

# Acupuncture One Wellness Center

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Date : \_\_\_\_/\_\_\_\_/\_\_\_\_

**Patient Name** \_\_\_\_\_ Age \_\_\_\_ Male / Female \_\_\_\_\_

Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Marital Status \_\_\_\_\_

Referred By \_\_\_\_\_

Email \_\_\_\_\_

Phone (H) (\_\_\_\_) \_\_\_\_ - \_\_\_\_ Phone (Cell) (\_\_\_\_) \_\_\_\_ - \_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_

Driver's License No. \_\_\_\_\_

## **Emergency Information** *(Please indicate who to notify in case of emergency)*

Name \_\_\_\_\_

Relationship \_\_\_\_\_

Phone(H)(\_\_\_\_) \_\_\_\_ - \_\_\_\_ Phone(W)(\_\_\_\_) \_\_\_\_ - \_\_\_\_ Phone(C)(\_\_\_\_) \_\_\_\_ - \_\_\_\_

## **Chief Complaint(s)** *Please indicate how long you've had the condition(s).*

## **What kinds of treatments have you received?**

## **List any Hospitalizations & Surgeries** (include Date and Place)

## **List medications being taken** (include dosage)

## **Family History** (please include the relationship)

## **Are you allergic to any of the following? If yes, please specify)**

☐ Medicine ☐ Food ☐ Herbs ☐ Others

## **Do you have or are you any of the following?**

☐ Pacemaker ☐ Electric Implants ☐ Metal Implants ☐ Severe Bleeding Disorders

☐ Pregnant ☐ HIV Positive ☐ Hepatitis A/B/C

## **Life style:**

☐ Exercise ☐ Sedentary ☐ Eat three meals every day ☐ Eat at regular time every day

☐ Tea ☐ Coffee ☐ Soft drink ☐ Alcohol ☐ Cigarettes ☐ Drug

## **Confidential Patient Health History**

**Name:** \_\_\_\_\_ **Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_

**Please check if you have had** (in the past three months):

### **General**

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Anemia         | <input type="checkbox"/> Poor Appetite                      | <input type="checkbox"/> Tremors           |
| <input type="checkbox"/> Fatigue        | <input type="checkbox"/> Localized Weakness                 | <input type="checkbox"/> Poor Balance      |
| <input type="checkbox"/> Fever          | <input type="checkbox"/> Bleed or Bruise Easily             | <input type="checkbox"/> Cravings          |
| <input type="checkbox"/> Weight Loss    | <input type="checkbox"/> Peculiar Tastes or Smells          | <input type="checkbox"/> Weight Gain       |
| <input type="checkbox"/> Sweats         | <input type="checkbox"/> Strong Thirst (hot or cold drinks) | <input type="checkbox"/> Alcoholism        |
| <input type="checkbox"/> Chills         | <input type="checkbox"/> Sudden Energy Drop                 | <input type="checkbox"/> Tetanus Shot      |
| <input type="checkbox"/> Drug Addiction | <input type="checkbox"/> Poor Sleep Habits                  | <input type="checkbox"/> Frequent cold/flu |

### **Skin and Hair**

- |  |                                    |  |
|--|------------------------------------|--|
| <input type="checkbox"/> Rashes                      | <input type="checkbox"/> Open sore | <input type="checkbox"/> Recent moles  |
| <input type="checkbox"/> Itching                     | <input type="checkbox"/> Acne      | <input type="checkbox"/> Loss of Hair  |
| <input type="checkbox"/> Dandruff                    | <input type="checkbox"/> Corns     | <input type="checkbox"/> Hives         |
| <input type="checkbox"/> Change in hair/skin texture | <input type="checkbox"/> Warts     | <input type="checkbox"/> Nail Problems |
| <input type="checkbox"/> Ulcerations                 | <input type="checkbox"/> Psoriasis | <input type="checkbox"/> Dry skin      |
| <input type="checkbox"/> Eczema                      |                                    |  |

