swing ExCo or instructor consent (granted through a brief placement audition).

### Beginning Blues Nigel Kidder-Wolff, Caitie Rodgers

1 Credit EXCO-543

This course is an introduction to the modern social dance style of Blues Dance, also called Slow Drag. This style draws heavily on elements from Swing Dance, Tango, and other ballroom dances, with a heavy emphasis on improvisation and innovation, and is grounded in the aesthetic of Blues music. This course is intended to teach the basics of the dance along with an understanding of the cultural and musical context of this unique style of social dance.

Continuing Blues 1 Credit

#### Miryam Coppersmith, Taiyo Scanlon-Kimura

**EXCO-544** 

Continuing Blues is the class for dancers who have taken beginning blues and want to bring their technique and musicality to a new level!

#### Beginning Tap Dance Elisa Henderson, Jenny Kneebone

1 Credit EXCO-545

This course is a practicum in tap dance at the introductory level. Tap dance is a unique art form in that it provides the opportunity to move in an expressive or theatrical manner, as any other form of dance might allow, while simultaneously producing music through this movement. This course will expose students to basic tap steps in both the rhythm tap and Broadway tap styles. Students will build up a vocabulary of steps that will enable them to work on developing their own choreography in addition to performing a combination with the rest of class. Students who have completed this course are encouraged to audition for ViBE Tap.

#### Intro to Latin Dance (cancelled)

1 Credit

**Tess Klibanoff** 

EXCO-548

An introductory survey course for those interested in learning the basics of certain Latin American dance styles. The course will focus on social dance forms prevalent in the Caribbean, namely salsa, merengue, and bachata.

### Girls (and Boys) in Motion Emilie Carr, Sakina Lavingia

1 Credit EXCO-566

Girls (and Boys) in motion is a unique after-school program for girls at Langston Middle School, Prospect Elementary School, and Oberlin Boys and Girls Club. Boys in Motion is an after-school program at the Boys and Girls Club. In classes taught by Oberlin College student mentors, we introduce the girls and boys to various forms of dance, theater, and movement. We aim to use movement as a way for the girls and boys to develop self-esteem and understanding of community leadership. This course will prepare students to be mentors in the program and will give them a background for future education opportunities.

### Music

Intro to Taiko Will Halimou, Audrey Knox 1 Credit EXCO-602

Are you ready to have your mind blown, earth shattered, and your world ROCKED!? This is an introduction to Taiko, the art of Japanese drumming. Once a week you can experience the thrill of creating music with a group of dynamic individuals, while thrilling your body as well! Dance, martial arts, music combined to bring an out of body, out of mind EXPERIENCE.

Steel Drum ExCo 1 Credit
Maya Zeemont and Joseph Fargo EXCO-623

The Steel Drum ExCo will introduce students to the music and history of steel pan (aka steel drums)! ExCo students will play a variety of steel pans and percussive instruments, as we learn four pan songs. Students will also learn about the history and culture from which the steel pans emerged. The ExCo culminates in a performance with Oberlin Steel at the end of the semester at the Cat in the Cream. It will be so much fun!! WOOOO!!

### Beethoven Op. 131 and 132 Daniel Orson

1 Credit

EXCO-631

This course will closely study Beethoven's String Quartets, no. 15 in A minor, op. 123, and no. 14 in C# minor, op. 131. There are no prerequisites for this course, but some music theory knowledge is strongly recommended. Scores for both quartets are the only required materials.

### Oberlin Mozart Players John Paul Jennings

1 Credit

EXCO-656

A student led ensemble devoted to the study and performance of the music of Wolfgang Amadeus Mozart. Students have the opportunity to play in 2 concerts per semester, on focusing on instrumental music, and another focusing on operatic and vocal music.

