

**Per CHED MEMORANDUM ORDER NO. 80, s. 2017 and Board Resolution No. 2021-28
Effectivity Date: School Year 2022-2023**

FIRST SEMESTER		No. of Units		Total Units	Pre-Requisite(s)	Co-Requisite(s)
Code	Descriptive Title	Lec	Lab			
Prof Educ 1	The Child and Adolescent Learner and Learning Principles	3	0	3	None	None
BPED 1	Philosophical and Socio-anthropological Foundations of Physical Education and Sports	3	0	3	None	None
BPED 2	Anatomy and Physiology of Human Movement	3	0	3	None	None
BPED 3	Physiology of Exercise and Physical Activity	3	0	3	None	None
GE 1	Understanding the Self	3	0	3	None	None
GE 2	Readings in Philippine History	3	0	3	None	None
GE 3	The Contemporary World	3	0	3	None	None
PE 1	Physical Activities Toward Health and Fitness 1 (PATHFIT 1): Movement Competency Training	2	0	2	None	None
NSTP 1	CWTS/LTS/ROTC 1	3	0	3	None	None
	TOTAL	26	0	26		

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Second Year

SECOND SEMESTER		No. of Units		Total Units	Pre-Requisite (s)	Co-Requisite(s)
Code	Descriptive Title	Lec	Lab			
Prof Educ 4	The Teacher and the School Curriculum	3	0	3	None	None
Prof Educ 5	The Teacher and the Community School Culture and Organizational Leadership	3	0	3	None	None
BPED 9	Emergency Preparedness and Safety Management	3	0	3	None	None
BPED 10	Philippine Traditional Games and Sports	3	0	3	None	None
BPED 11	International Dance and Other Forms	3	0	3	None	None
BPED 12	Swimming and Aquatics	3	0	3	None	None
BPED 13	Coordinated School Health Program	3	0	3	None	None
GE ELECT 4	Gender and Society	3	0	3	None	None
PE 4	Physical Activities Toward Health and Fitness 4 (PATHFIT 4): Menu of Dance, Sports, Martial Arts.	2	0	2	PE 3	None

CURRICULUM LEADING TO
BACHELOR OF PHYSICAL EDUCATION
Per CHED MEMORANDUM ORDER NO. 80, s. 2017 and Board Resolution No. 2021-28
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	TOTAL	24	0	24		
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Fourth Year – BACHELOR OF PHYSICAL EDUCATION

FIRST SEMESTER		No. of Units		Total Units	Pre-Requisite (s)	Co-Requisite(s)
Code	Descriptive Title	Lec	Lab			
Prof Educ 12	Observation of Teaching-Learning in Actual School Learning Environment	3	0	3	None	None
Prof Educ 13	Participation and Teaching Assistantship	3	0	3	None	None
	TOTAL	6	0	6		

SECOND SEMESTER		No. of Units		Total Units	Pre-Requisite (s)	Co-Requisite(s)
Code	Descriptive Title	Lec	Lab			
Prof Educ 14	Teaching Internship (Off-Campus)			6	Completion of all Academic Subjects	None
	TOTAL			6		

Prepared by:

PATRICK GERARD A. PAULINO, PhD
Dean

Recommending Approval:

ESTELITO R. CLEMENTE, PhD
Vice President for Academic Affairs

Approved:

DULCE F. ATIAN, PhD
OIC – Office of the President