### **Head, Eyes, Ears, Nose and Throat**

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Dizziness/Vertigo | <input type="checkbox"/> Concussions     | <input type="checkbox"/> Migraines              |
| <input type="checkbox"/> Poor Vision       | <input type="checkbox"/> Eye Strain      | <input type="checkbox"/> Eye Pain               |
| <input type="checkbox"/> Cataracts         | <input type="checkbox"/> Night Blindness | <input type="checkbox"/> Color Blindness        |
| <input type="checkbox"/> Ringing in ears   | <input type="checkbox"/> Blurry Vision   | <input type="checkbox"/> Earaches               |
| <input type="checkbox"/> Sinus Problems    | <input type="checkbox"/> Poor Hearing    | <input type="checkbox"/> Spots in front of eyes |
| <input type="checkbox"/> Grinding Teeth    | <input type="checkbox"/> Nose Bleeds     | <input type="checkbox"/> Recurrent Sore Throats |
| <input type="checkbox"/> Nasal Congestion  | <input type="checkbox"/> Hoarseness      | <input type="checkbox"/> Facial Pain            |
| <input type="checkbox"/> Headaches         |  |   |

### **Cardiovascular**

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Myocarditis             | <input type="checkbox"/> Coronary Heart Disease  |
| <input type="checkbox"/> Low Blood Pressure  | <input type="checkbox"/> Pneumatic Heart Disease | <input type="checkbox"/> Difficulty in Breathing |
| <input type="checkbox"/> Palpitations        | <input type="checkbox"/> Chest Pain              | <input type="checkbox"/> Hardening of Arteries   |
| <input type="checkbox"/> Irregular Heartbeat | <input type="checkbox"/> Varicose Veins          | <input type="checkbox"/> Phlebitis               |
| <input type="checkbox"/> Mitral Stenosis     | <input type="checkbox"/> Swelling of Hands/Feet  | <input type="checkbox"/> Blood Clots             |
| <input type="checkbox"/> Mitral Prolapse     | <input type="checkbox"/> Fainting                | <input type="checkbox"/> Cold hands/feet         |

### **Respiratory**

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Cough                           | <input type="checkbox"/> Coughing Blood | <input type="checkbox"/> Pain w/ deep breath  |
| <input type="checkbox"/> Bronchitis                      | <input type="checkbox"/> Pneumonia      | <input type="checkbox"/> Production of Phlegm |
| <input type="checkbox"/> Difficulty breathing lying down | <input type="checkbox"/> Asthma         | <input type="checkbox"/> Pleurisy             |
| <input type="checkbox"/> Emphysema                       |   |   |

### **Gastrointestinal**

- |   |   |                                       |
|---|---|---------------------------------------|
| <input type="checkbox"/> Nausea                   | <input type="checkbox"/> Constipation         | <input type="checkbox"/> Diarrhea     |
| <input type="checkbox"/> Vomiting                 | <input type="checkbox"/> Gas                  | <input type="checkbox"/> Belching     |
| <input type="checkbox"/> Bad Breath               | <input type="checkbox"/> Blood in Stools      | <input type="checkbox"/> Black Stools |
| <input type="checkbox"/> Abdominal Pain or Cramps | <input type="checkbox"/> Rectal Pain          | <input type="checkbox"/> Hemorrhoids  |
| <input type="checkbox"/> Indigestion              | <input type="checkbox"/> Chronic Laxative Use | <input type="checkbox"/> Acid Reflux  |
| <input type="checkbox"/> Ulcer                    | <input type="checkbox"/> Colitis              |                                       |

### **Genitourinary**

- |                                      |   |   |
|--------------------------------------|---|---|
| <input type="checkbox"/> Bed Wetting | <input type="checkbox"/> Blood in Urine | <input type="checkbox"/> Frequent Urination |
|--------------------------------------|---|---|