Metal ExCo

Mark Moritz-Rabson

1 Credit

EXCO-666

Despite the enormous amount of musical activity that occurs on Oberlin campus, metal still remains an underappreciated and under-covered genre. The Metal ExCo is meant to remedy this by exploring a thorough curriculum suitable for newcomers and veteran metalheads alike. The course will explore metal's development throughout the ages, with a heavy emphasis on the peculiarities of modern extreme metal. Metal ExCo will introduce the overarching culture and musical style, while also taking the time to differentiate the myriad metal subgenres. The course will also cover examples of Metal in popular culture, as well as various other aspects of the metal industry (including promotion, production, demographics/social issues, and more). Students will be kept up-to-date on new and upcoming releases, concerts, and other events in the local and Cleveland-based metal communities.

Krautrock 1 Credit
Blair Griffith EXCO-667

### Arts, Crafts, and DIY

**Baking ExCo** 1 Credit

#### Teresa Tippens, Poon Wangpaiboonkit

**EXCO-706** 

This course is for beginning bakers and college cooks who are passionate about baking and want to learn more about the craft's techniques and staple recipes. Some kitchen familiarity /knowledge preferred.

**Letterpress Printing** 1 Credit **Ed Vermue EXCO-708** 

The Letterpress Exco will provide basic, supervised instruction in the art of hand typesetting and hand printing. Students will meet once a week, for 6 weeks, for 3 hours (time to be determined) for instruction, and then sign up for press times (working in pairs) to complete the remainder of their commitment working on their own projects which can be expected to take 10 to 16 hours to complete. There are no pre-requisites, but students should enjoy working with their hands, be sensitive to fine detail, and have an interest in the Book Arts, or History of the Book.

**Bartending 101** 1 Credit

#### Nina Winterbottom, Margot Tishberg

**EXCO-737** 

Learn to bartend! class topics will include free pouring, bar setup, mixed drinks, shooters, and more. You do not need to be over 21 to take this course.

Intro to Pottery 1 Credit

#### Simon Printz, Jesse Nguyen

**EXCO-743** 

This course will focus on the basic foundation and core skills of wheel-throwing. We will learn different methods of clay wedging, throwing, trimming, and glazing. We will also learn how to make clay as well as load both electric and gas kilns. No prior experience or knowledge is required. At the end of the course, students will present their own final piece in order to showcase their best skills. Students enrolled in the class are required to pay \$30/semester to be part of the Pottery Co-op.

**Intermediate Ceramics** 1 Credit Julia Cantwell **EXCO-744** 

This course will focus on wheel-throwing techniques in both functional and decorative ceramic forms. It is not a beginner's ceramics class; it is intended to sharpen basic pottery skills and expand potters' repertoire. We will explore new forms of pottery and allow students to gain confidence in their existing skills and experience in new skills. The class will include demonstrations as well as individual instruction. At the end of the class, students will create their own final project in order to showcase their best skills.

### Physical Activities, Mindfulness, and Games

Simple Yoga 1 Credit
Carly Oddleifson EXCO-800

Simple Yoga emphasizes coordination as a foundation for developing strength, flexibility, and overall integrity in a yoga practice. Solaluna in Oberlin, Ohio is the home of Simple Yoga, a form that is an accessible, innovative method to help people find freedom in their bodies and wholeness in their lives. This class will primarily consist of physical asanas to develop strength and flexibility and mindfulness meditation.

Aikido 1 Credit
Randy Houston EXCO-806

Aikido is a Japanese martial art focused on nonviolent conflict resolution. In the ExCo, you will learn the Abasic footwork, techniques, and falling, and at the end of the semester you may test for the first official rank, 6th kyu. Regular visits will be made to the class by the Aikido Club's instructor from Cleveland, and students will be able to attend a seminar by a high-level instructor during the semester.

Aerials ExCo 1 Credit

#### Hayley Larson, Kat Geber, Catherine Zoe Beach, Rachel Webberman

**EXCO-808** 

Students with the required 30 hours of previous training will get to continue to expand their skills and improve stamina. Although "certification" is mandatory, this course is designed for relative beginners and will start with the basics. Course goals include acquiring an improved spacial awareness in regards to aerials, growth physically and intellectually, and the ability to write short sequences or acts. Participation in the spring OCA showcase is not required, but is encouraged.

