

If you have additional questions, please reach out to your child's teacher, or the parent liaison at [Emily.saucedo@mpark.net](mailto:Emily.saucedo@mpark.net)

**Cougar Elementary School At-Home Learning Activities**  
**VPI PreK**  
**Week 11: June 1 - 5, 2020**

[Click here for CES At-Home Learning Links](#)

Students have the option to record completion of the activities they choose below and to submit them to the teacher via Canvas or parents can scan/take a photo of documents to send to the teacher via email or verbalize to teachers during a check-in phone call.

Reading/Language Arts				
Circle all the letter Ees you can find on a piece of junk mail.	Practice name writing.	Draw a picture of something you can do in the summer. (swimming, playing, dancing, riding bike)	Read a book. Find all the letter Tt's on each page.	Read a story with your family.
Math				
Practice writing numbers 1-20 in shaving cream.	Count from 1-20	Create a pattern with your body. (jump, toe touch, jump, toe touch) (jumping jacks, sit up, jumping jack sit, up)	Look at a calendar. Count how many days are in the month of June.	Find 5 things in your house that are square, circle, and triangle.
Social Studies & Science				
Freeze water with food coloring and paint with ice	Help with chores around the house	Put ice in a bowl in different parts of your house and see what melts the fastest	Help prepare a meal with your family	Put drops of different colors of food coloring in water and see what happens

ECSE		
Practice daily living skills such as getting dressed, brushing your teeth and hair, washing your hands.	Count how many books you have in your home. After counting, pick your favorite book and read it with a family member.	Look at all of the cups or plates in your home. Talk about how they are different, how they are the same. Sort them by size and/or color.

**Students can also view educational television programming through VA TV Classroom broadcast by [WETA](#) – WETA PBS Kids: via antenna 26.3, Comcast 266, Cox 801, Verizon FiOS 472 and RCN 38**

### **From the COVID-19 In Virginia Schools: Parent Guide**

Parents and families can support student's thinking and learning during extended school closures.

- Collaborate with your child to organize the day to include time for learning and exercise.
- Read to and with your child and have conversations about what you've read together.
- Take a walk and ask about your child's observations and about being a good citizen.
- Encourage critical thinking.
- Encourage conversations about mathematics in your child's day.
- Explore your child's creativity by creating art, music, or dance.
- Write a letter to a relative or friend or community hero.
- Be mindful of screen time and have alternatives for children to play outside
- Listen to your child about his or her feelings and fears and offer comfort, honesty, and reassurance.