

Greenville County School District: RBHS Program Information Sheet

A Supportive Partnership for Your Child's Well-Being

Dear School Families, We recognize that supporting your child's mental well-being is a journey that requires care, understanding, and a strong community. Please know that you do not have to navigate these challenges alone. At Greenville County School District, we are committed to walking alongside you to ensure your student has the resources they need to thrive. While mental health support is accessible at every school within our district, we are proud to offer the Rehabilitation Behavioral Health Services (RBHS) program at designated schools. This program is specifically designed to assist students who are experiencing symptoms that affect their ability to function at home, in the classroom, or within their social circles. Our goal is to provide a seamless bridge between education and emotional wellness.

Program Focus and Goals

The RBHS program is a **ten-month service** aligned with the school year, utilizing **brief treatment models** to provide effective, goal-oriented support. We focus on empowering students to improve their daily functioning across all areas of life—at home, in school, and throughout the community. By providing professional care directly within the school environment, we help minimize barriers to treatment and ensure your child feels supported in the place where they spend much of their day.

Comprehensive Services Offered

Our qualified Mental Health Professionals provide a wide array of services tailored to meet the unique needs of your child. These include:

- **Diagnostic Assessment:** A thoughtful evaluation to truly understand your child's unique emotional and behavioral needs.
- **Individual, Family, and Group Psychotherapy:** Counseling sessions focused on helping your child—and your family—develop healthy coping strategies and stronger relationships.
- **Crisis Management:** Immediate, supportive intervention when a student faces an urgent mental health challenge.
- **Service Plan Development:** Creating a personalized roadmap for your child's care to ensure we are meeting specific goals.
- **Psychosocial Rehabilitation Services:** Hands-on support to help students build the social and life skills necessary for success in and out of the classroom. Our team is experienced in supporting students through various challenges, including **Anxiety, Depression, Trauma, ADHD, and Attachment issues.**

Accessibility and Cost-Free Support

We believe that every child deserves access to high-quality mental health care, which is why we have removed financial barriers to these services.

- **No Cost to Families:** All RBHS services are provided at **no cost** to our families.

- **Inclusive Support:** This program is available to all students, including those with Medicaid and those without insurance coverage.
- **Dedicated District Employees:** Our RBHS Counselors are direct employees of the Greenville County School District. They are not outside contractors; they are full-time members of your school community who are deeply invested in the long-term success of our students.

Quality of Care Notice

We focus on quality of care and can only serve a limited number of students at a time. If there is a waitlist, we have a community resource list available to help you find an outside provider.