Beginning Fencing 1 Credit

#### Cecelia Scheeler, Caleb Anderson

**EXCO-810** 

Come learn the way of the sword! This introductory foil class teaches basic footwork, bladework, and theory. No experience is necessary, and upon completing the course interested students will be eligible to join the Oberlin fencing team, the Flaming Blades! All necessary gear is provided, and there is a \$5 equipment fee.

ParkourCo 1 Credit
David Miller EXCO-816

Want to be a ninja? This course teaches you how to overcome physical obstacles efficiently and interact with your environment creatively. A background in a physical discipline (or sport) is helpful but not required.

TricksCo 1 Credit

#### **David Miller, Louis Daligault**

**EXCO-818** 

Tricking is a discipline blending martial arts and acrobatics. This course will teach fancy kicks, flips, and other awesome moves, as well as techniques for gathering and harnessing momentum. A background in athletics, martial arts, and other physical disciplines is helpful but not required.

### **Laughter Yoga Leader Practicum**

1 Credit

**Daniella Mostow** 

**EXCO-819** 

Do you like to laugh? Laughter Yoga was developed by Dr. Madan Kataria as a way to provide a space for laughter in our lives. Laughter Yoga sessions are 30-60 minutes of laughter activities and games. This ExCo will teach you how to lead Laughter Clubs. The first half of the semester we will work as a class, first learning different laughter techniques and practicing with each other. The second half of the class, we will divide into pairs or individuals and lead Laughter Clubs around Oberlin. This course will be fun and a lot of laughs, but it also requires dedication. In order to officially become a Laughter Club leader, it costs \$75, and with that you will receive a handbook and 6 months free of online access to the Laughter Yoga International prozone. This also accredits you to teach laughter yoga outside of Oberlin. However I want to make this course accessible to everyone, so you can take the course without paying, but not receive the extra material

### **Beginning League of Legends**

1 Credit

**Daniel Wetherell** 

**EXCO-860** 

This ExCo is designed to teach new players the skills and strategies needed in League of Legends. Participants must have a laptop and should have a computer mouse.

#### **Intermediate League of Legends**

1 Credit

**Alex Cheney** 

**EXCO-862** 

League of Legends is the most-played game in the world, in terms of hours per month. Whether you are a veteran ranked player or are completely new to the game, this course will let students learn the fundamental mechanics, teamwork, strategy, and psychology that are vital to the game, as well as how they relate to other games and life in general.

### Advanced League of Legends (cancelled)

1 Credit

**Alex Cheney** 

**EXCO-864** 

One of the greatest challenges known to humankind is the question that they face on a day to day basis: To LoL, or not to LoL? If League of Legends has ever gotten in the way of classes or delayed something that you needed to do for a grade, then this is the ExCo for you! Why "disregard college, acquire LP" when you can literally do both? In this course we will cover the finer nuances of ranked play, including everything from laning to overcoming that feeding marksman that you get stuck supporting. We will also be covering communication, team psychology, strategy, and following/discussing the professional meta.

SmashCo 1 Credit
Devon Wells EXCO-876

The Super Smash Bros. franchise is one of the most well-known party games of all time. However, over the past 16 years it has become one of the most competitive and intricate fighting games of all time, despite Nintendo never intending to make it such. SmashCo aims to teach the history behind the games and take students skill to the next level.

#### **Beginning Dungeons and Dragons**

1 Credit

Jason Ihm, Caitlin Quiat

**EXCO-885** 

This class aims to introduce students to the basic mechanics of Dungeons and Dragons 4th Edition and play through a simple "campaign" or adventure, culminating in a final battle and discussion of their characters' evolution. No experience with D&D or any other roleplaying game is expected - this is designed as a beginner's course. Students will learn skills necessary for playing D&D, from character creation to game mechanics and beyond.

PokeCo 1 Credit
Gabriel Moore EXCO-888

PokeCo serves as a class for both beginning and advanced players of the Pokemon Video Game series. This class will teach how to play the game in a more competitive manner (more specifically, the battle system). Topics in the course will include team development and synergy, types of battle systems, and metagames mechanics. No DS, games, or prior experience required!

Brazilian Jiu Jitsu 1 Credit
Axandre Oge EXCO-889