- ☐ Kidney Infections / Stones
- ☐ Genital Herpes
- ☐ Cystitis

- ☐ Painful Urination
- ☐ Venereal Disease
- ☐ Incontinence

- ☐ Bladder Infections
- ☐ Prostate Problems

### Pregnancy and Gynecology

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Number of Pregnancies  | <input type="checkbox"/> Age at 1 <sup>st</sup> Menstruation | <input type="checkbox"/> Unusual Character (heavy/light) |
| <input type="checkbox"/> Number of Abortions    | ___ Time between Menstruation                                | <input type="checkbox"/> Vaginal Sores                   |
| <input type="checkbox"/> Number of Births       | ___ Duration of Menstruation                                 | <input type="checkbox"/> Vaginal Discharge               |
| <input type="checkbox"/> Number of Miscarriages | ___ First Date of Last Menstruation                          | <input type="checkbox"/> Breast Lumps                    |
| <input type="checkbox"/> Use of Birth Control   | <input type="checkbox"/> Irregular Periods                   | <input type="checkbox"/> Uterine Fibroids                |
| <input type="checkbox"/> Hot Flash/Night Sweats | <input type="checkbox"/> Frequent changes in emotion         | <input type="checkbox"/> Osteoporosis                    |

### Fertility Information

# of IVF procedures \_\_\_\_\_ # of IUI procedures \_\_\_\_\_

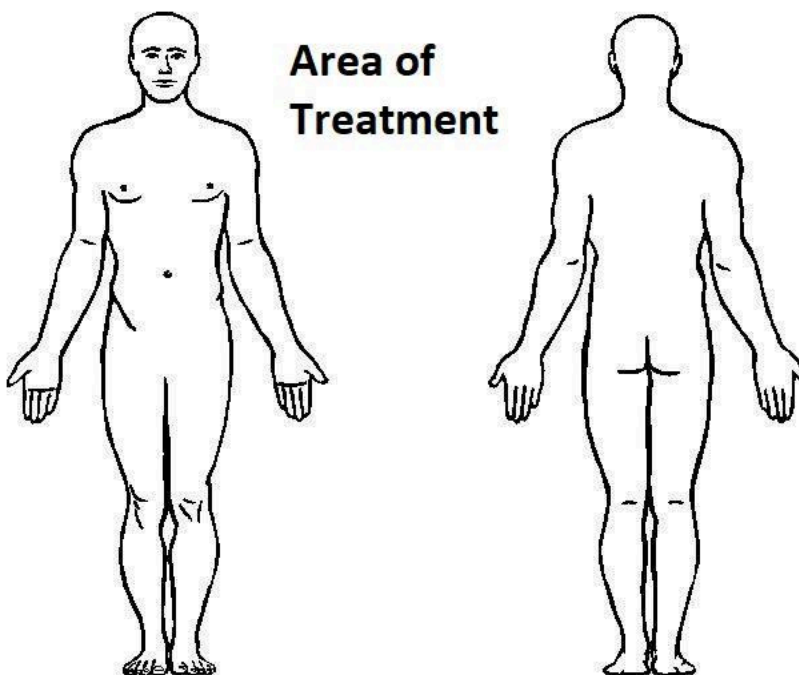
Has a physician diagnosed a difficulty with fertility due to: ☐ Female Factor? ☐ Male Factor? ☐ Unexplained

### Musculoskeletal

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Neck Pain       | <input type="checkbox"/> Muscle Pains    | <input type="checkbox"/> Knee Pain       |
| <input type="checkbox"/> Back Pain       | <input type="checkbox"/> Muscle Weakness | <input type="checkbox"/> Foot/Ankle Pain |
| <input type="checkbox"/> Hand/Wrist Pain | <input type="checkbox"/> Shoulder Pain   | <input type="checkbox"/> Hip Pain        |

Please indicate on the figures below the areas of the body you experience your pain:

☐ dull/achy   ☐ sharp/stabbing   ☐ burning   ☐ tingling   ☐ numbness   ☐ electrical



### Neuropsychological

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Seizures                 | <input type="checkbox"/> Dizziness                    | <input type="checkbox"/> Loss of Balance |
| <input type="checkbox"/> Areas of Numbness        | <input type="checkbox"/> Lack of Coordination         | <input type="checkbox"/> Poor Memory     |
| <input type="checkbox"/> Concussion               | <input type="checkbox"/> Depression                   | <input type="checkbox"/> Anxiety         |
| <input type="checkbox"/> Bad Temper               | <input type="checkbox"/> Easily susceptible to stress | <input type="checkbox"/> ADD             |
| <input type="checkbox"/> Difficulty Concentrating |   |  |